




Emma's Neighbourhood November 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Emma's Neighbourhood Recreation Calendar</p>	<p>November 2023</p>		<p>1 All Saints Day 8:00 Breakfast 9:15 Emma's Fitness 12:00 Lunch 1:00 Musical Moments 2:00-4:00 15 Year Anniversary Celebration- Main Street; 1st Floor 5:00 Dinner 6:00 Movie Night with Popcorn 6:30 Neighbourhood Time</p>	<p>2 Happy Birthday Nancy Antaya-Gauder! 8:00 Breakfast 10:00 Colouring to Music 11:00 Circle of Friends 12:00 Lunch 1:00 Movie Matinee 5:00 Dinner</p>	<p>3 8:00 Breakfast 9:15 Balloon Volleyball 11:00am BINGO! 12:00 Lunch 2:00 Bean Bag Shuffle Board 3:30 Hymn Sing 5:00 Dinner</p>	<p>4 8:00 Breakfast 10:15 Reading Together 11:00 Stepping Out 12:00 Lunch 2:00 Horse Racing 3:30 You & Me 5:00 Dinner</p>
			<p>5 Guy Fawkes Day Daylight Savings Fall Back! 8:00 Breakfast 12:00 Lunch 2:30 Express Yourself 3:30 You and Me 5:00 Dinner 6:00 Documentary 6:15 Soothing Sensations 6:45 Neighbourhood Time</p>	<p>6 8:00 Breakfast 9:15 Walking Club 11:00 Express Yourself 12:00 Lunch 2:15 Manicures 3:45 Brains & Banter 5:00 Dinner</p>	<p>7 8:00 Breakfast 9:15 Parachute Fitness 10:00 Morning Movie 12:00 Lunch 2:30 Java Music 3:30 Stepping Out 5:00 Dinner</p>	<p>8 8:00 Breakfast 9:15 Emma's Fitness 12:00 Lunch 1:30 Musical Moments 2:30 Neighbourhood Social 5:00 Dinner 6:00 Movie Night with Popcorn 6:30 Neighbourhood Time</p>



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12 Happy Diwali! 8:00 Breakfast 12:00 Lunch 2:30 For the Soul 3:30 You & Me 5:00 Dinner 6:00 Documentary 6:15 Soothing Sensations 6:45 Neighbourhood Time	13 World Kindness Day 8:00 Breakfast 9:15 Walking Club 10:30 Decorating for Christmas! 12:00 Lunch 2:15 Manicures 3:45 Brains & Banter 5:00 Dinner	14 8:00 Breakfast 9:15 Parachute Fitness 10:00 Decorating for Christmas! 12:00 Lunch 2:00 Java Music 3:30 Stepping Out 5:00 Dinner	15 8:00 Breakfast 9:15 Emma's Fitness 12:00 Lunch 1:30 Musical Moments 2:30 Neighbourhood Social 5:00 Dinner 6:00 Movie Night with Popcorn 6:30 Neighbourhood Time	16 8:00 Breakfast 12:00 Emma's & Egerton Ruby Lunch Outing (Sign-Up) \$ 12:00 Lunch 2:15 Fun for Fit 3:45 Circle of Friends 5:00 Dinner	17 Happy Birthday Hildegard Papist! 8:00 Breakfast 9:15 Balloon Volleyball 10:00 You & Me 11:00am BINGO! 12:00 Lunch 2:00 Bean Bag Shuffle Board 3:30 Hymn Sing 5:00 Dinner	18 8:00 Breakfast 10:00-2:00 Christmas Bazaar-First Floor Main Street 12:00 Lunch 2:30 Horse Racing 3:30 You & Me 5:00 Dinner
19 8:00 Breakfast 12:00 Lunch 2:30 For the Soul 3:30 You and Me 5:00 Dinner 6:00 Documentary 6:15 Soothing Sensations 6:45 Neighbourhood Time	20 8:00 Breakfast 9:15 Walking Club 11:00 Express Yourself 12:00 Lunch 2:15 Manicures 3:45 Brains & Banter 5:00 Dinner	21 8:00 Breakfast 9:15 Parachute Fitness 10:00 You & Me 11:00 For the Fun of Fit 12:00 Lunch 2:30 Java Music 3:30 Stepping Out 5:00 Dinner	22 8:00 Breakfast 9:15 Emma's Fitness 12:00 Lunch 1:30 Musical Moments 2:30 Neighbourhood Social 5:00 Dinner 6:00 Movie Night with Popcorn 6:30 Neighbourhood Time	23 8:00 Breakfast 10:00 Colouring to Music 11:00 Express Yourself 12:00 Lunch 2:15 Fun for Fit 3:45 Circle of Friends 5:00 Dinner	24 8:00 Breakfast 9:15 Balloon Volleyball 10:15 You and Me 11:00 BINGO! 12:00 Lunch 2:00 Bean Bag Toss 3:30 Hymn Sing 5:00 Dinner	25 8:00 Breakfast 10:00 Reading Together 11:00 Stepping Out 12:00 Lunch 2:30 In the Kitchen 3:30 You & Me 5:00 Dinner



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26 8:00 Breakfast 12:00 Lunch 2:30 Express Yourself 3:30 You & Me 5:00 Dinner 6:00 Documentary 6:15 Soothing Sensations 6:45 Neighbourhood Time	27 8:00 Breakfast 9:15 Walking Club 11:00 Circle of Friends 12:00 Lunch 2:15 Manicures 3:45 Brains & Banter 5:00 Dinner	28 8:00 Breakfast 9:15 Parachute Fitness 10:15 You & Me 11:00 For the Fun of Fit 12:00 Lunch 2:00 Java Music 3:30 Stepping Out 5:00 Dinner	29 8:00 Breakfast 12:00 Lunch 1:30 Musical Moments 3:00 Musical Entertainment with Laura Nashman on the Flute- First Floor; Town Hall 5:00 Dinner 6:00 Movie Night with Popcorn 6:30 Neighbourhood Time	30 December Calendar Delivery 8:00 Breakfast 9:15 Balloon Volleyball 10:00 December Calendar Delivery 12:00 Lunch 2:15 Fun for Fit 3:45 Circle of Friends 5:00 Dinner 7:00 Absolutely Choir- TH		