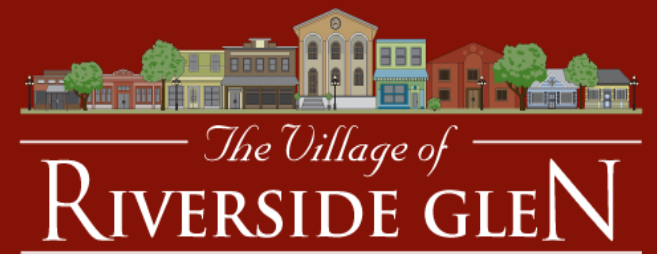




NOVEMBER 2023

Nichol Neighbourhood



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 8:30 Breakfast 10:00 Calendar Visits 10:45 Songbird Choir 12:00 Lunch 2:00 Hand Massage 5:00 Dinner	2 8:30 Breakfast 10:00 Chair Yoga 12:00 Lunch 1:00 Music Group with Mallory 2:00 James Skarnikat Live 5:00 Dinner	3 8:30 Breakfast 10:00 Smoothie Club 10:30 Catholic Mass 12:00 Lunch 1:30 Tissue Poppies 2:30 Rosary Prayers	4 8:30 Breakfast 10:00 Market Maker 12:00 Lunch 1:30 Karaoke 2:00 Yarn Club (Library) 5:00 Dinner
5 Daylight Savings Time Ends 8:30 Breakfast 11:00 Church on Erin 12:00 Lunch 1:30 Market Makers 3:00 Budgie Visits	6 8:30 Breakfast 10:00 Art with Sonal 11:00 War Time Cookies 12:00 Lunch 1:30 Balloon Volleyball 2:30 Cookie Social	7 8:30 Breakfast 10:00 Friendly Visits 11:00 Move and Groove 12:00 Lunch 1:30 Bingo 5:00 Dinner	8 8:30 Breakfast 10:45 Songbird Choir 11:00 Move and Groove 12:00 Lunch 2:00 Baking Mini Loaves 5:00 Dinner	9 8:30 Breakfast 10:30 Market Crafts 12:00 Lunch 1:00 Music with Mallory 1:00 Calendar Planning 5:00 Dinner	10 8:30 Breakfast 10:00 Fall Walk & Talk 10:30 Hymn Sing 12:00 Lunch 2:00 Watercolor Poppy's 5:00 Dinner	11 Remembrance Day 8:30 Breakfast 10:45 Remembrance Day Service (RH) 12:00 Lunch 2:00 Wartime Music 3:00 Fall Strolls
12 Diwali 8:30 Breakfast 10:00 Cardamon Baking 11:00 Church on Erin 12:00 Lunch 2:00 Diwali Social 5:00 Dinner	13 World Kindness Day 8:30 Breakfast 10:00 Art with Sonal 12:00 Lunch 2:00 Baking: Buttertarts 5:00 Dinner 6:30 Fireside Stories (Library)	14 8:30 Breakfast 10:30 Aidan Purnell Live 11:00 Move and Groove 12:00 Lunch 1:30 Pickle Tasting Party 2:30 Residents' Council 5:00 Dinner	15 8:30 Breakfast 10:45 Songbird Choir 11:00 Move and Groove 12:00 Lunch 2:00 Tim Hortons Cart 5:00 Dinner 6:30 IN2L	16 8:30 Breakfast 10:00 Chair Yoga 12:00 Lunch 1:00 Music Group with Mallory 2:00 Button Art 5:00 Dinner	17 8:30 Breakfast 10:00 Holiday Decorating 10:30 Hymn Sing 12:00 Lunch 1:30 Hot Cocoa Chats 5:00 Dinner	18 8:30 Breakfast 12:00 Lunch 2:00 Yarn Club (Library) 3:00 Mickey Mouse Treats 5:00 Dinner 6:30 Mickey Mouse History
19 8:30 Breakfast 11:00 Church on Erin 12:00 Lunch 1:30 Balloon Games 2:00 Marker Makers 5:00 Dinner 6:30 Baking Cookies	20 8:30 Breakfast 10:00 Art with Sonal 11:00 Banana Fritters 12:00 Lunch 2:00 Fritter Social 2:30 Food Committee 5:00 Dinner	21 8:30 Breakfast 10:00 Craft with Gabby 11:00 Move and Groove 12:00 Lunch 1:30 Dog Bingo 5:00 Dinner	22 8:30 Breakfast 10:00 Songbird Choir 11:00 Move and Groove 12:00 Lunch 2:00 Tea Party Social 5:00 Dinner 6:30 Dancing with the Stars	23 8:30 Breakfast 9:00 Men's Club 12:00 Lunch 1:00 Music with Mallory 2:00 Market Makers 5:00 Dinner	24 8:30 Breakfast 10:30 Hymn Sing 12:00 Lunch 2:00 Birthday Social With Manvir Rai 5:00 Dinner	25 8:30 Breakfast 12:00 Lunch 1:30 Market Makers 2:00 70s Disco Dance Party (café) 5:00 Dinner 6:30 IN2L
26 8:30 Breakfast 10:00 Suzie Q Hymns 11:00 Church on Erin 12:00 Lunch 5:00 Dinner 6:30 Short Stories	27 8:30 Breakfast 10:00 Art with Sonal 12:00 Lunch 2:00 Baking: Buttertarts 5:00 Dinner 6:30 Travelogue: Belgium	28 8:30 Breakfast 10:00 Hockey Shots 11:00 Move and Groove 12:00 Lunch 1:30 Card Bingo 5:00 Dinner	29 8:30 Breakfast 10:00 Songbird Choir 11:00 Move and Groove 12:00 Lunch 2:30 Square Dancing 5:00 Dinner 6:30 Movies & Munchies	30 8:30 Breakfast 10:00 Market Makers 11:00 IN2L 12:00 Lunch 1:00 Music Group Mallory 2:00 Paper Snowflakes 5:00 Dinner	<div style="border: 2px solid red; padding: 10px; margin: 10px auto; width: fit-content;"> <p>Recreation: Stephanie & Dayna</p> <p>Neighbourhood Coordinator: Angela Gualtero</p> </div>	