



November 2023

Lasalle Neighbourhood



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 11:00 Morning Visits 2:00 In the Kitchen "Cinnamon"	2 9:30 Fitness Class Ceramics 11:00 Harmony Group with Joe 2:30 Music with Brent 6:30 Movie Night "The Wizard of Oz"	3 10:00 Word in a Word 2:00 Manicures 2:00 Greenhouse Club	4 10:00 Crafty Creation "Dream Catcher" 2:00 In the Kitchen "No Bake Dreamy Pumpkin Pie"
5 10:00 On-Line Church Service 2:00 Fun & Games	6 9:30 Fitness Class 11:00 Music Therapy 1:30 Rock Band 2:00 Left, Centre & Right 6:30 Bible Study	7 9:30 Fitness Class 10:30 Zumba (in BR Family Room) 2:00 You Be the Judge	8 10:00 Chapel Service 11:00 Morning Visits 2:00 Tongue Twisters with Twizzlers	9 9:30 Fitness Class 11:00 Harmony Group with Joe 2:00 Crafty Creation "Poppies" 6:30 In The Kitchen "Talking Christmas"	10 10:00 Remembrance Day Service 2:00 Greenhouse Club 2:00 Bingo	11 10:00 Remembering 11:00 Watching Service On-line 2:00 Making Cards
12 10:00 Main Street Chats 2:00 Chicken Soup for the Soul	13 9:30 Fitness Class 11:00 Music Therapy 1:30 Rock Band 2:00 Window Painting 6:30 Bible Study	14 8:30 Breakfast Bunch 9:30 Fitness Class 10:30 Zumba in Chapel 2:00 Music of Joy with Germaine in Chapel 6:30 PJ Party Movie Night	15 10:00 Chapel Service 11:00 Morning Visits 2:00 Crafty Creation "Trees"	16 9:30 Fitness Class Ceramics 11:00 Harmony Group with Joe 2:00 Manicures 2:00 Food Committee 6:30 Tea & Chats	17 10:00 Trivia 2:00 Painting Neighborhood Windows	18 10:00 Tea and Chats 2:00 Bulls Eye Activities
19 10:00 Hymn Sing 2:00 Arm Chair Travel "Switzerland"	20 9:30 Fitness Class 10:30 Chapel Music Service 1:30 Rock Band 2:00 Cotton Candy & Trivia 6:30 Bible Study	21 9:30 Fitness Class 10:30 Zumba (in BR Family Room) 1:30 Music with Richard 2:30 Fluffing the Tree	22 10:00 Chapel Service GRATO GIFTS Main Street Sale 2:00 Celebration of Life	23 9:30 Fitness Class 10:00 Morning Visits 11:00 Harmony Group with Joe 2:00 Decorating the Tree	24 10:00 Hangman 2:00 Yoga in the Chapel 2:00 Greenhouse Club 2:00 Bingo	25 You Tube Music Neighbourhood Time
26 10:00 Morning Visits 2:00 Afternoon Movie	27 9:30 Fitness Class 11:00 Music Therapy 1:30 Rock Band 2:00 Crafty Creations "Reindeer" 6:30 Bible Study	28 9:30 Fitness Class 10:30 Zumba in Chapel 2:00 Roman Catholic Mass 2:00 Ice Cream Sundae Social 6:00 Mocktails & Trivia	29 10:00 Chapel Service 2:00 Resident Council 2:00 Circle of Friends	30 9:30 Fitness Class Ceramics 11:00 Harmony Group with Joe 2:00 You Be the Judge 6:30 Hot Chocolate & Chats		