

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Emma's East Neighbourhood November 2023	November's Birthdays Shirley K Nov 14 Thelma H Nov 15 Bessie P Nov 26		1 8:00 Breakfast 10:30 Friendly Visits 11:00 Get Moving 12:00 Lunch 1:15 Exercise w Andrew 2:15 Active Games 3:15 Crafts 3:30 Armchair Travel	2 8:00 Breakfast 12:00 Lunch 2:15 Get Moving 3:15 Brains and Banter 4:00 Sing Along 5:00 Dinner 6:15 You and Me	3 National Jersey Friday (Jersey Dress-Up Day!) 8:00 Breakfast 10:30 Friendly Visits 11:00 Get Moving 12:00 Lunch 2:00 Get moving 2:15 Brains and Banter 3:30 Bowling 5:00 Dinner	4 8:00 Breakfast 10:00 Church Service 11:15 Get Moving 12:00 Lunch 2:15 Entertainment (Brent Meidinge) 5:00 Dinner
	5 Daylight Saving Time Ends 8:00 Breakfast 10:00 Café Time 10:45 Get Moving 11:15 Hymn Sing & Devotion 12:00 Lunch 2:15 Nails 5:00 Dinner	6 8:00 Breakfast 10:30 Friendly Visits 11:15 Get Moving 12:00 Lunch 2:15 Gilbert 3:30 Bingo 5:00 Dinner	7 8:00 Breakfast 10:30 Friendly Visits 11:00 Get Moving 12:00 Lunch 2:15 Movie 3:30 Stepping Out 5:00 Dinner	8 Red & Yellow Dress-Up Day! 8:00 Breakfast 10:30 Friendly Visits 11:00 Get Moving 12:00 Lunch 1:15 Exercise w Andrew 2:15 Active Games 3:15 Crafts 3:30 Armchair Travel 5:00 Dinner	9 8:00 Breakfast 12:00 Lunch 2:15 Get Moving 3:15 Circle of Friends 4:00 Express Yourself 5:00 Dinner 6:15 Nails	10 8:00 Breakfast 10:30 Friendly Visits 11:00 Get Moving 12:00 Lunch 2:00 Get Moving 3:30 Bowling 5:00 Dinner
12 Diwali 8:00 Breakfast 10:00 Café Time 11:00 Balloon Tennis 12:00 Lunch 2:00 You & Me 3:00 Bingo 5:00 Dinner	13 8:00 Breakfast 10:30 Friendly Visits 11:15 Christmas Decorating 12:00 Lunch 2:15 Gilbert 5:00 Dinner	14 8:00 Breakfast 10:30 Friendly Visits 11:00 Get Moving 12:00 Lunch 2:15 Movie 3:30 Stepping Out 5:00 Dinner	15 8:00 Breakfast 10:30 Friendly Visits 11:00 Christmas Decorating 12:00 Lunch 1:15 Exercise w Andrew 5:00 Dinner	16 8:00 Breakfast 10:00 You and Me 10:30 Get Moving 11:15 Sing Along 12:00 Lunch 5:00 Dinner	17 8:00 Breakfast 10:30 Friendly Visits 11:00 Get Moving 12:00 Lunch 2:00 Get Moving 2:15 Brains and Banter 3:30 Bowling 5:00 Dinner	18 Christmas Bazaar 8:00 Breakfast 10:00 Church 10:00 - 3:00 Christmas Bazaar (Main Street) 12:00 Lunch 5:00 Dinner
19 8:00 Breakfast 10:00 Café Time 10:45 Get Moving 11:15 Hymn Sing & Devotion 12:00 Lunch 2:15 Nails 5:00 Dinner	20 8:00 Breakfast 10:30 Friendly Visits 11:15 Get Moving 12:00 Lunch 2:15 Gilbert 3:30 Bingo 5:00 Dinner	21 8:00 Breakfast 10:30 Friendly Visits 11:00 Get Moving 12:00 Lunch 2:15 Movie 3:30 Stepping Out 5:00 Dinner	25 8:00 Breakfast 10:30 Friendly Visits 11:00 Get Moving 12:00 Lunch 1:15 Exercise w Andrew 2:15 Active Games 3:15 Crafts 3:30 Armchair Travel 5:00 Dinner	23 8:00 Breakfast 12:00 Lunch 2:15 Get Moving 3:15 Brains and Banter 4:00 Express Yourself 5:00 Dinner 6:15 Nails	24 8:00 Breakfast 10:30 Friendly Visits 11:00 Get Moving 12:00 Lunch 3:00 Birthday Party 5:00 Dinner	25 8:00 Breakfast 10:00 Church Service 12:00 Lunch 2:00 Sing Along 3:00 Nails 5:00 Dinner
26 8:00 Breakfast 10:00 Café Time 11:00 Balloon Tennis 12:00 Lunch 2:00 You & Me 3:00 Bingo 5:00 Dinner	27 8:00 Breakfast 10:30 Friendly Visits 11:15 Get Moving 12:00 Lunch 2:15 Gilbert 3:30 Bingo 5:00 Dinner	28 Giving Tuesday 8:00 Breakfast 11:00 Bocce Ball Tournament 12:00 Lunch 2:15 Movie 3:30 Stepping Out 5:00 Dinner	29 8:00 Breakfast 10:00 Exercise 10:30 Friendly Visits 11:00 Get Moving 12:00 Lunch 2:15 Active Games 3:15 Crafts 3:30 Armchair Travel 5:00 Dinner	30 8:00 Breakfast 12:00 Lunch 2:15 Get Moving 3:15 Brains and Banter 4:00 Sing Along 5:00 Dinner 6:15 You and Me		