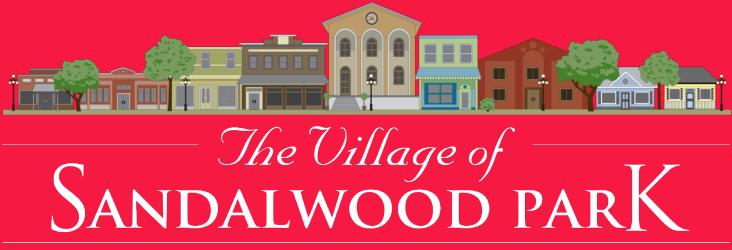




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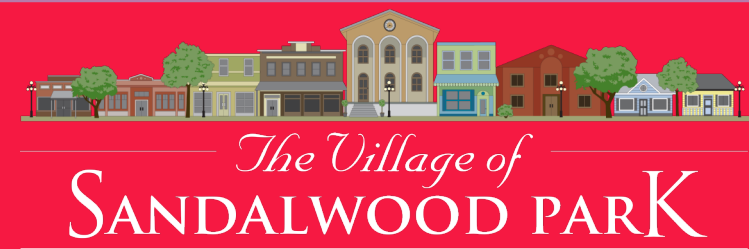


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 8:30 Breakfast 10:00 Express Yourself 12:00 Lunch 2:15 Trivia 4:00 Horse Racing 4:30 You & I 5:00 Dinner	2 8:30 Breakfast 9:30 Music with Daivia 10:00 You & me 12:00 Lunch 1:30 Arm Chair Travel 2:15You & I 3:30 Scrabble club 5:00 Dinner 6:30 Bingo	3 8:30 Breakfast 10:00 Gentle Fitness 10:30 Word Wheel 12:00 Lunch 2:30 Balloon Toss 3:30 You & I 5:00 Dinner 6:30 Word Games	4 8:30 Breakfast 10:00 Church Service 11:00 On the move 12:00 Lunch 2:30 Musical Moments 3:30 Crafts 5:00 Dinner
5 8:30 Breakfast 10:30 Word game 11:00 Virtual mass 12:00 Lunch 2:30 Musical Moments 5:00 Dinner	6 8:30 Breakfast 10:00 Gentle Fitness 12:00 Lunch 2:15 Mini Manicures 3:30 You & Me 5:00 Dinner 6:30 Bowling	7 8:30 Breakfast 10:00 Friendly Visits 10:30 Garden Club—Cheese Making 11:00 Balloon Tenns 12:00 Lunch 2:00 Walk & Talk 3:30 You & Me 4:30 Coloring Together 5:00 Dinner	8 8:30 Breakfast 10:00 Word Games 12:00 Lunch 2:15 Soothing Sensations 3:00 You & I 4:00 Bowling 5:00 Dinner 6:00 Brains & Banter	9 8:30 Breakfast 9:30 Music with Daivia 12:00 Lunch 2:15 In the Kitchen 3:30 Coloring Together 4:00 You & I 5:00 Dinner 6:30 Bingo	10 8:30 Breakfast 10:00 Gentle Fitness 12:00 Lunch 2:30 IN2L Fun 4:00 You & I 5:00 Dinner	11 Remembrance Day 8:30 Breakfast 10:30 Remembrance Day Service 12:00 Lunch 2:30 Bingo 4:00 Music Appreciation 5:00 Dinner



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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
12 Happy Diwali 8:30 Breakfast 10:00 Virtual Mass 11:00 Word Games 12:00 Lunch 2:00 Happy Hour 5:00 Dinner	13 8:30 Breakfast 10:00 Gentle Fitness 12:00 Lunch 1:30 Art with Glyniss 3:30 You & I 5:00 Dinner 6:00 Bingo	14 8:30 Breakfast 10:00 Friendly Visits 10:30 For the fun of fit 12:00 Lunch 2:00 Diwali Celebration—MS 3:00 Bean bag toss 4:00 Walk & Talk 5:00 Dinner	15 8:30 Breakfast 10:00 Coloring Together 10:30 Residents council 11:00 Reading Together 12:00 Lunch 2:15 In the kitchen 3:30 Ball Toss 5:00 Dinner	16 8:30 Breakfast 9:30 Music with Daivia 10:00 Circle Of Friends 12:00 Lunch 1:30 soothing sensations 2:15 Crafts corner 4:00 You & I 5:00 Dinner	17 8:30 Breakfast 10:00 Gentle Fitness 11:00 Aqua Painting 12:00 Lunch 2:30 You & Me 4:00 Ball Toss 5:00 Dinner 6:00 Word Games	18 8:30 Breakfast 10:00 Church Service 11:00 Express Yourself 12:00 Lunch 2:30 Musial Moments 3:30 You and Me 5:00 Dinner
19 8:30 Breakfast 10:00 Virtual Mass 11:00 Balloon tennis 12:00 Lunch 2:15 Circle of Friends 3:30 Musical Moments 5:00 Dinner	20 8:30 Breakfast 10:00 Gentle Fitness 11:00 Express Yourself 12:00 Lunch 2:15 Arm chair Travel—South Africa 4:00 You & Me 5:00 Dinner 6:30 Monday Manicures	21 8:30 Breakfast 9:00 Friendly Visits 10:30 Garden Club—Spice up your Life 11:00 Brains & Banter 12:00 Lunch 2:15 Java music 4:00 You & Me 5:00 Dinner	22 8:30 Breakfast 10:00 Drum fit 12:00 Lunch 2:15 Ball Toss 3:00 Soothing sensations 4:00 You & Me 5:00 Dinner 6:00 Brains & Banter	23 8:30 Breakfast 9:30 Music with Daivia 10:00 You & Me 12:00 Lunch 1:30 sing along 3:30 Reading Together 5:00 Dinner 6:30 Word Games	24 8:30 Breakfast 10:00 Gentle Fitness 10:30 Food Committee 11:00 In the Kitchen 12:00 Lunch 2:30 You & Me 4:00 Balloon Tennis 5:00 Dinner	25 8:30 Breakfast 10:30 Church Service 11:00 Music Appreciation 12:00 Lunch 2:30 Bingo 3:30 You & Me 5:00 Dinner
26 8:30 Breakfast 10:00 Virtual Mass 11:00 In2L Fun 12:00 Lunch 2:30 Happy Hour 4:00 You & I 5:00 Dinner	27 8:30 Breakfast 10:00 Gentle Fitness 11:00 Soothing sensations 12:00 Lunch 1:30 Art with Glyniss 2:15 You & Me 4:00 Mini Bowling 5:00 Dinner 6:30 Bingo	28 8:30 Breakfast 10:15 Coloring Together 11:00 Horse Racing 12:00 Lunch 2:15 Mini Manicures 4:00 You & Me 5:00 Dinner	29 8:30 Breakfast 10:00 Word wheel 12:00 Lunch 2:00 Birthday Party with David—C,OA 4:00 You & Me 5:00 Dinner	30 Mini Christmas Market 11:00am—7:30pm 8:30 Breakfast 9:30 Music with Daivia 10:00 You & Me 12:00 Lunch 5:00 Dinner	