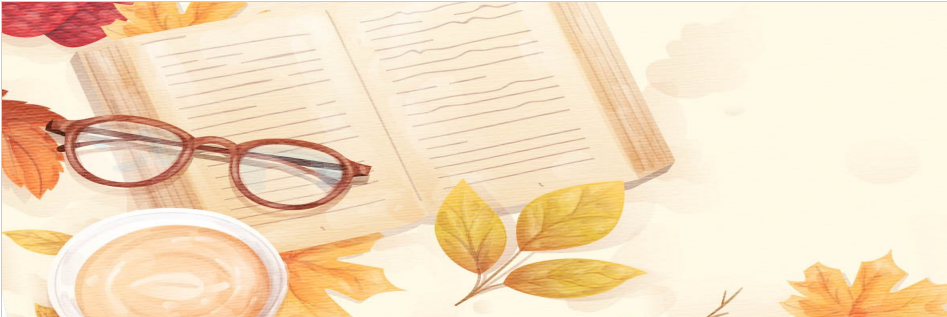







SEPTEMBER 2023

Emma's Neighbourhood



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|---|---|---|---|--|
|  |  |  |  | | | |
| 3 09:30 Morning Visits 10:30 Church Service 12:00 Lunch 02:00 Afternoon Stroll 02:30 Afternoon Social: Sweets & Treats | 4 Labour Day 09:30 Mind Jogger 11:00 Morning Fitness 12:00 Lunch 2:30—4:00 Music Entertainment w/ Tristan 4:00 Group Colouring | 5 09:30 Morning Greetings 10:30 Morning Fitness 11:00 Ring Toss 12:00 Lunch 02:00 Creative Arts & Crafts 03:30 Afternoon Stroll | 6 Read a Book Day 11:00-2:00 Multicultural Festival 01:00 Bean Bag Toss 02:00 Hymn Sing 03:00 BINGO 06:00 Reading Social: Classic Sto- | 7 Walmart Outing 09:30 Baking Social 10:00 Walmart 10:30 Morning Fitness 12:00 Lunch 02:30 Creative Arts & Crafts 03:30 Bowling League | 1 09:30 Mind Jogger 11:00 Morning Fitness 12:00 Lunch 02:00 After Social: Iced Tea 03:00 BINGO 04:00 Jigsaw Puzzle | 2 10:00 Morning Visits 11:00 Morning Fitness 12:00 Lunch 01:30 Nature Documentary 02:30 Water coloring: Landscape 03:30 Board Games |
| 10 Grandparents Day 09:30 Morning Visits 10:30 Church Visits 12:00 Lunch 01:30 Movie Matinee 02:00 Photobooth & Art Class 03:30 Afternoon Stroll | 11 09:30 Baking Social 10:30 Morning Fitness 12:00 Lunch 02:30 Creative Arts & Crafts 03:30 Bowling League | 12 09:30 Morning Stroll 11:00 Morning Fitness 12:00 Lunch 02:00 Scrabble 03:30 Bean Bag Toss 04:00 Pictionary | 13 11:00 Italian Club 12:00 Lunch 01:00 Word Games 02:00 Hymn Sing 2:30-4:00 Music Jordan Kaplin 06:00 Music Documentary 07:00 Pole Walking | 14 10:00 Morning Strolls 11:00 Morning Fitness 12:00 Lunch 02:00 Scrabble 03:30 Balcony Social: Music and Dancing | 15 09:30 Mind Jogger 11:00 Morning Fitness 12:00 Lunch 02:00 After Social: Smoothie 03:00 BINGO 04:00 Jigsaw Puzzle | 16 Oktoberfest Begins 10:00 Morning Visits 11:00 Morning Fitness 12:00 Lunch 01:30 Nature Documentary 02:30 Water coloring: Flowers 03:30 Board Games |
| 17 09:30 Morning Visits 10:30 Church Service 12:00 Lunch 1:00 Blue Jay Outing 02:00 Afternoon Stroll 02:30 Afternoon Social: Hot Choco- | 18 09:30 Mind Jogger 11:00 Morning Fitness 12:00 Lunch 2:30 —3:30 Sybil Cello Performance 4:00 Painting: Landscapes | 19 09:30 Morning Greetings 10:30 Morning Fitness 11:00 Ring Toss 12:00 Lunch 3:00 Lecture: Keeping Safe Online 03:30 Afternoon Stroll | 20 Punch Day 11:00-4:00 Holistic Health Vendor 02:00 Hymn Sing 03:00 BINGO 03:00 Resident Forum 06:00 Reading Social: Classic Stories 07:00 Pole Walking | 21 09:30 Baking Social 10:30 Morning Fitness 12:00 Lunch 02:30 Creative Arts & Crafts 03:30 Bowling League | 22 09:30 Mind Jogger 11:00 Morning Fitness 12:00 Lunch 02:30 Balloon Toss 2:30 Happy Oktoberfest Celebration | 23 Autumn Equinox 09:30 Morning Stroll 10:30 Morning Fitness 12:00 Lunch 02:30 Ring Toss 04:00 Painting |
| 24 Arts & Aging Day 09:30 Morning Visits 10:30 Church Visits 12:00 Lunch 1:30 Crafter's Corner 03:30 Afternoon Stroll | 25 09:30 Baking Social 10:30 Morning Fitness 12:00 Lunch 2:30 —4:00 September Birthday Entertainment John on the accordion Centenarian 04:00 Bowling League | 26 09:30 Morning Stroll 11:00 Morning Fitness 11:00-4:00 Sonita Jewelry Vendor 12:00 Lunch 02:00 Scrabble 03:30 Bean Bag Toss 04:00 Pictionary | 27 World Tourism Day 01:00 Rock Painting 02:30 Word Games 03:30 Bingo 06:00 Documentary on Tourism 07:00 Pole Walking | 28 09:00 Morning Strolls 10:00 Rom Outing 12:00 Lunch 02:00 Scrabble 03:30 Balcony Social: Music and Dancing 04:00 Person, Place or Thing | 29 Harvest Moon Festival 09:30 Mind Jogger 11:00 Morning Fitness 12:00 Lunch 02:00 After Social: Smoothie 3:30 Moon Cake Treat 4:15 Afternoon Strolls | 30 Orange Shirt Day 10:00 Morning Visits 11:00 Morning Fitness 12:00 Lunch 01:30 Documentary 02:30 Water coloring: 03:30 Board Games |