



# DECEMBER 2023

## Sandhills Neighbourhood



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 <b>New Year's Eve</b> 8:30 Breakfast 10:00 TV Church 11:00 You & Me 12:00 Lunch <b>2:00 New Year's Eve Celebration</b> 5:00 Dinner					1 8:30 Breakfast 10:00 Church 11:00 Total Body Fitness 12:00 Lunch 2:15 Men's Meeting 4:00 Stepping Out 5:00 Dinner	2 8:30 Breakfast 10:00 Brains and Banter 12:00 Lunch 2:00 Board Games 5:00 Dinner
3 8:30 Breakfast 10:00 TV Church 11:00 You & Me 12:00 Lunch 2:00 Stepping Out 5:00 Dinner	4 8:30 Breakfast 10:00 News & Views 12:00 Lunch 2:00 Mobile Cart 3:00 For the Spirit 5:00 Dinner <b>6:15 Tom Denomme</b>	5 <b>Christmas Sweater/Scrubs Timbit Day</b> 8:30 Breakfast 9:45 Express Yourself 11:15 Music Therapy 12:00 Lunch 1:45 Baking Cookies 3:00 Total Body Fitness 5:00 Dinner	6 8:30 Breakfast 10:30 Zumba (Haysville) 11:30 You and Me 12:00 Lunch 2:00 Bingo 3:45 Brains & Banter 5:00 Dinner	7 8:30 Breakfast 10:00 Active Games 12:00 Lunch 1:30-4:00 Nail Care 2:00 Bible Study with Pastor Royal <b>5:00 Christmas Dinner Music By-Dynamic Duo</b>	8 8:30 Breakfast 10:00 Church 11:00 Total Body Fitness 12:00 Lunch 2:15 Hot Chocolate Social 4:00 Stepping Out 5:00 Dinner	9 8:30 Breakfast 10:00 Brains and Banter 12:00 Lunch 2:00 For the Fun of Fit 5:00 Dinner
10 8:30 Breakfast 10:00 TV Church 11:00 Stepping Out 12:00 Lunch 2:00 Salvation Army Choir 2:00 Travel Video 4:00 You & Me 5:00 Dinner	11 8:30 Breakfast 10:00 Name That Tune 12:00 Lunch 2:00 Active Games 3:00 For the Spirit 5:00 Dinner <b>6:00 Bingeman's Light Tour</b>	12 <b>Christmas Sweater/Scrubs</b> 8:30 Breakfast 9:45 Express Yourself 11:15 Music Therapy 12:00 Lunch 1:30 Baking Cookies 3:00 Total Body Fitness 5:00 Dinner	13 8:30 Breakfast 10:30 Zumba (Haysville) 11:30 You and Me 12:00 Lunch 1:30 Bingo <b>3:00 Jack Kalendarian</b> 5:00 Dinner	14 Christmas Dress Down 8:30 Breakfast 10:00 Active Games 12:00 Lunch 2:00 Bible Study with Pastor Royal 1:30—4:00 Nail Care 5:00 Dinner	15 <b>Crumbles Shortbread 10-2</b> 8:30 Breakfast 10:00 Church 10:30 RC Communion 11:00 Total Body Fitness 12:00 Lunch 2:30 Neighborhood Christmas Party 5:00 Dinner	16 8:30 Breakfast 10:00 Brains and Banter 12:00 Lunch 2:00 Board Games 5:00 Dinner
17 8:30 Breakfast 9:30 Christianity 101 11:00 You & Me 12:00 Lunch <b>2:00 Kitchener Gospel Hall</b> 5:00 Dinner	18 8:30 Breakfast 10:00 News & Views 12:00 Lunch 1:45 Food Committee Meeting (Kingsdale) 3:00 For the Spirit 3:00 Mobile Cart 5:00 Dinner	19 <b>Christmas Sweater/Scrubs</b> 8:30 Breakfast 9:45 Express Yourself 11:15 Music Therapy 12:00 Lunch 1:30 Baking 3:00 Total Body Fitness 5:00 Dinner	20 <b>Christmas Socks</b> 8:30 Breakfast <b>10:00 Chime choir concert (Kingsdale)</b> 12:00 Lunch 2:00 Bingo 3:45 Brains & Banter 5:00 Dinner	21 <b>Christmas Tie/Scarf</b> 8:30 Breakfast 10:00 Bible Study with Pastor Royal 11:15 Exercise 12:00 Lunch 1:30 You & Me <b>3:00 WP Retirement Choir</b> 5:00 Dinner	22 <b>Christmas Hat/Antlers</b> 8:30 Christmas Breakfast 10:00 Church 11:00 Total Body Fitness 12:00 Lunch 2:15 Egg Nog Social 5:00 Dinner	23 <b>Christmas PJ's</b> 8:30 Breakfast 10:00 Brains and Banter 12:00 Lunch 1:45 Christmas Movie & Treats 5:00 Dinner
24 <b>Christmas Eve Red and Green Day</b> 8:30 Breakfast 10:00 TV Church 11:00 Christmas Trivia 12:00 Lunch 2:00 Christmas Traditions 4:00 You & Me 5:00 Dinner	25 <b>Christmas Day</b> 8:30 Breakfast 10:00 Christmas Musical Bingo 12:00 Lunch 2:00 Christmas Social 5:00 Dinner	26 8:30 Breakfast 9:45 Express Yourself 11:15 Sing-a-long 12:00 Lunch 1:30 Baking 3:00 Total Body Fitness 5:00 Dinner	27 8:30 Breakfast 10:30 Zumba (Haysville) 12:00 Lunch 2:00 Bingo 3:45 Brains & Banter 5:00 Dinner	28 8:30 Breakfast 10:15 Resident Council 12:00 Lunch 1:30—4:00 Nail Care 2:00 Bible Study with Pastor Royal 5:00 Dinner	29 8:30 Breakfast 11:00 Total Body Fitness 12:00 Lunch 2:15 You & Me 4:00 Stepping Out 5:00 Dinner	30 8:30 Breakfast 10:00 Brains and Banter 12:00 Lunch 2:00 Board Games 5:00 Dinner
New Year's Eve above						