



SEPTEMBER

Erindale Place & Sheridan Way



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>Recreation Team Members Ankita and Jashan</div> <div>Neighborhood Coordinator Ferdie Gonzales</div>	Hunger Action Month				<div>1</div> <div>8:00 Breakfast 10:30 Group Exercise 11:00 Musical Moments 12:00 Lunch 2:45 Crafty Corner 5:00 Dinner</div>	<div>2</div> <div>8:00 Breakfast 10:30 Brains & Banter 11:00 You & I 12:00 Lunch 2:45 Java Music Club 5:00 Dinner 6:30 Soothing sensation</div>
<div>3</div> <div>8:00 Breakfast 10:30 Church Service 11:00 Hymn Sing 12:00 Lunch 2:45 BINGO 5:00 Dinner 6:30 Express Yourself</div>	<div>4</div> <div>Labor Day</div> <div>8:00 Breakfast 10:30 Group Exercise 11:00 Balloon Tennis 12:00 Lunch 2:30 Entertainment with Ryan Andrews (CQ) 5:00 Dinner 6:30 Stepping out</div>	<div>5</div> <div>8:00 Breakfast 10:30 Board Games 11:00 You & I 12:00 Lunch 2:30 Fresh Air Tuesdays 5:00 Dinner</div>	<div>6</div> <div>8:00 Breakfast 10:30 Group Exercise 11:00 Friendly Visits 12:00 Lunch 2:30 Bowling 5:00 Dinner 6:30 Travelogue</div>	<div>7</div> <div>8:00 Breakfast 10:00 Outing to Ripley's 12:00 Lunch 2:30 Friendly visits 5:00 Dinner 6:30 Stepping out</div>	<div>8</div> <div>8:00 Breakfast 10:30 Group Exercise 11:00 Musical Moments 12:00 Lunch 2:45 Movie Afternoon 5:00 Dinner 6:30 Soothing sensation</div>	<div>9</div> <div>BBQ FUNDRAISER</div> <div>8:00 Breakfast 10:30 Flower Arranging 12:00 Lunch 2:45 Friendly Visits 5:00 Dinner</div>
<div>10</div> <div>Grandparents Day</div> <div>8:00 Breakfast 10:30 Church Service 11:00 Hymn Sing 12:00 Lunch 2:30 High Tea Social (CQ) 5:00 Dinner</div>	<div>11</div> <div>Residents Council Week</div> <div>8:00 Breakfast 10:30 Group Exercise 11:00 Balloon Tennis 12:00 Lunch 2:45 Movie Afternoon 5:00 Dinner 6:30 Stepping out</div>	<div>12</div> <div>8:00 Breakfast 10:30 Hangman 11:00 You & I 12:00 Lunch 2:45 Arm Chair Travel 5:00 Dinner 6:30 Brains and Banter</div>	<div>13</div> <div>8:00 Breakfast 10:30 Group Exercise 11:00 Friendly Visits 12:00 Lunch 2:30 BINGO (CQ) 5:00 Dinner 6:30 Travelogue</div>	<div>14</div> <div>8:00 Breakfast 10:30 Art Class in Activity Room 11:00 You & I 12:00 Lunch 2:45 Movie Afternoon 5:00 Dinner 6:30 Stepping out</div>	<div>15</div> <div>8:00 Breakfast 10:30 Group Exercise 11:00 Musical Moments 12:00 Lunch 2:45 Crafty Corner 5:00 Dinner</div>	<div>16</div> <div>Rosh Hashanah Oktoberfest Starts</div> <div>8:00 Breakfast 10:30 Brains & Banter 11:00 You and I 12:00 Lunch 2:45 Baking Honey Cookies 5:00 Dinner 6:30 Soothing sensation</div>
<div>17</div> <div>Terry Fox Day</div> <div>8:00 Breakfast 10:30 Church Service 11:00 Hymn Sing 12:00 Lunch 2:30 Terry Fox Walk 5:00 Dinner 6:30 Express Yourself</div>	<div>18</div> <div>8:00 Breakfast 10:30 Group Exercise 11:00 Balloon Tennis 12:00 Lunch 2:30 EML Awards (CQ) 5:00 Dinner 6:30 Stepping out</div>	<div>19</div> <div>8:00 Breakfast 10:30 Board Games 11:00 You & I 12:00 Lunch 2:45 BINGO 5:00 Dinner</div>	<div>20</div> <div>8:00 Breakfast 10:30 Group Exercise 11:00 Friendly Visits 12:00 Lunch 2:45 Arm Chair Travel 5:00 Dinner 6:30 Travelogue</div>	<div>21</div> <div>World Alzheimer's Day</div> <div>8:00 Breakfast 10:30 You & I 11:00 Brain and Banter 12:00 Lunch 2:30 Spa Afternoon (CQ) 5:00 Dinner 6:30 Stepping out</div>	<div>22</div> <div>8:00 Breakfast 10:30 Group Exercise 11:00 Musical Moments 12:00 Lunch 2:45 Flower Arranging 5:00 Dinner 6:30 Soothing sensation</div>	<div>23</div> <div>First Day of Autumn</div> <div>8:00 Breakfast 10:30 Chair Yoga 11:00 You & I 12:00 Lunch 2:45 Autumn Crafts 5:00 Dinner</div>
<div>24</div> <div>Arts & Aging Day</div> <div>8:00 Breakfast 10:30 Church Service 11:00 Hymn Sing 12:00 Lunch 2:30 Crafty Corner (CQ) 5:00 Dinner</div>	<div>25</div> <div>8:00 Breakfast 10:30 Group Exercise 11:00 Balloon Tennis 12:00 Lunch 2:45 Movie Afternoon 5:00 Dinner 6:30 Stepping out</div>	<div>26</div> <div>8:00 Breakfast 10:30 Hangman 11:00 You & I 12:00 Lunch 2:45 Card Making 5:00 Dinner 6:30 Brains and Banter</div>	<div>27</div> <div>8:00 Breakfast 10:30 Group Exercise 11:00 Friendly Visits 12:00 Lunch 3:00 Birthday Social (NH) 5:00 Dinner 6:30 Travelogue</div>	<div>28</div> <div>8:00 Breakfast 10:30 You & I 11:00 Brain and Banter 12:00 Lunch 2:45 BINGO 6:30 Stepping out</div>	<div>29</div> <div>Harvest Moon Festival</div> <div>8:00 Breakfast 10:00 Outing for Apple Picking 12:00 Lunch 2:45 Musical Moments 5:00 Dinner</div>	<div>30</div> <div>National Day for Truth and Reconciliation</div> <div>8:00 Breakfast 10:30 Brains & Banter 11:00 You & I 12:00 Lunch 2:45 Java Music Club 5:00 Dinner 6:30 Soothing sensation</div>