

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Emma's West Neighbourhood November 2023	Birthdays Stella 3rd Gordana 5th Alex 7th Manpreet 9th	Amy 13th Lorena 20th Susan H 21st Joan P 22nd Jean H 25th Maurice 29th	1 8:00 Breakfast 9:45 Java Time 10:30 Art Workshop 12:00 Lunch 2:30 In the Kitchen 5:00 Dinner 6:15 You and Me	2 8:00 Breakfast 10:00 Piano Performance 11:00 Stepping Out 12:00 Lunch 2:30 Dog Visits 3:30 Musical Moments 5:00 Dinner	3 National Jersey Day (Jersey Dress-Up Day!) 8:00 Breakfast 10:00 Soothing Sensations 11:00 Circle of Friends 12:00 Lunch 2:30 Tea Party 3:45 Musical Moments 5:00 Dinner 6:15 Stepping Out	4 8:00 Breakfast 12:00 Lunch 1:30 Church Service 2:30 For the Fun of Fit 3:45 Chocolate Bingo 5:00 Dinner
	5 Daylight Saving Time Ends 8:00 Breakfast 12:00 Lunch 2:00 For the Fun of Fit 3:00 Café Time 4:00 Brains and Banter 5:00 Dinner 6:15 Nails	6 8:00 Breakfast 12:00 Lunch 1:30 Exercise Class 2:15 Circle of Friends 4:00 Brains and Banter 5:00 Dinner 6:15 For the Fun of Fit	7 8:00 Breakfast 12:00 Lunch 1:30 Dog Visits 2:00 Stepping Out 3:30 For the Fun of Fit 5:00 Dinner 6:00 Brains and Banter 7:00 You and Me	8 Red & Yellow Dress-Up Day! 8:00 Breakfast 9:45 Java Time 10:30 Art Workshop 12:00 Lunch 2:30 In the Kitchen 5:00 Dinner 6:15 You and Me	9 8:00 Breakfast 10:00 Piano Performance 11:00 Stepping Out 12:00 Lunch 2:30 Dog Visits 3:30 Musical Moments 5:00 Dinner	10 8:00 Breakfast 10:00 Soothing Sensations 11:00 Circle of Friends 12:00 Lunch 2:30 Wine and Cheese 3:45 Musical Moments 5:00 Dinner 6:15 Stepping Out
12 Happy Diwali! 8:00 Breakfast 10:00 For the Soul 11:15 You and Me 12:00 Lunch 2:30 For the Fun of Fit 3:30 Stepping Out 5:00 Dinner	13 8:00 Breakfast 12:00 Lunch 1:30 Exercise Class 4:00 Musical Moments 5:00 Dinner 6:15 Java Time	14 8:00 Breakfast 12:00 Lunch 1:30 Dog Visits 2:00 Stepping Out 3:30 For the Fun of Fit 5:00 Dinner 6:00 Brains and Banter 7:00 You and Me	15 8:00 Breakfast 9:45 Java Time 10:30 Art Workshop 12:00 Lunch 2:30 In the Kitchen 5:00 Dinner 6:15 You and Me	16 8:00 Breakfast 10:00 Piano Performance 12:00 Lunch 2:15 For the Fun of Fit 3:30 Circle of Friends 5:00 Dinner	17 8:00 Breakfast 12:00 Lunch 2:00 Stepping Out 3:00 Musical Moments 4:00 Brains and Banter 5:00 Dinner 6:15 You and Me	18 Christmas Bazaar 8:00 Breakfast 10:00 - 3:00 Christmas Bazaar (Main Street) 12:00 Lunch 5:00 Dinner
19 8:00 Breakfast 12:00 Lunch 2:00 For the Fun of Fit 3:00 Café Time 4:00 Brains and Banter 5:00 Dinner 6:15 Nails	20 8:00 Breakfast 12:00 Lunch 1:30 Exercise Class 2:15 Circle of Friends 3:00 Live Entertainment 5:00 Dinner 6:15 For the Fun of Fit	21 8:00 Breakfast 12:00 Lunch 2:00 Stepping Out 3:30 For the Fun of Fit 5:00 Dinner 6:00 Brains and Banter 7:00 You and Me	22 8:00 Breakfast 9:45 Java Time 10:30 Art Workshop 12:00 Lunch 2:30 In the Kitchen 5:00 Dinner 6:15 You and Me	23 8:00 Breakfast 10:00 Piano Performance 11:00 Stepping Out 12:00 Lunch 2:30 Dog Visits 3:30 Musical Moments 5:00 Dinner	24 8:00 Breakfast 10:00 Soothing Sensations 11:00 Circle of Friends 12:00 Lunch 2:30 Birthday Party 3:45 Musical Moments 5:00 Dinner 6:15 Stepping Out	25 8:00 Breakfast 10:15 In the Kitchen 12:00 Lunch 1:30 Church Service 3:30 Chocolate Bingo 5:00 Dinner
26 8:00 Breakfast 10:00 For the Soul 11:15 You and Me 12:00 Lunch 2:30 For the Fun of Fit 3:30 Stepping Out 5:00 Dinner	27 8:00 Breakfast 12:00 Lunch 1:30 Exercise Class 2:15 For the Fun of Fit 4:00 Musical Moments 5:00 Dinner 6:15 Java Time	28 8:00 Breakfast 12:00 Lunch 1:30 Dog Visits 2:00 Stepping Out 3:30 For the Fun of Fit 5:00 Dinner 6:00 Brains and Banter 7:00 You and Me	29 8:00 Breakfast 9:45 Java Time 10:30 Art Workshop 12:00 Lunch 2:30 In the Kitchen 5:00 Dinner 6:15 You and Me	30 8:00 Breakfast 10:00 Piano Performance 11:00 Stepping Out 12:00 Lunch 2:30 Dog Visits 3:30 Musical Moments 5:00 Dinner		