



November 2023

Belle River Neighbourhood



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 9:30 Armchair Travel "Algonquin Park" 3:30 Trivia	2 9:30 Fitness Class Ceramics 11:00 Harmony Group with Joe 2:30 Music Therapy Afternoon Manicures 6:30 Game Night	3 10:00 Bingo 2:00 Greenhouse Club 3:00 Making Bookmarks	4 10:00 Bocce Ball 2:00 In the Kitchen
5 10:00 Catholic Mass 10:30 Hymn Sing 2:30 Scrapbooking	6 9:30 Fitness Class 1:30 Rock Band 3:30 Fun & Games 6:00 Trivia 6:30 Bible Study	7 9:30 Fitness Class 10:30 Zumba (in BR Family Room) 2:00 Bingo	8 9:30 Morning Chats & Cappuccinos 11:00 Chapel Service 2:00 Belle River Fun Band	9 9:30 Fitness Class 10:00 Greenhouse Visits 11:00 Harmony Group with Joe 2:30 Music Therapy Afternoon Manicures	10 10:00 Remembrance Day Service 2:00 Greenhouse Club 3:30 Coffee Hour	11 10:00 Crafty Creations (National Origami Day) 3:30 Balloon Toss
12 10:00 Catholic Mass 10:30 Hymn Sing 3:00 Target Toss	13 9:30 Fitness Class 1:30 Rock Band 3:30 Fun & Games 6:00 Sing-A-Long 6:30 Bible Study	14 8:30 Breakfast Bunch 9:30 Fitness Class 10:30 Zumba (in the Chapel) 2:00 Music of Joy with Germaine (In the Chapel)	15 9:30 Armchair Travel "Festivals of Europe" 11:00 Chapel Service 3:00 Tea Time	16 9:30 Fitness Class Ceramics 11:00 Harmony Group 2:00 Food Committee 2:30 Music Therapy Afternoon Manicures 6:00 Movie Night	17 10:00 Bingo 2:00 Greenhouse Club 3:00 Crafty Creations	18 10:00 All About... Mickey Mouse! 3:00 Ladder Ball
19 10:00 Bocce Ball 3:30 Hot Cocoa & Chats	20 9:30 Fitness Class 10:30 Chapel Music Service 1:30 Rock Band 3:30 Fun & Games 6:00 Trivia 6:30 Bible Study	21 9:30 Fitness Class 10:30 Zumba (in BR Family Room) 2:45 Music with Richard	22 9:30 Armchair Travel "Florida" 11:00 Chapel Service GRATO GIFTS Main Street Sale 2:00 Celebration of Life	23 9:30 Fitness Class 10:00 Greenhouse Visits 11:00 Harmony Group with Joe 2:30 Music Therapy Afternoon Manicures	24 10:00 Bingo 2:00 Greenhouse Club 2:00 Yoga in the Chapel 3:30 Music & Mocktails	25 10:00 Colouring Hour 2:00 In the Kitchen
26 9:30 Balloon Toss 10:30 Hymn Sing 3:00 Crafty Creations	27 9:30 Fitness Class 1:30 Rock Band 3:30 Fun & Games 6:00 Movie Night 6:30 Bible Study	28 9:30 Fitness Class 10:30 Zumba (in the Chapel) 2:00 Catholic Mass	29 9:30 Armchair Travel "Finland" 11:00 Chapel Service 2:00 Resident Council	30 9:30 Fitness Class Ceramics 11:00 Harmony Group with Joe 2:30 Music Therapy Afternoon Manicures 6:30 Game Night		