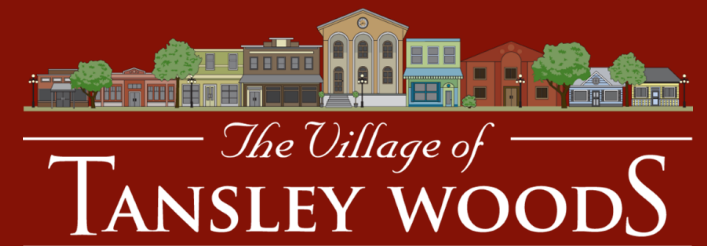




# NOVEMBER 2023

## BRONTE NEIGHBOURHOOD



### Sunday

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

### Saturday

<p><u>Residents Bill Of Rights</u></p> <p><b>23. Every Resident Has The Right To Pursue Social, Cultural, Religious, Spiritual Or Other Interests, To Develop His Or Her Potential And To Given Reasonable Assistance By The Licensee To Pursue These Interests And To Develop Their Potential</b></p>			<p><b>1</b></p> <p><b>8:15 Breakfast</b></p> <p><b>12:00 Lunch</b></p> <p>1:30 Calendar Drop-off</p> <p>2:30 Laughter Yoga—TH</p> <p>3:00 Total Body Fitness—Lounge</p> <p>4:00 Brains and Banter</p> <p><b>5:00 Dinner</b></p> <p>6:00 Bazaar Crafts</p>	<p><b>2</b></p> <p><b>8:15 Breakfast</b></p> <p>10:00 Horticulture Therapy</p> <p>10:15 Basketball and Ball toss—FC</p> <p>11:00 You and Me</p> <p><b>12:00 Lunch</b></p> <p>1:30 Music Therapy</p> <p>2:30 For the Fun of Fit</p> <p>3:00 Devotions</p> <p><b>3:00 Yoga Class--FC</b></p>	<p><b>3</b></p> <p><b>8:15 Breakfast</b></p> <p>9:30 Daily Perks</p> <p>10:00 Soothing Sensations</p> <p>11:00 For the Fun of Fit</p> <p><b>12:00 Lunch</b></p> <p>2:00 Drum Fit—Appleby Lounge</p> <p><b>3:00 Sing A Long Happy Hour—TH</b></p> <p><b>5:00 Dinner</b></p>	<p><b>4</b></p> <p><b>8:15 Breakfast</b></p> <p>9:30 Daily Perks</p> <p>10:00 For the Fun of Fit</p> <p>10:30 Tai Chi—FC</p> <p><b>12:00 Lunch</b></p> <p>2:00 Brains and Banter</p> <p><b>3:30 Brent M Performs—TH</b></p> <p>4:00 You and me</p> <p><b>5:00 Dinner</b></p>
<p><b>5</b></p> <p><u>Daylight Savings Time Ends</u></p> <p><b>8:15 Breakfast</b></p> <p>9:30 Daily Perks</p> <p>10:00 Bazaar Crafts—CC</p> <p><b>12:00 Lunch</b></p> <p><b>2:00 Church Service—TH</b></p> <p><b>3:15 Basketball &amp; Ball Toss—FC</b></p> <p>4:00 Afternoon Movie Matinee</p> <p><b>5:00 Dinner</b></p>	<p><b>6</b></p> <p><b>8:15 Breakfast</b></p> <p>10:00 Tea Social</p> <p>11:00 For the Fun of Fit</p> <p><b>12:00 Lunch</b></p> <p>2:00 In The Kitchen</p> <p>3:00 Stepping out</p> <p>4:00 For the Soul</p> <p><b>5:00 Dinner</b></p>	<p><b>7</b></p> <p><b>8:15 Breakfast</b></p> <p>9:30 Daily Perks</p> <p>10:00 Express yourself</p> <p>11:00 Musical Moments</p> <p><b>12:00 Lunch</b></p> <p>2:00 Group Fitness—FC</p> <p>2:30 Bible Study—L</p> <p>3:00 Laughter Yoga—TH</p> <p><b>5:00 Dinner</b></p>	<p><b>8</b></p> <p><b>8:15 Breakfast</b></p> <p>10:00 Art Therapy W/ Lindsay</p> <p><b>12:00 Lunch</b></p> <p><b>1:30 Outing—War Plane Museum</b></p> <p><b>2:00 Diwali Activity Drop-in</b></p> <p>3:00 Total Body Fitness—Lounge</p> <p>4:00 Express Yourself</p> <p><b>5:00 Dinner</b></p> <p><b>6:00 Diwali Fire cracker</b></p>	<p><b>9</b></p> <p><b>8:15 Breakfast</b></p> <p>9:00 Neighborhood Time—TM</p> <p>10:00 Horticulture Therapy</p> <p>11:00 You and Me</p> <p><b>12:00 Lunch</b></p> <p>1:30 Music Therapy</p> <p>3:00 Yoga Class--FC</p> <p>3:00 Devotions</p> <p><b>5:00 Dinner</b></p>	<p><b>10</b></p> <p><b>8:15 Breakfast</b></p> <p>9:30 Daily perks</p> <p><b>10:00 Soap making —MS</b></p> <p><b>12:00 Lunch</b></p> <p>2:00 Drum Fit—Appleby Lounge</p> <p><b>3:00 Ron Tansley Performs—TH</b></p> <p>4:00 Stepping out</p> <p><b>5:00 Dinner</b></p>	<p><b>11</b></p> <p><u>Remembrance Day</u></p> <p><b>8:15 Breakfast</b></p> <p>9:30 Daily Perk</p> <p><b>10:30 Remembrance day Ceremony—TS</b></p> <p><b>12:00 Lunch</b></p> <p><b>1:30 Remembrance day displays — TH</b></p> <p>3:00 Musical Moments</p> <p><b>5:00 Dinner</b></p>
<p><b>12</b></p> <p><b>8:15 Breakfast</b></p> <p>9:30 Fall Décor Take-down</p> <p>10:30 Soothing Sensations</p> <p><b>12:00 Lunch</b></p> <p><b>2:00 Church Service—TH</b></p> <p>3:00 Who Am I</p> <p>4:00 Short Stories</p> <p><b>5:00 Dinner</b></p>	<p><b>13</b></p> <p><b>8:15 Breakfast</b></p> <p><b>9-11:30 Christmas Decorating</b></p> <p><b>12:00 Lunch</b></p> <p><b>1:30-4:30 Christmas Decorating</b></p> <p><b>5:00 Dinner</b></p>	<p><b>14</b></p> <p><b>8:15 Breakfast</b></p> <p>9:30 Christmas Decorating</p> <p>10:30 Art Therapy</p> <p><b>12:00 Lunch</b></p> <p>2:00 Group Fitness—FC</p> <p>2:30 Bible Study—L</p> <p>3:00 Pickle Social—CC</p> <p><b>5:00 Dinner</b></p>	<p><b>15</b></p> <p><b>8:15 Breakfast</b></p> <p><b>12:00 Lunch</b></p> <p>1:30 Daily perks</p> <p>3:00 Total Body Fitness—Lounge</p> <p>4:00 Musical Moments</p> <p><b>5:00 Dinner</b></p> <p>6:00 Movie Night</p>	<p><b>16</b></p> <p><b>8:15 Breakfast</b></p> <p>9:30 Daily Perks</p> <p>10:00 Horticulture Therapy</p> <p>10:15 Basketball and Ball toss—FC</p> <p>11:00 You and Me</p> <p><b>12:00 Lunch</b></p> <p>1:30 Music Therapy</p> <p><b>3:00 Blue Eyed Bill Performs—MS</b></p> <p>3:00 Hymn Sing</p> <p><b>5:00 Dinner</b></p>	<p><b>17</b></p> <p><b>8:15 Breakfast</b></p> <p>9:30 Daily perks</p> <p>10:00 Java Music Club</p> <p>11:00 Line Dancing W/ Lindsay—FC</p> <p><b>12:00 Lunch</b></p> <p>2:00 Drum Fit —Appleby Lounge</p> <p>3:00 Brains and Banter</p> <p>4:00 Afternoon Movie Matinee</p> <p><b>5:00 Dinner</b></p>	<p><b>18</b></p> <p><u>Tansley Christmas Bazaar Day</u></p> <p><b>8:15 Breakfast</b></p> <p><b>10-3 Christmas Bazaar</b></p> <p><b>12:00 Lunch</b></p> <p><b>5:00 Dinner</b></p>
<p><b>19</b></p> <p><b>8:15 Breakfast</b></p> <p>9:30 Daily Perks</p> <p>10:00 Musical Moments</p> <p>11:00 You and Me</p> <p><b>12:00 Lunch</b></p> <p><b>2:00 Church Service—TH</b></p> <p>3:00 Circle of Friends</p> <p>4:00 Afternoon Movie</p> <p><b>5:00 Dinner</b></p>	<p><b>20</b></p> <p><b>8:15 Breakfast</b></p> <p>10:00 For the Fun of Fit</p> <p>11:00 Express yourself</p> <p><b>12:00 Lunch</b></p> <p>2:00 Musical Moments</p> <p>4:00 Brains and Banter</p> <p><b>5:00 Dinner</b></p>	<p><b>21</b></p> <p><b>8:15 Breakfast</b></p> <p>9:30 Brains and Banter</p> <p>10:30 Art Therapy</p> <p><b>12:00 Diner's Club</b></p> <p>2:00 Group Fitness—FC</p> <p>2:30 Bible Study—L</p> <p>3:00 Musical Moments</p> <p><b>5:00 Dinner</b></p>	<p><b>22</b></p> <p><b>8:15 Breakfast</b></p> <p><b>12:00 Lunch</b></p> <p><b>1:30 Outing—Demetres</b></p> <p>2:00 Express Yourself</p> <p>3:00 Total Body Fitness—Lounge</p> <p><b>3:00 Geri Defoe Performs—TH</b></p> <p>4:00 You and Me</p> <p><b>5:00 Dinner</b></p> <p>6:00 Table Games</p>	<p><b>23</b></p> <p><b>8:15 Breakfast</b></p> <p>9:30 Daily Perks</p> <p>10:00 Horticulture Therapy</p> <p>10:15 Basketball and Ball toss—FC</p> <p><b>12:00 Lunch</b></p> <p>1:30 Music Therapy</p> <p>2:30 Tea Social—Appleby Lounge</p> <p>3:00 Devotions</p> <p>3:30 For the Fun of Fit</p> <p><b>5:00 Dinner</b></p>	<p><b>24</b></p> <p><b>8:15 Breakfast Club—CC</b></p> <p>9:30 Daily Perks</p> <p>10:00 Fascinator Creating—CC</p> <p>11:00 Line Dancing—FC</p> <p><b>12:00 Lunch</b></p> <p>2:00 Drum Fit—Appleby Lounge</p> <p><b>3:00 Bingo Happy Hour—TH</b></p> <p><b>5:00 Dinner</b></p>	<p><b>25</b></p> <p><b>8:15 Breakfast</b></p> <p>9:30 Daily Perk</p> <p>10:00 In the Kitchen—Baking Pizza</p> <p><b>12:00 Lunch</b></p> <p>2:00 Greenhouse Visits</p> <p>3:00 Musical Moments</p> <p><b>5:00 Dinner</b></p>
<p><b>26</b></p> <p><b>8:15 Breakfast</b></p> <p>9:30 Daily Perk</p> <p>10:00 Soothing Sensations</p> <p><b>12:00 Lunch</b></p> <p><b>2:00 Church Service—TH</b></p> <p>3:00 Who Am I</p> <p>4:00 Short Stories</p> <p><b>5:00 Dinner</b></p>	<p><b>27</b></p> <p><b>8:15 Breakfast</b></p> <p>10:00 Tea Social</p> <p>11:00 You and Me</p> <p><b>12:00 Lunch</b></p> <p>2:00 Baking</p> <p>3:00 Stepping Out</p> <p>4:00 For the Soul</p> <p><b>5:00 Dinner</b></p>	<p><b>28</b></p> <p><b>8:15 Breakfast</b></p> <p>10:30 Art Therapy</p> <p><b>12:00 Lunch</b></p> <p>2:00 Group Fitness—FC</p> <p>2:30 Bible Study—L</p> <p>3:00 High Tea Social—TH</p> <p><b>5:00 Dinner</b></p>	<p><b>29</b></p> <p><b>8:15 Breakfast</b></p> <p><b>12:00 Lunch</b></p> <p><b>1:30 Outing—Mall</b></p> <p>2:00 In the Kitchen</p> <p>3:00 Total Body Fitness—Lounge</p> <p>4:00 For the Soul</p> <p><b>5:00 Dinner</b></p> <p>6:00 Board Games</p>	<p><b>30</b></p> <p><b>8:15 Breakfast</b></p> <p>9:30 Daily Perks</p> <p>10:00 Horticulture Therapy</p> <p>10:15 Basketball and Ball toss—FC</p> <p><b>12:00 Lunch</b></p> <p>2:30 In the kitchen—Appleby</p> <p>3:00 Devotions</p> <p><b>5:00 Dinner</b></p>		