



DECEMBER 2023

Kingsdale Neighborhood



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

31 New Year's Eve 10:00 Spiritual Connection 11:00 New Year's Trivia 2:00 New Year's Eve Social 3:15 You & Me 5:00 Dinner					1 8:30 Breakfast 9:45 Exercise 11:00 Brains & Banter 12:00 Lunch 2:00 Cards 3:00 Church 5:00 Dinner	2 8:30 Breakfast 9:45 Baking Gingerbread 11:15 You and Me 12:00 Lunch 1:45 Christmas Decorating 3:30 Bouncing Snow Balls 5:00 Dinner
3 8:30 Breakfast 10:00 Spiritual Connection 11:00 Wrapping Parcels 12:00 Lunch 2:00 Cookie Decorating Social 3:30 You and Me 5:00 Dinner	4 8:30 Breakfast 10:00 Total Body Fitness 11:00 Mobile Cart 12:00 Lunch 2:00 Bingo 3:30 You and Me 5:00 Dinner	5 Christmas Sweater/Scrubs Timbit Day 8:30 Breakfast 9:30 Exercise 10:30 Pampering 12:00 Lunch 2:00 Express Yourself 3:30 Board Games 5:00 Dinner	6 8:30 Breakfast 9:45 Music Therapy 12:00 Lunch 1:45 Java music 3:00 Fun and Fitness 5:00 Dinner 6:30 LRC Dice Game	7 8:30 Breakfast 10:00 For the Spirit 12:00 Lunch 2:00 Educational Chat 3:30 You and Me 5:00 Dinner 6:00 Bingeman's Lights Tour	8 8:30 Breakfast 9:45 Exercise 11:00 Brains & Banter 12:00 Lunch 2:00 Cards 3:00 Church 5:00 Dinner	9 8:30 Breakfast 10:00 Bingo 12:00 Lunch 1:45 Express Yourself 3:15 Christmas Craft 5:00 Dinner
10 8:30 Breakfast 10:00 Spiritual Connection 11:00 Christmas Traditions 12:00 Lunch 2:00 Salvation Army Group 3:30 You and Me 5:00 Dinner	11 8:30 Breakfast 10:00 Total Body Fitness 11:00 Mobile Cart 12:00 Lunch 2:30 Caribbean Christmas Steel Drum Band 3:30 You and Me 5:00 Dinner	12 Christmas Sweater/Scrubs 8:30 Breakfast 9:30 Exercise 10:30 Pampering 12:00 Lunch 1:45 RIA Music Concert 3:30 Board Games 5:00 Dinner	13 8:30 Breakfast 9:45 Music Therapy 12:00 Lunch 1:30 Jack Kalen-Darian Entertains 3:00 Fun and Fitness 5:00 Dinner 6:30 Family Feud	14 Christmas Dress Down 8:30 Breakfast 10:00 For the Spirit 12:00 Lunch 2:00 Brain and Banter 3:30 YOU AND ME 5:00 Christmas Dinner Music By- Lynne and Rick	15 8:30 Breakfast 9:45 Exercise 11:00 Brains & Banter 12:00 Lunch 2:00 School Visit (Aberdeen) 3:00 Church 5:00 Dinner	16 8:30 Breakfast 9:45 Baking Shortbread 11:15 You and Me 12:00 Lunch 2:00 Christmas Sing-a-long 3:30 Snow Ball Toss 5:00 Dinner
17 8:30 Breakfast 10:00 Spiritual connection 11:00 Winter Penny Ante 12:00 Lunch 2:00 Kitchener Gospel Hall 3:15 You and Me 5:00 Dinner	18 8:30 Breakfast 10:00 Total Body Fitness 11:00 Mobile Cart 12:00 Lunch 1:45 Food Committee Meeting 2:30 Bingo 3:30 You and Me	19 Christmas Sweater/Scrubs 8:30 Breakfast 9:30 Exercise 10:30 Pampering 12:00 Lunch 2:00 Express Yourself 3:30 Board Games 5:00 Dinner	20 Christmas Socks 8:30 Breakfast 10:00 Christmas Concert 12:00 Lunch 1:45 Java music 3:00 Fun and Fitness 5:00 Dinner	21 Christmas Tie/Scarf 8:30 Breakfast 10:00 For the Spirit 12:00 Lunch 1:30 Express Yourself 3:00 WP Choir Retirement 5:00 Dinner 6:00 Hand Massages	22 Christmas Hat/Antlers 8:30 Christmas Breakfast 9:45 Exercise 11:00 Brains & Banter 12:00 Lunch 2:00 Cards 3:00 Church 5:00 Dinner	23 Christmas PJ's 8:30 Breakfast 10:00 Bingo 12:00 Lunch 1:30 Christmas Movie 2:00 You & Me Time 5:00 Dinner
24 Christmas Eve Red & Green day 8:30 Breakfast 10:00 Spiritual Connection 11:00 Twas the Night Before Christmas Stories 12:00 Lunch 1:30 Apostolic Hymn Sing 3:00 Holiday Trivia 5:00 Dinner	25 Christmas Day 8:30 Breakfast 9:45 Christmas Gifts 12:00 Lunch 2:00 Christmas Social 5:00 Dinner	26 Boxing Day 8:30 Breakfast 9:30 Exercise 10:30 Pampering 12:00 Lunch 2:00 Express Yourself 3:30 Board Games 5:00 Dinner	27 8:30 Breakfast 10:30 Christmas Music Bingo 12:00 Lunch 1:45 Java music 3:00 Fun and Fitness 5:00 Dinner	28 8:30 Breakfast 9:30 For the Spirit 10:15 Resident Council 12:00 Lunch 1:00 Nutcracker Outing 2:00 Express Yourself 3:30 Brain and Banter 5:00 Dinner 6:00 Hand Massage	29 8:30 Breakfast 9:45 Exercise 11:00 Brains & Banter 12:00 Lunch 2:00 Cards 5:00 Dinner	30 8:30 Breakfast 9:45 Baking Cherry & Mincemeat Tarts 11:15 You and Me 12:00 Lunch 2:00 Who wants to be a Millionaire 3:30 Bouncing Snow Balls 5:00 Dinner
New Year's Eve above						