



SEPTEMBER 2023

Trafalgar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Main Street—MS Activity Room—AR Country Kitchen—CK Community Centre—CC Fitness Centre—FC Open Area—OA Touring—TO Town Hall - TH Virtual - V Library - Lib	<h3>Programs may be subject to change if required</h3>				1 9:30 Balloon Toss—OA 10:30 Musical Morning—CK 11:00 Outdoor Stroll—TO 2:00 Board Games —CK 3:00 Art and Crafts—CK 4:00 Green Thumb—CK 6:30 Movie Night-FC	2 10:00-Chaircerialize-OA 11:00-Art and Craft-OA 1:00 Friendly Visits—TO 2:00 Bingo—MS 3:30 Green Thumb—CK 6:30 A Little Bit of This and That-FC
3 10:00-Chaircerialize-OA 11:00-Poker-CK 2:00 Back to School-FC 4:00 Church Service - Lib 6:30 School Days Reminiscing-FC	4 Labor Day 10:00-Active Games-OA 11:00-1:1 sessions-TO 1:00 Walk and Talk—TO 2:00 Entertainment with Sparklettes-MS 2:00 Art—CK 6:30 Brain Boosters-FC	5 10:00 Pastoral Visit 10:30 Hymn Sing 1:30 Chime Choir-L 2:00-Hot chocolate social-CK 3:00-Music and Memories-TO 4:00-Outdoor stroll-TO 6:30 Bingo—MS	6 9:30 Ball Toss—OA 10:00 Coloring Club—CK 11:00 1:1 Activities—CK 2:00 Afternoon Movie—OA 3:00 Java Music Club-CC 6:30 Travelogue-FC	7 10:00 Yoga—OA 11:15 Music Therapy-PA 1:30 Jam Making—CK 3:00 Helping Hands—CK 4:00 Name 5—CK 6:30 Music on Demand—FC	8 1:00 One on One Visits—TO 2:00 Picture Bingo—CK 3:00 Musical Afternoon—OA 3:30 Short Story Reading—OA 4:00 Green Thumb—CK 6:30 Active Games—FC	9 9:30 Green thumb—CC 11:00-Chaircerialize-OA 2:00 Golden Oldies-MS 3:15-Music Trivia-CK 6:30 Bingo—MS
10 10:00-Chaircerialize-OA 11:00-Hot Social Social-CK 1:30-Afternoon Movie-CK 3:30 Church Service - Lib 6:30 Brain Boosters—FC	11 10:00-Active Games-OA 11:00-1:1 sessions-TO 1:00 Friendly Visits—TO 1:30 Chime Choir-L 2:00 IQ Trivia—TO 2:00 Art—CK 6:30 Trivia-FC	12 10:00-Sit and Fit-OA 2:00 Afternoon Social with Emilio-MS 3:00-Sing a long-OA 4:00-Friendly visits-TO 6:30 Bingo—MS	13 9:30 Fun and Fitness—OA 10:30 Musical Morning—OA 11:00 Word Games—CK 2:00 Snakes and Ladders—CK 3:00 Picture Bingo—CK 4:00 Green Thumb—CK 6:30 Java Music Club-CC	14 10:00 Fun Fitness—OA 11:15 Music Therapy-PA 1:00 R.C. Private Comm - TO 1:30 Baking Delights—CK 2:30 Helping Hands—CK 2:00 R.C. Communion - TH 3:00 Circle of Friends—CK 6:30 Musical Hour—FC	15 9:30 Balloon Toss—OA 10:00 Word Games 2:00 Seth's Amazing Pet Show-MS 3:30 Puzzle Mania—CK 6:30 Movie Night-FC	16 10:00-Chaircerialize-OA 11:00-Art and Craft-CK 1:00 One on One Visits—TO 2:00 Bingo—MS 3:15-Music Trivia-CK 6:30 A Little Bit of This and That-
17 10:00-Chaircerialize-OA 11:00-Poker-CK 2:00 Open Area Movie—OA 3:30 Church Service - Lib 6:30 Jeopardy-FC	18 10:00-Active Games-OA 11:00-1:1 sessions-TO 1:30 Chime Choir-L 1-4 Trip to Classic Bowl—Sign up is required 2:00 Trivia Time—TO 2:00 Art—CK	19 Breakfast Club (8:00am—9:00am) 2:00 Smile Theatre-MS 3:00-Karaoke-OA 4:00-1:1 Visit-TO 6:30 Bingo—MS	20 9:30 Balloon Tennis—OA 10:15 Coloring Club—CK 11:00 Open Area Movie—OA 2:00 Anglican Comm - TH 2:15 Board Games—CK 3:00 Green Thumb—CK 6:30 Java Music Club-CC	21 10:00 Yoga—OA 11:15 Music Therapy-PA 1:00 R.C. Private Comm - TO 1:30 Baking Delights—CK 2:00 Catholic Mass - TH 2:30 Helping Hands—CK 3:30 Circle of Friends—CK 6:30 Music and Memories—FC	22 1:00 Walk and Talk—TO 2:00 Fun with Trivia—TO 3:00 Board Games—CK 7:00 Pub Night-MS	23 9:30 Green thumb—CC 11:00-Art and Crafts-CK 2:00 Bingo—MS 3:15— Music Trivia-CK 6:30 A Little Bit of This and That-FC
24 10:00-Chaircerialize-OA 11:00-Bread Making-CK 1:30-Social Time-CK 2:30-Music on Demand-OA 3:30 Church Service - Lib 6:30 Famous Places-FC	25 10:00-Active Games-OA 11:00 Friendly Visits—TO 1:30 Chime Choir-L 2:00 1:1 Activities 2:00 Art—CK 6:30 Brain Games—FC	26 10:00-Sit and Fit-OA 11:00 Hymn Sing - OA 2:00 Birthday Bash-MS 3:00-Music and Memories-TO 4:00-Music on Demand-OA 6:30 Bingo—MS	27 9:30 Active Games—OA 10:30 Coloring Club—CK 11:00 Outdoor Stroll 2:00 Reading Group—CK 3:30 Green Thumb—CK 6:30 Java Music Club-CC	28 10:00 Fun Fitness—OA 11:15 Music Therapy-PA 1:00 R.C. Private Comm - TO 1:30 Baking Delights—CK 2:00 R.C. Communion - TH 3:30 Circle of Friends—CK 6:30 Music from the Past-FC	29 Diner's Club (11:00am) 9:30 Fun and Fitness—CK 10:00 Jeopardy—CK 11:00 Diner's Club—CK 2:00 Puzzle Mania—CK 3:00 Board Games—CK 6:30 Old TV Shows-FC	30 10:00-Chaircerialize-OA 11:00-Axe throwing-OA 1:00 One on One Visits—TO 2:00 Bingo—MS 3:15-Music trivia-CK 6:30 A Little Bit of This and