



DECEMBER 2023

Brule Neighborhood



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 10:00 Java Music 11:00 PAL Exercise 2:30 Soothing Sensations 4:00 You & Me	2 10:00 For the Fun of Fit “Exercise & Meditation” 11:00 Brains & Banter Xmas Trivia 2:30 Soothing Sensations
3 10:00 For the Soul 10:30 Express Yourself “Mini Xmas Trees” 2:30 Musical Moments 3:30 Circle of Friends	4 10:00 Christmas Wreath Decorating 2:30 In the Kitchen “Sugar Cookies” 3:30 Soothing Sensations	5 2:30 Musical Moments: “Xmas Carols” 5:00 Christmas Dinner 5:30 Entertainment: Tim Godfrey	6 10:00 Horticulture Therapy 11:00 PAL Exercise 11:15 Music Therapy 2:30 Musical Moments 3:30 Soothing Sensations	7 Hanukkah Begins 2:30 For the Fun of Fit 3:30 You & Me 4:00 Brains & Banter 6:30 It’s Never Too Late	8 10:00 Italian Club 11:00 PAL Exercise 2:30 Express Yourself 3:30 Musical Moments	9 10:30 For the Fun of Fit “Morning Stretches” 11:00 Brains & Banter 1:30 Musical Moments
10 10:00 Spiritual Music 10:15 In the Kitchen “Rugelach” 1:30 Musical Moments “Sing Along with Suzie”	10:00 Fun For The Fit 11:00 Spiritual Service 2:30 It’s Never Too Late 3:30 Circle of Friends	12 9:30 Feel & Fold 10:00 Christmas Movie 12:00 Lunch Assistance 2:30 Hanukkah Social 3:30 You & Me	13 10:00 Horticulture Therapy 10:00 You & Me 11:00 PAL Exercise 2:30 For the Fun of Fit 3:30 Circle of Friends	14 Centennial Park Greenhouse Trip - 10am 2:30 In the Kitchen “Lemon Cupcakes” 3:30 Brains & Banter 6:30 Hot Chocolate Social	15 Ugly Christmas Sweater National Lemon Cupcake Day 10:00 Musical Moments “Matching Lyrics” 2:30 Christmas Tea Social 4:00 You & Me	16 10:00 For the Fun of Fit “Exercise & Meditation” 11:00 Brains & Banter “Matching Patterns” 2:30 Soothing Sensations 3:30 You & Me
17 10:00 For The Fun of Fit “Ring Toss” 11:00 Stepping Out 2:30 Musical Moments 3:30 You & Me	18 9:30 In the Kitchen “Christmas Buns” 10:00 Circle of Friends 2:30 For the Fun of Fit 3:30 Soothing Sensations	19 9:30 Christmas Movie 2:00 Christmas Caroling 3:00 Express Yourself “Snow Globes”	20 10:00 Horticulture Therapy 11:15 Music Therapy 2:30 Express Yourself “Christmas Painting” 4:00 You & Me	21 First Day of Winter 2:30 For the Fun of Fit 3:00 Resident Council 3:30 Soothing Sensations 6:30 Circle of Friends	22 10:00 Java Music 11:00 Express Yourself “Writing Xmas Cards” 2:30 Brains & Banter 3:30 You & Me	23 10:15 Stepping Out 1:30 Gingerbread House Decorating
24 Christmas Eve National Eggnog Day 10:00 Christmas Hymns 11:00 Brains & Banter “Christmas Traditions” 1:30 Sugar Cookies & Eggnog Social	25 Christmas Day 11:00 Spiritual Service 1:30 Musical Moments “Christmas Carols” 2:30 Entertainment: Ori Dagan 6:30 Christmas Movie	26 Boxing Day & Kwanzaa 10:00 Hot Chocolate Social 11:00 For the Fun of Fit 2:30 Boxing Day Social 3:30 Musical Moments	27 Nelly’s Comfort Shoes 11-4pm 10:00 Horticulture Therapy 10:30 You & Me 2:00 For the Fun of Fit 3:00 Brains & Banter	28 2:00 In the Kitchen 3:30 It’s Never Too Late 6:30 Circle of Friends Apple Cider & Cheese & Crackers	29 10:00 Java Music Club 11:00 For the Fun of Fit “Balloon Racquetball” 2:00 Kwanzaa Social 3:00 Soothing Sensations	30 10:00 For the Soul 11:00 Express Yourself “New Year Hats” 2:30 Express Yourself 4:00 You & Me
31 New Year’s Eve 12:00 New Year’s Brunch 2:20 Express Yourself 6:45 Entertainment: Vili V						