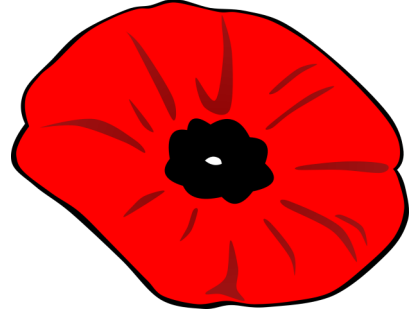




NOVEMBER 2023

Islington Neighborhood



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 All Saints Day 09:30 For the Fun of Fit 10:30 Music Therapy 12:00 Meal Assistance 02:30 For the Fun of Fit 03:30 Express Yourself	2 12:00 Meal Assistance 01:30 Bingo! 02:30 Water Coloring 04:15 Games 05:00 Meal Assistance 06:15 Circle of Friends	3 09:45 Express Yourself 10:30 Bingo 12:00 Meal Assistance 02:30 Social 03:30 Stepping out	4 Medieval times Outing 09:30 Baking 10:45 You and me! 12:00 Meal Assistance 02:30 Baking social 03:30 Outing: Medieval Times
5 Daylight Saving Time Ends 09:45 Express yourself 10:30 Catholic Mass 12:00 Meal Assistance 02:30 Circle of Friends 03:30 Stepping Out!	6 01:15 Brains and Banter 02:30 Entertainment: Matthew Bayford 04:15 Express Yourself 06:15 You and Me	7 09:30 Manicures 10:45 Brains & Banter 12:00 Meal Assistance 02:30 Soothing sensations 03:30 Remembrance Day Word Scrabble	8 09:45 You & Me 10:30 Musical Moments 12:00 Meal Assistance 02:30 Hot Chocolate Social 03:30 Stepping out	9 12:00 Meal Assistance 01:30 Bingo! 02:30 Brains & Banter 04:15 Games 05:00 Meal Assistance 06:15 Movie Night: Popcorn	10 09:30 For the Fun of Fit 10:45 Brains and Banter 12:00 Meal Assistance 02:30 Diwali Decorations 03:30 Express Yourself	11. Remembrance Day 09:45 Express Yourself 10:15 Remembrance Day Service 02:30 Remembrance Day Sybil & Jenny 04:15 For the Fun of Fit
12 Diwali 09:45 Express Yourself 10:30 Catholic Mass 12:00 Meal Assistance 02:30 Social: Diwali 03:00 Stepping out	13 World Kindness Day 09:45 You & Me 10:30 For the Fun of Fit 12:00 Meal Assistance 02:30 Gardening lovers 03:30 Express Yourself	14 World Diabetes Day 09:30 Manicures 10:45 Brains and Banter 12:00 Meal Assistance 02:30 Documentary 03:15 Water Coloring	15 Entertainment 09:30 Express yourself 10:30 Music Therapy 12:00 Meal Assistance 02:30 Entertainment: Jay Vazquez	16 Resident Council Meeting 12:00 Meal Assistance 01:30 Bingo! 03:00 Resident Council Meeting 04:15 You and me! 05:00 Meal Assistance 06:15 Stepping out!	17 Outing 10:00 Outing: Ripley's Aquarium 12:00 Meal Assistance 02:30 Social 03:15 You & Me	18 09:30 In the Kitchen: Jello 10:45 Social 12:00 Meal Assistance 02:30 For the Fun of Fit 03:30 Stepping Out
19 09:45 Stepping out 10:30 Catholic Mass 12:00 Meal Assistance 02:30 Soothing Sensations 03:30 Express Yourself	20 01:15 Bingo 02:30 Manicures 04:15 Express Yourself 05:00 Meal Assistance 06:15 You and Me	21 09:30 Manicures 10:45 Brains and Banter 12:00 Meal Assistance 02:30 Soothing Sensations 03:30 For the Fun of Fit	22 09:30 You & Me 10:30 Java Music Cub 12:00 Meal Assistance 02:30 2024 Activity Planning 03:30 Entertainment: Emilio	23 10:00 Outing: Cloverdale Mall 12:00 Meal Assistance 01:30 Bingo! 02:30 Water Coloring 04:15 Games 06:15 Diner's Club	24 09:30 Social: Pancakes 10:45 Brains and Banter 12:00 Meal Assistance 02:30 For the Fun of fit 03:30 Water Coloring	25 09:45 For the Fun of Fit 10:30 Express Yourself 12:00 Meal Assistance 02:30 Social 03:00 Stepping out
26 09:45 Express Yourself 10:30 Catholic Mass 12:00 Meal Assistance 02:30 Brains and Banter 03:00 Stepping out	27 09:45 You &Me 10:30 Brains and Banter 12:00 Meal Assistance 02:30 Birthday Entertainment : Tristan	28 Giving Tuesday 09:30 Manicures 10:45 Trivia 11:00 Tree Lighting Ceremony 12:00 Meal Assistance 02:30 Apple Cider Social 03:30 You & Me	29 Christmas Bazar 09:30 Christmas Crafts 10:30 Music Therapy 12:00 Meal Assistance 03:00 You & Me	30 12:00 Meal Assistance 01:30 Bingo! 02:30 Express Yourself 04:15 Games 05:00 Meal Assistance 06:15 Movie Night: Popcorn		