



# SEPTEMBER

## Enhanced Support Neighborhood



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<div><div>1</div><div>8:30 Breakfast 10:30 Fun and Fitness 11:30 You &amp; I 12:00 Lunch 2:30 Musical Moments 5:00 Dinner</div></div>	<div><div>2</div><div>8:30 Breakfast 10:30 Stepping Out 12:00 Lunch 2:30 Express Yourself 4:00 Circle of Friends 5:00 Dinner</div></div>
<div><div>3</div><div>8:30 Breakfast 10:30 Church Service 12:00 Lunch 2:30 Fun &amp; Fitness 4:00 You &amp; I 5:00 Dinner</div></div>	<div><div>4</div><div>Labour Day</div><div>8:30 Breakfast 10:30 Brains and Banter 12:00 Lunch 2:30 Entertainment with Ryan in CQ 5:00 Dinner</div></div>	<div><div>5</div><div>8:30 Breakfast 9:30 Stepping Out 10:30 Java Music 12:00 Lunch 2:30 Circle of Friends 5:00 Dinner</div></div>	<div><div>6</div><div>8:30 Breakfast 10:30 Friendly Visits 12:00 Lunch 1:30 Stepping Out 2:30 Bowling Afternoon 5:00 Dinner 6:30 Soothing Sensations</div></div>	<div><div>7</div><div>8:30 Breakfast 10:30 Fun n' Fitness 11:30 Stepping Out 12:00 Lunch 2:30 Musical Moments 5:00 Dinner</div></div>	<div><div>8</div><div>8:30 Breakfast 10:30 Brains and Banter 12:00 Lunch 2:30 Circle of Friends 4:00 You &amp; I 5:00 Dinner</div></div>	<div><div>9</div><div>BBQ FUNDRAISER</div><div>8:30 Breakfast 10:30 Flower Arranging 12:00 Lunch 2:30 You &amp; I 5:00 Dinner</div></div>
<div><div>10</div><div>Grandparents Day</div><div>8:30 Breakfast 10:30 Church Service 12:00 Lunch 2:30 High Tea Social (CQ) 5:00 Dinner</div></div>	<div><div>11</div><div>Residents Council Week</div><div>8:30 Breakfast 10:30 Brains and Banter 12:00 Lunch 2:30 In the Kitchen 4:00 Soothing Sensations 5:00 Dinner</div></div>	<div><div>12</div><div>8:30 Breakfast 9:30 Stepping Out 10:30 Java Music 12:00 Lunch 2:30 Arm Chair Travel 5:00 Dinner</div></div>	<div><div>13</div><div>8:30 Breakfast 10:30 Friendly Visits 12:00 Lunch 1:30 Stepping Out 2:30 BINGO in Crooked Q 5:00 Dinner 6:30 Musical Moments</div></div>	<div><div>14</div><div>8:30 Breakfast 10:30 Art Class in Activity Room 11:30 You &amp; I 12:00 Lunch 2:30 Circle of Friends 5:00 Dinner</div></div>	<div><div>15</div><div>8:30 Breakfast 9:30 You &amp; I 10:30 Fun and Fitness 12:00 Lunch 2:30 Brains and Banter 5:00 Dinner</div></div>	<div><div>16</div><div>Rosh Hashanah Oktoberfest Starts</div><div>8:30 Breakfast 10:30 Musical Moments 12:00 Lunch 2:30 Fun n' Fitness 4:00 You &amp; I 5:00 Dinner</div></div>
<div><div>17</div><div>Terry Fox Day</div><div>8:30 Breakfast 10:30 Church Service 12:00 Lunch 2:30 Terry Fox Walk 4:00 Soothing Sensations 5:00 Dinner</div></div>	<div><div>18</div><div>8:30 Breakfast 10:30 Musical Moments 11:30 Circle of Friends 12:00 Lunch 2:30 EML Awards in CQ 5:00 Dinner</div></div>	<div><div>19</div><div>8:30 Breakfast 9:30 Stepping Out 10:30 Java Music 12:00 Lunch 2:30 Brains and Banter 5:00 Dinner</div></div>	<div><div>20</div><div>8:30 Breakfast 11:00 Music with Wendy 12:00 Lunch 1:30 Stepping Out 2:30 Arm Chair Travel 5:00 Dinner 6:30 Soothing Sensations</div></div>	<div><div>21</div><div>World Alzheimer's Day</div><div>8:30 Breakfast 10:30 You &amp; I 11:30 Stepping Out 12:00 Lunch 2:30 ESN Social 5:00 Dinner</div></div>	<div><div>22</div><div>8:30 Breakfast 10:30 Brains and Banter 12:00 Lunch 2:30 Flower Arranging 4:00 Circle of Friends 5:00 Dinner</div></div>	<div><div>23</div><div>First Day of Autumn</div><div>8:30 Breakfast 10:30 Express Yourself 12:00 Lunch 2:30 All things Fall 5:00 Dinner</div></div>
<div><div>24</div><div>Arts &amp; Aging Day</div><div>8:30 Breakfast 10:30 Church Service 12:00 Lunch 2:30 Crafty Corner in CQ 5:00 Dinner</div></div>	<div><div>25</div><div>8:30 Breakfast 10:30 Fun n' Fitness 12:00 Lunch 2:30 Express Yourself 4:00 Soothing Sensations 5:00 Dinner</div></div>	<div><div>26</div><div>8:30 Breakfast 9:30 Stepping Out 10:30 Java Music 12:00 Lunch 2:30 You &amp; I 5:00 Dinner</div></div>	<div><div>27</div><div>8:30 Breakfast 10:30 Friendly Visits 12:00 Lunch 1:30 Stepping Out 2:30 In the Kitchen 5:00 Dinner 6:30 Circle of Friends</div></div>	<div><div>28</div><div>8:30 Breakfast 10:30 Fun n' Fitness 11:30 Stepping Out 12:00 Lunch 2:30 For the Soul 5:00 Dinner</div></div>	<div><div>29</div><div>8:30 Breakfast 10:30 In the Kitchen 12:00 Lunch 2:30 Musical Moments 3:30 Soothing Sensations 5:00 Dinner</div></div>	<div><div>30</div><div>National Day for Truth and Reconciliation</div><div>8:30 Breakfast 10:30 Brains and Banter 12:00 Lunch 2:30 Movie Afternoon 5:00 Dinner</div></div>