

SEPTEMBER 2023

Brule Neighbourhood



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Legend RT/TS - Retirement Town Square RT/HS - Retirement Hobby Shop					1 10:00 Java Time 11:00 Brains & Banter "Mind Joggers" 12:00 Lunch Assistance 2:30 Express Yourself "Watercolour Painting" 4:00 Patio Time	2 10:30 For the Fun of Fit "Morning Stretches" 11:00 Brains & Banter "Trivia" 12:00 Lunch Assistance 1:30 Musical Moments "Sing Along on the Patio"
3 10:00 Spiritual Hymns 10:15 Stepping Out 12:00 Lunch Assistance 1:30 Musical Moments "Matching Lyrics"	4 Labour Day 9:30 Express Yourself "Canvas Painting" 11:00 For the Fun of Fit "Rainbow ball" 2:30 Entertainment "Tristan" RT/TS 4:00 One on Ones	5 9:30 Morning Movie 9:30 Feel & Fold 10:00 Dancing with Robin 10:30 Express Yourself 12:00 Lunch Assistance 2:30 Brains & Banter 4:00 Friendly Visits	6 9:30 Sing Along with Suzie 10:00 Feel & Fold 10:00 Horticulture Therapy 12:00 Lunch Assistance 2:30 Musical Moments "Musical Bingo" 3:30 It's Never Too Late	7 Picnic Outing Etobicoke Valley - 11am 12:00 Lunch Assistance 2:15 In the Kitchen "Cupcakes" 3:30 One on Ones 5:00 Dinner Assistance 6:30 Movie & Cheetos	8 Adrian's Family Clothing 11am-4pm 10:00 Java Time 11:30 Dance Party 12:00 Lunch Assistance 2:30 Afternoon Tea Social 4:00 One on Ones	9 10:00 Brains and Banter "Complete the Proverb" 11:00 Musical Moments 12:00 Lunch Assistance 2:30 Soothing Sensations "Manicures & Hand Massages" 4:00 One on Ones
10 Grandparent's Day 10:00 Spiritual Hymns 10:15 Stepping Out 11:00 For the Fun of Fit - Ball Toss 12:00 Lunch Assistance 2:00 Grandparent's Social 4:00 Soothing Sensations	11 9:30 For the Fun of Fit "Morning Stretches" 10:30 Express Yourself 12:00 Lunch Assistance 11:00 Spiritual Service 2:00 Creamsicle Social 2:30 Soothing Sensations 3:30 It's Never Too Late	12 9:30 Morning Movie 10:30 Italian Club - RT/HS 12:00 Lunch Assistance 2:30 Musical Moments "Matching Game" 4:00 Friendly Visits	13 9:30 Sing Along with Suzie 10:00 Feel & Fold 10:00 Horticulture Therapy 11:15 Music Therapy 12:00 Lunch Assistance 2:30 Entertainment: Pianist "Jordan Klapman"	14 9:30 Stepping Out 2:15 Express Yourself "Butterflies" 3:30 For the Fun of Fit "Tabletop Bowling" 4:00 Brains & Banter "Trivia"	15 10:00 Java Time 12:00 Lunch Assistance 1:00 Chudleigh's Apple Farm Trip 2:00 Musical Moments 3:00 Feel and Fold 4:00 One on Ones	16 10:30 For the Fun of Fit "Balloon Racquet Ball" 11:00 In the Kitchen "Fruit Smoothies" 12:00 Lunch Assistance 1:30 Express Yourself "Puzzle Painting"
17 10:00 Spiritual Hymns 10:15 Stepping Out 12:00 Lunch Assistance 12:00 Blue Jays Game Outing 1:30 Express Yourself	18 9:30 For the Fun of Fit "Morning Stretches" 10:30 Express Yourself "Watercolour Painting" 12:00 Lunch Assistance 2:30 Soothing Sensations 3:30 It's Never Too Late	19 9:30 Express Yourself 10:30 Feel and Fold 12:00 Lunch Assistance 2:30 For the Fun of Fit "Horse Racing" 3:30 Brains & Banter "Trivia"	20 Holistic Health Vendor 11am-4pm - RT/TS 9:30 Sing Along with Suzie 10:00 Horticulture Therapy 12:00 Lunch Assistance 2:30 In the Kitchen "Strawberry Cupcakes" 4:00 One on Ones	21 World Alzheimer's Day 12:00 Lunch Assistance 2:45 Brains & Banter "Word Games" 3:00 Resident Council Meeting 5:00 Dinner Assistance 6:30 Musical Moments "Match the Lyrics"	22 Octoberfest 10:00 Java Time 11:30 Dance Party 12:00 Lunch Assistance 2:15 Beer and Pretzel Social 3:10 Entertainment: Philippa 4:00 One on Ones	23 First Day of Autumn 10:00 Stepping Out 11:00 Brains and Banter 12:00 Lunch Assistance 2:20 Express Yourself "Pumpkin Painting" 4:00 One on Ones
24 10:00 Spiritual Hymns 10:15 Stepping Out 12:00 Lunch Assistance 2:30 Musical Memories "Matching Lyrics" 4:00 One on Ones	25 9:30 For the Fun of Fit "Balloon Racquet Ball" 10:30 Musical Memories 11:00 Spiritual Service 12:00 Lunch Assistance 2:30 Birthday Entertainment: "John Lettieri" - Accordion Player	26 9:30 Feel and Fold 10:00 Express Yourself 12:00 Lunch Assistance 2:30 Soothing Sensations "Hand Massages/Manicures" 4:00 Friendly visits	27 9:30 Sing Along with Suzie 10:00 Horticulture Therapy 11:15 Music Therapy 12:00 Lunch Assistance 2:30 In the Kitchen "Pumpkin Muffins" 4:00 One on Ones	28 Shopper's Drug Mart Trip 12:00 Lunch Assistance 2:30 Express Yourself "Orange Brooches" 5:00 Dinner Assistance 6:30 Sing Along with Suzie	29 10:00 Java Time 11:30 Dance Party 12:00 Lunch Assistance 2:30 Afternoon Tea Social 4:00 One on Ones	30 National Day for Truth & Reconciliation 10:00 Express yourself 11:00 Stepping Out 12:00 Lunch Assistance 2:30 Ball Toss 4:00 One on Ones