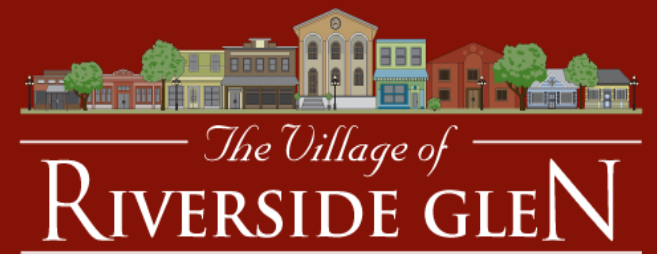




# NOVEMBER 2023

## Puslinch Neighbourhood



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>1</b> 9:30 Calendar Visits 10:45 Songbird Choir (RH) 2:00 Bean Bag Toss 3:00 Hand Therapy 3:00 David's Choice Exercise (gym)	<b>2</b> 10:15 Jamboree with Mallory <b>2:00 James Skarnikat (café)</b> 2:30 Get Fit 3:15 Friendly Visits 1:1	<b>3</b> 9:45 Get Fit 10:30 Catholic Mass(library) 2:30 Rosary Prayer (library) 2:30 Ladder Ball 6:15 Bingo (café)	<b>4</b> 10:00 Yahtzee 11:00 Baking Pumpkin Pie 2:00 Yarn Club (library) 3:00 Pie Social
<b>5 Daylight Savings Time Ends</b> 9:30 Mornings Greetings 11:00 Church on Erin 2:00 Market Baking	<b>6</b> 10:30 Get Fit 11:00 Art with Sonal 2:00 Perk Visits 3:00 Move to the Music 6:30 Wine & Cheese	<b>7 Bookmobile 3-4</b> 9:30 Morning Puslinch 10:30 Karaoke 1:30 Bowling 3:00 Meditation	<b>8</b> 9:30 Bird Visits 10:45 Songbird Choir (LTC) 2:00 Axe Throwing 3:00 Creative Corner 3:00 David's Choice Exercise (gym)	<b>9 Cassie Maple Products 11-3</b> 9:30 Calendar Planning 10:15 Jamboree with Mallory 1:30 Vendor Visits 2:30 Get Fit 3:00 Hand Therapy	<b>10</b> 10:30 Get Fit 11:15 Hymn Sing 1:30 Chaplain's Chat (chapel) 2:00 Outdoor Walks 3:00 Word Games 6:15 Bingo (café)	<b>11 Remembrance Day</b> <b>10:45 Remembrance Day Service (RH)</b> 1:30 Ladder Ball 3:00 Short Stories
<b>12 Diwali National Happy Hour Day</b> 10:30 Morning Hello 11:00 Church on Erin <b>2:00 Diwali &amp; Happy Hour (café)</b>	<b>13 World Kindness Day</b> 10:30 Get Fit 11:00 Art with Sonal 2:00 Creative Corner (café) 3:00 Gratefulness 6:30 Bird Visits	<b>14</b> 9:30 Morning Puslinch <b>10:30 Aidan Purnell (café)</b> 1:30 Bean Bag Toss 2:00 Card Club (café) <b>2:30 Residents' Council (library)</b>	<b>15</b> 9:30 Bird Visits 10:45 Songbird Choir (RH) 1:30 Baking for Christmas Market 3:00 David's Choice Exercise (gym)	<b>16</b> 9:30 Perks Visits 10:15 Jamboree with Mallory 1:45 Spa Afternoon 2:30 Get Fit 3:00 Friendly Visits	<b>17 Christmas Decorating Day</b> 10:30 Get Fit 11:15 Hymn Sing 1:30 Decorating Puslinch 1:30 Chaplain's Chat (chapel) 6:15 Bingo (café)	<b>18 Mickey Mouse Day</b> 1:30 Disney Colouring 2:00 Yarn Club (library) 3:30 Balloon Volleyball 6:30 Trivia Night: Disney Edition
<b>19</b> 9:30 Perk Visits 11:00 Church on Erin 1:30 Market Baking 3:00 Word Games	<b>20 Traditions Alive Vendor 11-2</b> 10:30 Get Fit 11:00 Art with Sonal 2:00 Creative Corner (café) <b>2:30 Food Committee (library)</b> 6:30 Wine & Cheese	<b>21 Bookmobile 3-4</b> 9:30 Christmas Market Craft 2:30 Karaoke 3:00 Dance Party	<b>22</b> 9:30 Bird Visits 10:45 Songbird Choir (LTC) 1:30 Baking for Christmas Market 3:00 David's Choice Exercise (gym)	<b>23</b> 9:30 Perks Visits 10:15 Jamboree with Mallory 1:30 Word Games 2:30 Get Fit <b>2:30 Memorial Service (Erin)</b>	<b>24</b> 10:30 Get Fit 11:15 Hymn Sing 1:30 Chaplain's Chat (chapel) 2:00 Hand Therapy 3:00 Manicures 6:15 Bingo (café)	<b>25</b> 1:00 Chair Yoga (gym) 2:00 70s Disco Dance Party (café) 6:30 Movie Night
<b>26</b> 11:00 Church on Erin 1:30 Brain Games 3:00 Active Games 6:30 Sunset Stories	<b>27</b> 10:30 Get Fit 11:00 Art with Sonal 2:00 Creative Corner (café) 6:30 Spa Evening	<b>28</b> 10:00 Baking for Christmas Market 2:00 Card Club (café) 2:30 Bowling 3:00 Walk and Talk	<b>29</b> 10:45 Songbird Choir (RH) 1:30 Meditation 3:00 Karaoke (YouTube) 3:00 David's Choice Exercise (gym)	<b>30</b> 9:30 Perks Visits 10:15 Jamboree with Mallory 1:30 Word Games 2:30 Get Fit 2:30 Hand Therapy	<div style="border: 2px solid red; padding: 10px; width: fit-content; margin: auto;"> <p><b>Recreation:</b> Dawn &amp; Sabrina</p> <p><b>Neighbourhood Coordinator:</b> Angela Gualtero</p> </div>	