

# NOVEMBER 2023

## AMHERSTBURG

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

\*\* Please note calendars are subject to change based on the needs of the neighbourhood



1D Calendar Distribution  
PAL Fitness  
Pancake Breakfast in C.C.  
2:30 Zumba on Olcastle  
6:30 Pentecostal Service

2  
Morning Stretches  
10:30 Bible Study  
Fact or Fiction  
Bowling  
Fall Craft

3  
Morning Mail  
Morning Stretches  
Choir  
Golfing  
Short Stories

4D  
Poppy Craft  
Decorating  
Short Stories  
Ping Pong Game

5D  
REC BREAKFAST  
Virtual Church  
Hymn Sing  
Baking  
Sentimental Moments

6  
PAL Fitness  
Monday Manicures  
1:30 Laughter Yoga  
Java Music Club  
Golfing

7  
Morning Stretches  
Piano Time  
11:00 Church with Bishop  
1:30 The Gathering  
in2L—Where in the World

8D **HAPPY B'DAY MURIEL!**  
**Birthday Makeover**  
PAL Fitness  
Bible Story on the Burg  
Bean Bag Toss  
2:30 Zumba on Oldcastle  
Sing a Long

9D  
Morning Stretches  
10:30 Bible Study  
10:30 Entertainment Dave  
Word Games

10  
Morning Mail  
Morning Stretches  
Afternoon Crafting  
Bowling  
Poetry Talk—Flanders Field

11 **REMEMBRANCE DAY**  
11:00 The Last Post  
Moment of Silence  
Neighbourhood Time



12  
Virtual Church  
Hymn Sing  
Neighbourhood Time

13D  
PAL Fitness  
Monday Manicures  
Java Music Club  
Baking  
Craft Corner  
Balloon Volleyball

14  
Morning Stretches  
Piano Time  
11:00 Church with Bishop  
1:30 The Gathering  
2:30 Seamus (CH)  
Bean Bag Toss

15D  
PAL Fitness  
in2L—Where in the World  
Crafty Corner  
Piano Time  
Bowling

16  
Morning Stretches  
10:30 Bible Study  
Balloon Volleyball  
Word Games  
Movie Night

17  
Morning Mail  
Morning Stretches  
Choir  
Afternoon Crafting  
Short Stories

18D  
Sing a Long  
Ping Pong Game  
Finish the Phrase

19D **HAPPY B'DAY ETHEL!**  
**Birthday Makeover**

20  
PAL Fitness  
Monday Manicures  
Golfing  
Java Music Club  
Afternoon Crafting

21  
Morning Stretches  
Piano Time  
11:00 Church with Bishop  
1:30 Gathering  
Bowling

22 D **HAPPY B'DAY AUDREY!**  
**(MAKEOVER)**  
PAL Fitness  
Rec to Pick Up Christmas!  
1:00 Harp with Mary  
Balloon Volleyball

23D  
Morning Stretches  
10:30 Bible Study  
10:30 Entertainment Mark  
Christmas Garland Making  
Piano Time

24 **HAPPY B'DAY VERA!**  
**Birthday Makeover**

Morning Mail  
Morning Stretches  
Craft Time  
Tea Time

25  
Neighbourhood Time

26  
Virtual Church  
Hymn Sing  
Neighbourhood Time

27D  
PAL Fitness  
Monday Manicures  
Java Music Club  
Bob Ross Moments  
Sentimental Moments

28  
Morning Stretches  
11:00 Church with Bishop  
1:30 The Gathering  
2:00 Germaine

29D  
PAL Fitness  
1:30 Tree Decorating Party  
Hot Chocolate Social  
Christmas Sing a Long

30  
Morning Stretches  
10:30 Bible Study  
SnowBall Toss  
Piano Time

