



November 2023

Egerton Neighbourhood



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>Please refer to the "Today's Activity Board" for any program time changes, location changes, or cancellations.</p>		<p>1 8:00 Breakfast 10-3 Sign-Up Day-H 10:30 Musical Moments 12:00 Lunch 1:00 LifeMark: General Exercise 1:30 Gratitude Circle 3:00 Sing-a-long with Janet-CH 3:45 Family Feud 5:00 Dinner</p>	<p>2 8:00 Breakfast 10:30 Morning Movements 12:00 Lunch 1:30 Tim Horton's Outing -Sign Up 3:45 Bingo 5:00 Dinner</p>	<p>3 8:00 Breakfast 10:30 Arm Chair Travel 12:00 Lunch 1:30 Bocce Ball 3:00 Happy Hour—SC 5:00 Dinner</p>	<p>4 8:00 Breakfast 10:30 Bowling 12:00 Lunch 2:00 Entertainment w/ Ronnie Russell 3:45 Bingo 5:00 Dinner</p>
<p>5 Turn Clocks Back 1 Hour 8:00 Breakfast 10:00 Church with Ankit—TH 10:30 Specialty Tea and Coffee-Balcony 12:00 Lunch 1:15 Friendly Visits 2:30 Church with Janet—TH 3:15 Fellowship—CC 5:00 Dinner</p>	<p>6 8:00 Breakfast 10:15 Nail Painting with Maddy 10:30 For the Soul With Janet 12:00 Lunch 1:30 Name 10 If You Can 3:15 LifeMark: General Exercise 3:45 Sing-a-long 5:00 Dinner</p>	<p>7 8:00 Breakfast 10:30 RC Communion-CH 11:00 For the Fun of Fit with Moses 12:00 Lunch 1:30 Stepping Out 3:00 Happy Hour—SC 4:15 Short Stories 5:00 Dinner</p>	<p>8 8:00 Breakfast 10:15 You and I Visits 10:30 Music Therapy With Jen 12:00 Lunch 1:00 LifeMark: General Exercise 1:30 Circle of Friends: Share Your Passion 3:15 Movie and Popcorn 5:00 Dinner</p>	<p>9 8:00 Breakfast 9:15 Breakfast Club: Bacon & Eggs-Sign Up-H 12:00 Lunch 2:00 In the Kitchen 3:45 Bingo 5:00 Dinner</p>	<p>10 Dress Like a Nerd Day 8:00 Breakfast 10:30 Arm Chair Travel 12:00 Lunch 1:30 Afternoon Exercises 1:30 St. Catharine of Sienna Church Tour & Prayer Service-Sign Up 3:00 Happy Hour—SC 5:00 Dinner</p>	<p>11 Remembrance Day 8:00 Breakfast 10:30 Remembrance Day Service-TS 12:00 Lunch 12:00 Veteran's Lunch in the Ruby -Invite Only 1:30 Board Game: Snakes and Ladders 2:30 Friendly Visits 3:45 Bingo 5:00 Dinner</p>
<p>12 8:00 Breakfast 10:00 Church with Ankit—TH 10:30 Specialty Tea and Coffee – Balcony 12:00 Lunch 1:15 Friendly Visits 2:30 Church with Janet—TH 3:15 Fellowship—CC 5:00 Dinner</p>	<p>13 8:00 Breakfast 10:15 Friendly Visits 10:30 For the Soul With Janet 12:00 Lunch 2:00 Country Drive-Sign Up 3:15 LifeMark: General Exercise 3:45 Sing-a-long 5:00 Dinner 5:30 Music of the Night-Sign Up-Ruby-\$</p>	<p>14 8:00 Breakfast 10:30 RC Communion-CH 10:30 Lettuce Talk Food-H 11:00 For the Fun of Fit with Moses 12:00 Lunch 1:30 Stepping Out 3:00 Happy Hour—SC 4:15 Short Stories 5:00 Dinner 6:30 Soothing Sensations</p>	<p>15 Christmas Decorating 8:00 Breakfast 10:30 Roman Catholic Mass-CH 12:00 Lunch 1:00 LifeMark: General Exercise 3:00 Sing-a-long with Janet-CH 5:00 Dinner</p>	<p>16 Christmas Decorating 8:00 Breakfast 12:00 Lunch 2:30 Residents' Council Meeting-TH 5:00 Dinner</p>	<p>17 8:00 Breakfast 10:30 Arm Chair Travel 12:00 Lunch 1:30 Balloon Badminton 3:00 Happy Hour—SC 5:00 Dinner</p>	<p>18 8:00 Breakfast 10:30 Bowling 12:00 Lunch 1:30 Game: Left, Right, Center 2:30 Friendly Visits 3:45 Bingo 5:00 Dinner</p>
<p>19 8:00 Breakfast 10:00 Church with Ankit—TH 10:30 Specialty Tea and Coffee – Balcony 12:00 Lunch 1:15 Friendly Visits 2:30 Church with Janet—TH 3:15 Fellowship—CC</p>	<p>20 8:00 Breakfast 10:15 Nail Painting with Maddy 10:30 For the Soul With Janet 12:00 Lunch 1:30 Trivia 3:15 LifeMark: General Exercise 3:45 Sing-a-long 5:00 Dinner</p>	<p>21 8:00 Breakfast 10:30 RC Communion-CH 11:00 For the Fun of Fit with Moses 12:00 Lunch 3:00 Happy Hour—SC 5:00 Dinner 4:15 Short Stories 6:30 You and I Visits</p>	<p>22 8:00 Breakfast 10:15 You and I Visits 10:30 Music Therapy With Jen 12:00 Lunch 1:00 LifeMark: General Exercise 1:30 Carnegie Art Gallery Outing -Sign Up 3:00 Sing-a-long with Janet-CH 5:00 Dinner 5:00 Diner's Club: Swiss Chalet-Sign Up-H-\$</p>	<p>23 8:00 Breakfast 10:30 Morning Movements 12:00 Lunch 2:00 In the Kitchen 3:45 Bingo 5:00 Dinner 7:15 The Harlequin Singers of Hamilton-TH</p>	<p>24 8:00 Breakfast 10:30 Arm Chair Travel 12:00 Lunch 1:30 Afternoon Exercises 3:00 Happy Hour—SC 5:00 Dinner</p>	<p>25 8:00 Breakfast 10-3 Santa's Village Christmas Sale-MS 12:00 Lunch 5:00 Dinner</p>
<p>26 8:00 Breakfast 10:00 Church with Ankit—TH 10:30 Specialty Tea and Coffee – Balcony 12:00 Lunch 1:15 Friendly Visits 2:30 Church with Janet—TH 3:15 Fellowship—CC 5:00 Dinner</p>	<p>27 8:00 Breakfast 10:15 Friendly Visits 10:30 For the Soul With Janet 12:00 Lunch 1:30 White Board Game 3:15 LifeMark: General Exercise 3:45 Sing-a-long 5:00 Dinner</p>	<p>28 8:00 Breakfast 10:30 RC Communion-CH 11:00 For the Fun of Fit with Moses 12:00 Lunch 1:30 Stepping Out 3:00 Happy Hour—SC 5:00 Dinner 4:15 Short Stories 6:30 Soothing Sensations</p>	<p>29 8:00 Breakfast 10:30 Musical Moments 12:00 Lunch 2:30 Magic & Comedy Show-TH 4:00 MadLibs: Word Game 5:00 Dinner</p>	<p>30 8:00 Breakfast 10:30 Morning Movements 12:00 Lunch 2:00 In the Kitchen 3:45 Bingo 5:00 Dinner</p>		<p>CH - Chapel LL - Basement H - Hobby Shop TH - Town Hall MS - Main Street TS - Town Square L - Library SH - School House SC - Social Club</p> <p>FC - Fitness Centre A - Art Studio C - Café CC - Community Center \$-Money is Required EM - Emma's PS - Pet Shop DK - Demo Kitchen BP - Back Patio * - Independent Program</p>