



DECEMBER 2023

Lambton Neighborhood



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 10:00 Outing: One of the Kind Show 12:00 Meal Assistance 02:30 Christmas Crafts 04:00 Stepping Out	2 09:15 Hymn Sing 10:30 Christmas crafts 12:00 Meal Assistance 02:30 Stepping Out 04:00 You and Me
3 09:30 For the fun fit 10:30 Brains and Banter 12:00 Meal Assistance 02:30 Soothing Sensation 04:00 Stepping Out	4 09:00 Hymn sing 10:00 Christmas Wreath Decorating 12:00 Meal Assistance 01:30 Express yourself	5 09:30 For the fun fit 11:00 Horticultural Therapy 12:00 Meal Assistance 02:30 Bowling 05:00 Christmas Dinner	6 10:30 Music Therapy 12:00 Meal Assistance 02:30 Soothing Sensation 04:00 You and Me 05:00 Dinner	7 Hanukkah Begins 09:30 Manicure 10:30 Balloon Badminton 12:00 Meal Assistance 02:30 Express Yourself 04:00 Menorah Lightening	8 09:30 Hymn Sing 10:00 Italian Club 12:00 Meal Assistance 02:30 Horse Racing 04:00 Dominos	16 10:00 Morning Meditation 11:00 Shoulder Massage 02:15 Word Search 03:30 Balloon Tennis 04:00 Movie Time
10 09:45 Musical moments 10:30 Aromatherapy Therapy 12:00 Meal assistance 02:30 Hot Chocolate Social 03:30 Circle of Friends	11 09:30 Musical Moments 10:30 Stepping out 12:00 Meal Assistance 02:30 In the Kitchen 03:30 Horse Racing	12 09:30 Manicure 11:00 Horticultural Therapy 12:00 Meal Assistance 02:30 Hanukkah Social 04:00 Hanukkah Game	13 12:00 Meal Assistance 02:30 Soothing Sensations 04:00 Ring Toss 05:00 Dinner 06:30 For the Fun of Fit	14 09:30 Outing: Centennial Park Greenhouse 12:00 Meal Assistance 02:30 Express Yourself 04:00 Soothing Sensations	15 Ugly Christmas Sweater 01:30 For the Fun of Fit 03:00 Entertainment: Lovesound 05:00 Meal Assistance 06:30 Express Yourself	16 09:30 Hymn Sing 10:30 Exercise group 12:00 Meal Assistance 02:30 Movie Time 04:00 Puzzles
17 09:30 For the fun fit 10:30 Circle of friends 12:00 Meal Assistance 02;30 Soothing Sensation 04:00 Hand Massage	18 10:00 Hymn Sing 11:00 Morning Trivia 02:15 Table Bowling 03:30 Circle of Friends 04:00 It's Never too late	19 09:30 Java Memory 11:00 Horticultural Therapy 12:00 Meal Assistance 02:00 Christmas Caroling 04:00 You and Me	20 10:30 Music Therapy 12:00 Meal Assistance 02:30 Baking 04:00 You and Me 05:00 Dinner	21 First Day of Winter 09:30 Snowman Craft 10:30 Spa Day 12:00 Meal Assistance 03:00 Resident Council 04:00 You and Me	22 09:30 Bowling 10:30 Horse Racing 12:00 Meal Assistance 02:30 Bean Bag Toss 04:00 Dominos	23 i 09:30 For the Fun of Fit 11:00 Express Yourself 02:30 Gingerbread house 03:00 Circle of friends 04:00 ladder toss
24 Christmas Eve 09:30 Musical Moments 10:30 Social 12:00 Meal Assistance 02:30 Balloon Badminton 04:00 You and Me	25 Christmas Day 09:30 Christmas Quiz 10:30 Christmas Bingo 03:30 Entertainment: Suzi & the Big Band of Two on Lambton 04:00 You and Me	26 09:30 For the Fun of Fit 11:00 Horticultural Therapy 12:00 Meal Assistance 02:30 Musical Moments 04:00 Stepping out	27 11am-4pm Shoe Vendor Nelly's Comfort Shoes 03:30 In the Kitchen 05:00 Dinner 06:30 Soothing Sensation	28 09:30 Music Therapy 10:00 Outing: Shoppers Drug Mart 12:00 Meal Assistance 02:30 Brains and Banter	29 10:00 Hymn Sing 11:00 Morning Trivia 02:15 Table Bowling 03:30 Circle of Friends 04:00 It's Never too late	30 09:30 Hymn Sing 10:30 Circle of Friends 12:00 Meal Assistance 02:30 Movie Night 04:00 You and Me
31 New Years Eve 12:00 Meal Assistance 02:00 Social 03:00 New Years Resolution 06:45 Entertainment: Vili V						