



November 2023

Scotsdale Neighbourhood



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 8:15 Breakfast 9:30 Greeting the Day 12:00 Lunch 2:00 Tai Chi with Dan—FC 5:00 Dinner	2 8:15 Breakfast 9:30 Greeting the Day 9:45 Java Music Club with Janet—L 10:30 Circle Of Friends 11:00 Fit to Function with Dan—FC 12:00 Lunch 2:00 Stepping Out 2:00 Knit & Chat—CC 3:00 Soothing Sensations 3:15 Residents' Council—CC 5:00 Dinner 6:30 Brains & Banter—CC	3 8:15 Breakfast 8:30 Men's Breakfast—CC 9:30 Greeting the Day 10:30 Scotsdale Gets Musical 10:30 Stepping Out 11:00 Stay Strong—FC 12:00 Lunch 2:00 In the Kitchen 3:00 Brains and Banter 5:00 Dinner	4 8:15 Breakfast 9:30 Greeting the Day 12:00 Lunch 2:00 Pub with Loralee—MS 3:30 You and I 5:00 Dinner
5 8:15 Breakfast 9:30 Greeting the Day 12:00 Lunch 1:30 Stepping Out 2:30 Church Service with Ankit -TH 3:15 Fellowship—CC 5:00 Dinner	6 8:15 Breakfast 9:30 Greeting the Day 10:30 Music Jamboree —FC 12:00 Lunch 1:00 Stepping Out 2:00 Bingo—CC 3:30 Soothing Sensations 5:00 Dinner	7 8:15 Breakfast 9:30 Greeting the Day. 10:30 Express Yourself 11:00 Stay Strong —FC 12:00 Lunch 1:30 Outing to Tim Hortons 2:00 Brains and Banter 3:30 For the Soul with Janet 3:30 Stepping Out 5:00 Dinner	8 Cappuccino Day 8:15 Breakfast 9:30 Greeting the Day 12:00 Lunch 2:00 Travelling Cappuccino & Hot Drinks Cart 2:00 Tai Chi with Dan—FC 2:30 Movie Afternoon with Janet: The Hundred Foot Journey—TH 3:00 Circle of Friends 5:00 Dinner	9 8:15 Breakfast 9:30 Greeting the Day 9:45 Java Music Club with Janet—L 10:30 Express Yourself 11:00 Fit to Function with Dan—FC 12:00 Lunch 2:00 Soothing Sensations 2:00 Knit & Chat—CC 3:00 You and Me 5:00 Dinner	10 8:15 Breakfast 9:30 Greeting the Day 11:00 Stay Strong—FC 12:00 Lunch 1:30 St. Catherine of Siena Parish Tour 5:00 Dinner	11 Remembrance Day 8:15 Breakfast 9:30 Greeting the Day 10:30 Remembrance Day Service—TS 12:00 Lunch 2:00 Entertainment with Dave Shakespeare on Stonechurch 3:30 Brains & Banter 5:00 Dinner 
12 8:15 Breakfast 9:30 Greeting the Day 10:00 Church Service with Ankit—TH 10:30 Music & Memories 10:30 In the Kitchen 12:00 Lunch 1:00 Country Drive 2:30 Church Service with Janet—TH 3:15 Fellowship—CC 5:00 Dinner	13 8:15 Breakfast 9:30 Greeting the Day 10:00 Garden Club—GH 10:30 Music Jamboree —FC 12:00 Lunch 2:00 Bingo—CC 5:00 Dinner	14 National Pickle Day 8:15 Breakfast 9:30 Greeting the Day. 10:30 Soothing Sensations 11:00 Stay Strong —FC 12:00 Lunch 12:00 Ladies Lunch—CC 2:30 You and Me 3:30 For the Soul with Janet 3:45 Brains and Banter 5:00 Dinner	15 Christmas Decorating 8:15 Breakfast 9:30 Greeting the Day 12:00 Lunch 2:00 Tai Chi with Dan—FC 5:00 Dinner 	16 Christmas Decorating 8:15 Breakfast 9:30 Greeting the Day 12:00 Lunch 2:00 Tai Chi with Dan—FC 5:00 Dinner 	17 8:15 Breakfast 9:30 Greeting the Day 10:00 Outing to Fortinos 10:30 Scotsdale Gets Musical 11:00 Stay Strong—FC 12:00 Lunch 2:00 Express Yourself 3:00 Happy Hour with Emily Kemp—MS 5:00 Dinner	18 8:15 Breakfast 9:30 Greeting the Day 12:00 Lunch 2:00 Entertainment with Zack Erikson on Carrington 3:30 You and I 5:00 Dinner
19 8:15 Breakfast 9:30 Greeting the Day 10:00 Church Service with Ankit—TH 12:00 Lunch 1:30 Stepping Out 2:30 Church Service with Janet—TH 3:15 Fellowship—CC 5:00 Dinner	20 8:15 Breakfast 9:30 Greeting the Day 10:00 Garden Club—GH 10:30 Music Jamboree —FC 12:00 Lunch 1:00 You and Me 2:00 Bingo—CC 3:30 Stepping Out 5:00 Dinner	21 8:15 Breakfast 9:30 Greeting the Day. 10:30 Express Yourself 11:00 Stay Strong —FC 12:00 Lunch 2:00 Circle Of Friends 3:30 For the Soul with Janet 3:30 Brains and Banter 5:00 Dinner	22 8:15 Breakfast 9:30 Greeting the Day 12:00 Lunch 1:30 Brains and Banter 3:00 You and Me 2:00 Tai Chi with Dan—FC 5:00 Dinner 5:00 Diner's Club: Harvey's—MS	23 8:15 Breakfast 9:30 Greeting the Day 9:45 Java Music Club with Janet—L 10:30 Express Yourself 11:00 Fit to Function with Dan—FC 12:00 Lunch 2:00 Stepping Out 2:00 Knit & Chat—CC 3:00 Brains and Banter 5:00 Dinner 7:15 Harlequin Singers of Hamilton—TS	24 8:15 Breakfast 9:30 Greeting the Day 11:00 Stay Strong—FC 12:00 Lunch 5:00 Dinner	25 Santa's Village Christmas Sale 10am to 3pm 8:15 Breakfast 12:00 Lunch 5:00 Dinner
26 8:15 Breakfast 9:30 Greeting the Day 10:00 Church Service with Ankit—TH 10:30 Music & Memories 10:30 In the Kitchen 12:00 Lunch 2:30 Church Service with Janet—TH 3:15 Fellowship—CC 5:00 Dinner	27 8:15 Breakfast 9:30 Greeting the Day 10:00 Garden Club—GH 10:30 Music Jamboree —FC 12:00 Lunch 2:00 Bingo—CC 5:00 Dinner	28 8:15 Breakfast 9:30 Greeting the Day. 10:30 Soothing Sensations 11:00 Stay Strong —FC 12:00 Lunch 2:00 Circle of Friends 3:30 For the Soul with Janet 3:30 Brains and Banter 5:00 Dinner	29 8:15 Breakfast 9:30 Greeting the Day 12:00 Lunch 1:30 Stepping Out 2:00 Tai Chi with Dan—FC 2:30 Magic Show—TS 3:00 Circle Of Friends 5:00 Dinner	30 8:15 Breakfast 9:30 Greeting the Day 9:45 Java Music Club with Janet—L 10:30 Express Yourself 11:00 Fit to Function with Dan—FC 12:00 Lunch 2:00 Stepping Out 2:00 Knit & Chat—CC 3:00 Brains and Banter 5:00 Dinner 6:30 Musical Moments—CC	Please refer to the "Today's Activity Board" for any program time changes, or cancellations.	
						<i>TH — Town Hall</i> <i>CC — Community Centre</i> <i>MS — Main Street</i> <i>TS — Town Square</i> <i>FC — Fitness Centre</i> <i>L — Library</i> <i>GH — Greenhouse</i>