




# November 2023

## Stonechurch Neighbourhood



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<b>1</b> 8:15 Breakfast 9:30 Greeting the Day 12:00 Lunch 2:00 Tai Chi with Dan—FC 5:00 Dinner 6:30 Neighbourhood Time	<b>2</b> 8:15 Breakfast 9:30 Greeting the Day 10:30 Stepping Out 11:00 Fit to Function with Dan—FC 12:00 Lunch 2:00 Java Music Club with Janet 2:00 You and I 3:30 Musical Moments 5:00 Dinner 6:30 Neighbourhood Time	<b>3</b> 8:15 Breakfast <b>8:30 Men's Breakfast—CC</b> 9:30 Greeting the Day 10:30 Circle Of Friends 11:00 Stay Strong—FC 12:00 Lunch 2:00 Stepping Out 2:15 Stonechurch Gets Musical 3:00 Circle Of Friends 5:00 Dinner 6:30 Neighbourhood Time	<b>4</b> 8:15 Breakfast 9:30 Greeting the Day 10:30 Musical Moments 12:00 Lunch 2:00 Pub with Lorelee—MS 5:00 Dinner
<b>5</b> 8:15 Breakfast 9:30 Greeting the Day 12:00 Lunch 2:30 Church Service with Ankit -TH 3:15 Fellowship—CC 5:00 Dinner 6:30 Neighbourhood Time	<b>6</b> 8:15 Breakfast 9:30 Greeting the Day 10:30 Music Jamboree—FC 12:00 Lunch 1:30 Stepping Out 2:00 Bingo—CC 3:00 For the Fun of Fit 5:00 Dinner 6:30 Neighbourhood Time	<b>7</b> 8:15 Breakfast 9:30 Greeting the Day 10:30 For the Soul with Janet 10:30 Soothing Sensations 12:00 Lunch <b>1:30 Outing to Tim Hortons</b> 2:00 You and I 3:30 Musical Moments 5:00 Dinner 6:30 Neighbourhood Time	<b>8 Cappuccino Day</b> 8:15 Breakfast 9:30 Greeting the Day 12:00 Lunch 2:00 Tai Chi with Dan—FC 2:00 Travelling Cappuccino & Hot Drinks Cart 2:30 Movie Afternoon with Janet: The Hundred Foot Journey—TH 3:00 Pet Visits 5:00 Dinner 6:30 Neighbourhood Time	<b>9</b> 8:15 Breakfast 9:30 Greeting the Day 11:00 Fit to Function with Dan—FC 12:00 Lunch 2:00 Java Music Club with Janet 5:00 Dinner 6:30 Neighbourhood Time	<b>10</b> 8:15 Breakfast 9:30 Greeting the Day 11:00 Stay Strong—FC 12:00 Lunch <b>1:30 St. Catherine of Siena Parish Tour</b> 5:00 Dinner 6:30 Neighbourhood Time	<b>11 Remembrance Day</b> 8:15 Breakfast 9:30 Greeting the Day 10:30 Remembrance Day Service—TS 12:00 Lunch 2:00 Entertainment with Dave Shakespeare on Stonechurch 3:30 Express Yourself 5:00 Dinner
<b>12</b> 8:15 Breakfast 9:30 Greeting the Day 10:00 Church Service with Ankit—TH 10:30 Music & Memories 12:00 Lunch <b>1:00 Country Drive</b> 2:30 Church Service with Janet—TH 3:15 Fellowship—CC 5:00 Dinner 6:30 Neighbourhood Time	<b>13</b> 8:15 Breakfast 9:30 Greeting the Day 10:30 Music Jamboree—FC 12:00 Lunch 1:00 Hort Happens 2:00 Bingo—CC 5:00 Dinner	<b>14 National Pickle Day</b> 8:15 Breakfast 9:30 Greeting the Day 10:30 For the Soul with Janet 10:30 Stepping Out 12:00 Lunch <b>12:00 Ladies Lunch—CC</b> 2:30 Express Yourself 3:30 Musical Moments 5:00 Dinner 6:30 Neighbourhood Time	<b>15 Christmas Decorating</b> 8:15 Breakfast 9:30 Greeting the Day 12:00 Lunch 2:00 Tai Chi with Dan—FC 5:00 Dinner 	<b>16 Christmas Decorating</b> 8:15 Breakfast 9:30 Greeting the Day 11:00 Fit to Function with Dan—FC 12:00 Lunch 2:00 Java Music Club with Janet 5:00 Dinner 	<b>17</b> 8:15 Breakfast 9:30 Greeting the Day <b>10:00 Outing to Fortinos</b> 11:00 Stay Strong—FC 12:00 Lunch 2:15 Stonechurch Gets Musical 3:00 Happy Hour with Emily Kemp—MS 5:00 Dinner 6:30 Neighbourhood Time	<b>18</b> 8:15 Breakfast 9:30 Greeting the Day 10:30 Musical Moments 12:00 Lunch 2:00 Entertainment with Zack Erikson on Carrington 5:00 Dinner
<b>19</b> 8:15 Breakfast 9:30 Greeting the Day 10:00 Church Service with Ankit—TH 12:00 Lunch 2:30 Church Service with Janet—TH 3:15 Fellowship—CC 5:00 Dinner 6:30 Neighbourhood Time	<b>20</b> 8:15 Breakfast 9:30 Greeting the Day 10:30 Music Jamboree—FC 12:00 Lunch 1:00 Hort Happens 1:30 Pet Visits 2:00 Bingo—CC 3:00 In the Kitchen 5:00 Dinner 6:30 Neighbourhood Time	<b>21</b> 8:15 Breakfast 9:30 Greeting the Day 10:30 Stepping Out 12:00 For the Soul with Janet 12:00 Lunch 2:00 You and I 3:00 Musical Moments 5:00 Dinner 6:30 Neighbourhood Time	<b>22</b> 8:15 Breakfast 9:30 Greeting the Day 12:00 Lunch 1:30 Musical Moments 2:00 Tai Chi with Dan—FC 3:00 For the Fun of Fit 5:00 Dinner <b>5:00 Diner's Club: Harvey's</b> 6:30 Neighbourhood Time	<b>23</b> 8:15 Breakfast 9:30 Greeting the Day 11:00 Fit to Function with Dan—FC 12:00 Lunch 2:00 Java Music Club with Janet 5:00 Dinner 7:15 Harlequin Singers of Hamilton—TS	<b>24</b> 8:15 Breakfast 9:30 Greeting the Day 11:00 Stay Strong—FC 12:00 Lunch 5:00 Dinner 6:30 Neighbourhood Time	<b>25 Santa's Village Christmas Sale 10am to 3pm</b> 8:15 Breakfast 12:00 Lunch 5:00 Dinner
<b>26</b> 8:15 Breakfast 9:30 Greeting the Day 10:00 Church Service with Ankit—TH 12:00 Lunch 2:30 Church Service with Janet—TH 3:15 Fellowship—CC 5:00 Dinner 6:30 Neighbourhood Time	<b>27</b> 8:15 Breakfast 9:30 Greeting the Day 10:30 Music Jamboree—FC 12:00 Lunch 1:00 Hort Happens 2:30 Celebration of Life—TH 5:00 Dinner	<b>28</b> 8:15 Breakfast 9:30 Greeting the Day 10:30 Stepping Out 10:30 For the Soul with Janet 12:00 Lunch 2:00 You and I 3:00 Musical Moments 5:00 Dinner 6:30 Neighbourhood Time	<b>29</b> 8:15 Breakfast 9:30 Greeting the Day 12:00 Lunch 1:30 Express Yourself 2:00 Tai Chi with Dan—FC 2:30 Magic Show—TS 5:00 Dinner 6:30 Neighbourhood Time	<b>30</b> 8:15 Breakfast 9:30 Greeting the Day 10:30 Stepping Out 11:00 Fit to Function with Dan—FC 12:00 Lunch 2:00 Java Music Club with Janet 2:00 Pet Visits 3:00 Circle of Friends 5:00 Dinner 6:30 Neighbourhood Time	<p style="text-align: center;"><b>Please refer to the "Today's Activity Board" for any program time changes, location changes, or cancellations.</b></p>	<i>TH — Town Hall</i> <i>CC — Community Centre</i> <i>MS — Main Street</i> <i>TS — Town Square</i> <i>FC — Fitness Centre</i> <i>L — Library</i> <i>GH — Greenhouse</i>