



November 2023

Matthews Neighbourhood



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Johnston: Jo Matthews: Ma Pollock: Po Hagey: Ha Wright: Wr Downey: Do	Main Street: MS Community Centre: CC Chapel: C Library: L Fitness Centre: FC Courtyard: CY		1. 1:00 Calendars 2:00 Food Committee Meeting (C) 3:30 Balance Class (FC) 4:00 You & Me 6:30 Board Games (CC)	2. 9:30 Church Service (C) 10:30 Sit N Get Fit with PAL 1-4 Bus Outing with Wright 2:00 Active Games 2:30 Green Thumbs 6:30 Brains & Banter (CC)	3. 10:00 Bingo on Wright 2:00 In the Kitchen 6:30 Knitting Club (L)	4. 9:00 The Daily Perk 10:30 Circle of Friends 2:00 Entertainment with Dynamic Duo (Matthews) 3:30 Neighbourhood Time
5. Daylight Savings Time Ends 9:00 Short Stories 10:30 For the Soul 1:30 In The Kitchen 3:30 You & Me	6. 2:00 Travelogue 3:30 Total Body Fitness (FC) 3:30 Musical Moments 6:30 Jeopardy (CC)	7. 9:30 Rosary (C) 11:00 The Daily Perk 2:00 Bingo (MS) 3:30 Tai Chi (FC) 6:30 Circle of Friends (CC)	8. 1:30 Christmas Market Prep 3:30 Balance Class (FC) 4:00 You & Me 6:30 Board Games (CC)	9. 9:30 Church Service (C) 10:30 Sit N Get Fit with PAL 2:00 Express Yourself 2:00 Residents' Council (C) 2:30 Green Thumbs 6:30 Brains & Banter (CC)	10. 10:00 Bingo 2:00 Manicures 3:30 Active Games (FC) 6:30 Knitting Club (L)	11. Remembrance Day 9:00 The Daily Perk 10:30 Remembrance Day Service (C) 2:00 Musical Moments 3:30 Neighbourhood Time
12. 9:00 Short Stories 10:30 For the Soul 1:30 Circle of Friends 3:30 You & Me	13. 9:30 Manicures 10:30 Christmas Market Prep 1:30 Movie Time 6:30 Jeopardy (CC)	14. 9:30 Rosary (C) 11:00 The Daily Perk 2:00 Bingo (MS) 3:30 Tai Chi (FC) 6:30 Circle of Friends (CC)	15. 10:00 Waterloo Art Gallery Class 3:30 Balance Class (FC) 4:00 You & Me 6:30 Board Games (CC)	16. 9:30 Church Service (C) 10:30 Sit N Get Fit with PAL 2:00 Active Games 2:30 Green Thumbs 6:30 Brains & Banter (CC)	17. 10:00 Bingo on Wright 10:30 Village Updates (C) 1:00 Christmas Market Prep: Ornaments 3:30 Active Games (FC) 6:30 Knitting Club (L)	18. 9:00 The Daily Perk 10:30 Circle of Friends 2:00 Entertainment with Gary Broderick (Do) 3:30 Neighbourhood Time
19. 9:00 Short Stories 10:30 For the Soul 1:30 In The Kitchen 3:30 You & Me	20. 1:30 Manicures 3:30 Total Body Fitness (FC) 3:30 Calendar Planning and Resident Bill of Rights 6:30 Jeopardy (CC)	21. 9:30 Rosary (C) 11:00 The Daily Perk 2:00 Bingo (MS) 3:30 Tai Chi (FC) 6:30 Circle of Friends (CC)	22. 1-4 Deck The Halls on Main Street 3:30 Balance Class (FC) 6:30 Board Games (CC)	23. 9:30 Church Service (C) 10:30 Sit N Get Fit with PAL 2:00 Happy Hour with Kevin Coates (MS) 2:30 Green Thumbs 6:30 Brains & Banter (CC)	24. 10:00 Bingo 1:00 Christmas Market Prep: Baking 3:30 Active Games (FC) 6:30 Knitting Club (L)	25. 10 –3 Christmas Market in the RIA Discovery Hall
26. 9:00 Short Stories 10:30 For the Soul 1:30 Circle of Friends 3:30 You & Me	27. 9:30 Manicures 10:30 Musical Moments 2:00 The Daily Perk 6:30 Jeopardy (CC)	28. French Toast Day 9:30 Rosary (C) 10:30 Stepping Out 2:00 Bingo (MS) 3:30 Tai Chi (FC) 6:30 Circle of Friends (CC)	29. 2:00 Drum Fit on Wright 3:30 Balance Class (FC) 4:00 You & Me 6:30 Board Games (CC)	30. 10:00 Celebration of Life 10:30 Sit N Get Fit with PAL 11:00 Calendars 2:30 Green Thumbs 6:30 Brains & Banter (CC)		