

Emma's Neighbourhood November 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Emma's Neighbourhood Recreation Calendar			All Saints Day 8:00 Breakfast 9:15 Emma's Fitness 12:00 Lunch 1:00 Musical Moments 2:00-4:00 15 Year Anniversary Celebration- Main Street; 1st Floor 5:00 Dinner 6:00 Movie Night with Popcorn 6:30 Neighbourhood Time	2 Happy Birthday Nancy Antaya- Gauder! 8:00 Breakfast 10:00 Colouring to Music 11:00 Circle of Friends 12:00 Lunch 1:00 Movie Matinee 5:00 Dinner	3 8:00 Breakfast 9:15 Balloon Volleyball 11:00am BINGO! 12:00 Lunch 2:00 Bean Bag Shuffle Board 3:30 Hymn Sing 5:00 Dinner	4 8:00 Breakfast 10:15 Reading Together 11:00 Stepping Out 12:00 Lunch 2:00 Horse Racing 3:30 You & Me 5:00 Dinner
Guy Fawkes Day Daylight Savings Fall Back! 8:00 Breakfast 12:00 Lunch 2:30 Express Yourself 3:30 You and Me 5:00 Dinner 6:00 Documentary 6:15 Soothing Sensations 6:45 Neighbourhood Time	6 8:00 Breakfast 9:15 Walking Club 11:00 Express Yourself 12:00 Lunch 2:15 Manicures 3:45 Brains & Banter 5:00 Dinner	7 8:00 Breakfast 9:15 Parachute Fitness 10:00 Morning Movie 12:00 Lunch 2:30 Java Music 3:30 Stepping Out 5:00 Dinner	8 8:00 Breakfast 9:15 Emma's Fitness 12:00 Lunch 1:30 Musical Moments 2:30 Neighbourhood Social 5:00 Dinner 6:00 Movie Night with Popcorn 6:30 Neighbourhood Time	9 8:00 Breakfast 10:00 Colouring to Music 11:00 Express Yourself 12:00 Lunch 2:15 Target Golf 3:45 Circle of Friends 5:00 Dinner	10 8:00 Breakfast 9:15 Balloon Volleyball 10:15 You and Me 11:00 BINGO! 12:00 Lunch 2:00 Bean Bag Toss 3:30 Hymn Sing 5:00 Dinner	11 Remembrance Day Lest we Forget 8:00 Breakfast 10:15 Remembrance Day Ceremony 12:00 Lunch 2:30 In the Kitchen 3:30 You & Me 5:00 Dinner



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12	13	14	15	16	17	18
Happy Diwali!	World Kindness	8:00 Breakfast	8:00 Breakfast	8:00 Breakfast	Happy Birthday	8:00 Breakfast
8:00 Breakfast	Day	9:15 Parachute	9:15 Emma's Fitness	12:00 Emma's &	Hildegard	10:00-2:00
12:00 Lunch	8:00 Breakfast	Fitness	12:00 Lunch	Egerton Ruby	Papist! 8:00 Breakfast	Christmas Bazaar-
2:30 For the Soul	9:15 Walking Club	10:00 Decorating	1:30 Musical	Lunch Outing	9:15 Balloon	First Floor Main
3:30 You & Me	10:30 Decorating	for Christmas!	Moments	(Sign-Up) \$	Volleyball	Street
5:00 Dinner	for Christmas!	12:00 Lunch	2:30 Neighbourhood	12:00 Lunch	10:00 You & Me	
6:00 Documentary	12:00 Lunch		Social	2:15 Fun for Fit	11:00am BINGO!	12:00 Lunch
6:15 Soothing	2:15 Manicures	2:00 Java Music	5:00 Dinner		12:00 Lunch	2:30 Horse Racing
Sensations	3:45 Brains &	3:30 Stepping Out	6:00 Movie Night with	3:45 Circle of		3:30 You & Me
6:45 Neighbourhood		5:00 Dinner	Popcorn	Friends	2:00 Bean Bag	5:00 Dinner
Time	Banter		6:30 Neighbourhood	5:00 Dinner	Shuffle Board	
	5:00 Dinner		Time		3:30 Hymn Sing	
19	20	21	22	23	5:00 Dinner	25
8:00 Breakfast	8:00 Breakfast	8:00 Breakfast	8:00 Breakfast	8:00 Breakfast	8:00 Breakfast	8:00 Breakfast
12:00 Lunch	9:15 Walking Club	9:15 Parachute	9:15 Emma's Fitness	10:00 Colouring to	9:15 Balloon	10:00 Reading
2:30 For the Soul		Fitness	12:00 Lunch	Music	Volleyball	
3:30 You and Me	11:00 Express		1:30 Musical Moments	11:00 Express	10:15 You and Me	Together
5:00 Dinner	Yourself	10:00 You & Me	2:30 Neighbourhood	•		11:00 Stepping Out
6:00 Documentary	12:00 Lunch	11:00 For the Fun	Social	Yourself	11:00 BINGO!	12:00 Lunch
6:15 Soothing	2:15 Manicures	of Fit	5:00 Dinner	12:00 Lunch	12:00 Lunch	2:30 In the Kitchen
Sensations	3:45 Brains &	12:00 Lunch	6:00 Movie Night with	2:15 Fun for Fit	2:00 Bean Bag Toss	3:30 You & Me
6:45 Neighbourhood	Banter	2:30 Java Music	Popcorn	3:45 Circle of	3:30 Hymn Sing	5:00 Dinner
Time	5:00 Dinner	3:30 Stepping Out	6:30 Neighbourhood	Friends	5:00 Dinner	
		5:00 Dinner	Time	5:00 Dinner		



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30		
8:00 Breakfast	8:00 Breakfast	8:00 Breakfast	8:00 Breakfast	December		
12:00 Lunch	9:15 Walking Club	9:15 Parachute	12:00 Lunch	Calendar		
2:30 Express Yourself	11:00 Circle of	Fitness	1:30 Musical	Delivery 8:00 Breakfast		
3:30 You & Me	Friends	10:15 You & Me	Moments	9:15 Balloon		
5:00 Dinner	12:00 Lunch	11:00 For the Fun	3:00 Musical	Volleyball		
6:00 Documentary	2:15 Manicures	of Fit	Entertainment with	10:00 December		
6:15 Soothing	3:45 Brains &	12:00 Lunch	Laura Nashman on	Calendar Delivery		
Sensations 6:45 Neighbourhood	Banter	2:00 Java Music	the Flute- First	12:00 Lunch		
Time	5:00 Dinner	3:30 Stepping Out	Floor; Town Hall	2:15 Fun for Fit		
		5:00 Dinner	5:00 Dinner	3:45 Circle of	The Park of the Pa	The last of the la
			6:00 Movie Night	Friends	Del State (18)	100
			with Popcorn	5:00 Dinner		
			6:30	7:00 Abzolutely	700	
			Neighbourhood	Choir- TH	A STATE OF THE PARTY OF THE PAR	
			Time		A LINE AND A SECOND	