



# November 2023

## Pollock Neighbourhood



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Johnston: Jo</b> <b>Matthews: Ma</b> <b>Pollock: Po</b> <b>Hagey: Ha</b> <b>Wright: Wr</b> <b>Downey: Do</b>	<b>Main Street: MS</b> <b>Community Centre: CC</b> <b>Chapel: C</b> <b>Library: L</b> <b>Fitness Centre: FC</b> <b>Courtyard: CY</b>		<b>1.</b> 9:30 Calendar Hang Up 10:30 Nail Care 1:00 Greenhouse Drop-in 2:00 Food Committee (C) 3:30 Balance Class (FC) 6:30 Board Games (C )	<b>2.</b> 9:30 Church Service (C) 1:00 Greenhouse Drop-in 2:00 Karaoke 6:30 Brains and Banter (CC)	<b>3.</b> 2:00 Bingo 3:30 Hello Pollock 3:30 Active Games (FC) 6:30 Knitting Club (L)	<b>4.</b> 9:30 Daily Perk 10:30 For the Fun of Fit 2:00 Entertainment with Dynamic Duo (Ma)
<b>5. Daylight Savings Time Ends</b> 9:30 Morning Stretches 10:30 Short Stories 2:00 Travelling Cart: Root Beer Floats	<b>6.</b> 2:00 Euchre 3:30 Total Body Fitness (FC) 6:30 Jeopardy (CC)	<b>7.</b> 9:30 Rosary (C ) 10:30 Sit N Get Fit 2:00 Bingo (MS) 3:30 Green Thumbs 6:30 Circle of Friends (CC)	<b>8.</b> 10:00 Nail Care 1:00 Greenhouse Drop-in 2:00 Table-top Games 3:30 Balance Class (FC) 6:30 Board Games (C)	<b>9.</b> 9:30 Church Service (C) 1:00 Greenhouse Drop-in 1:30 Christmas Market: Peppermint Bark 2:00 Resident Council (C) 6:30 Brains and Banter (CC)	<b>10.</b> 9:30 Hello Pollock 2:00 Bingo 3:30 Active Games (FC) 6:30 Knitting Club (L)	<b>11. REMEMBRANCE DAY</b> 9:30 Daily Perk 10:30 Remembrance Day Service (C) 2:00 Neighbourhood Time
<b>12. Diwali</b> 11:30 Stepping Out 1:30 For the Soul 5:15 Diner's Club	<b>13.</b> 9:30 Christmas Market Craft: Confetti Ornaments 2:30 Calendar Planning and Resident Bill of Rights 3:30 Total Body Fitness (FC) 6:30 Jeopardy (CC)	<b>14.</b> 9:30 Rosary (C ) 10:30 Sit N Get Fit 2:00 Bingo (MS) 3:30 Green Thumbs 6:30 Circle of Friends (CC)	<b>15.</b> 10:00 Waterloo Art Gallery Class 1:00 Greenhouse Drop-in 1-3:30 Outing: Anna Maes 6:30 Board Games (C)	<b>16. Button Day</b> 9:30 Church Service (C) 1:00 Greenhouse Drop-in 2:00 Button Craft 6:30 Brains and Banter (CC)	<b>17.</b> 10:30 Village Updates (C) 2:00 Bingo 3:30 Hello Pollock 3:30 Active Games (FC) 6:30 Knitting Club (L)	<b>18.</b> 9:30 Daily Perk 10:30 In the Kitchen: Mix Sugar Cookies 2:00 Entertainment with Gary Broderick (Do)
<b>19.</b> 9:30 Nail Care 10:30 In the Kitchen: Cut & Bake Sugar Cookies 2:00 In the Kitchen: Decorate Sugar Cookies	<b>20.</b> 2:00 Travelling Cart: Sugar Cookies 3:00 Euchre 3:30 Total Body Fitness (FC) 6:30 Jeopardy (CC)	<b>21.</b> 9:30 Rosary (C ) 10:30 Sit N Get Fit 2:00 Bingo (MS) 3:30 Green Thumbs 6:30 Circle of Friends (CC)	<b>22.</b> 10:00 Nail Care 1:00 Greenhouse Drop-in 1-4 Deck the Halls (MS) 3:30 Balance Class (FC) 6:30 Board Games (C)	<b>23.</b> 9:30 Church Service (C) 2:00 Entertainment with Kevin Coates (MS) 6:30 Brains and Banter (CC)	<b>24.</b> 9:30 Daily Perk 10:00 Hello Pollock 2:00 Bingo 3:30 Active Games (FC) 6:30 Knitting Club (L)	<b>25.</b>  <b>10-3:00 CHRISTMAS MARKET (RIA Discovery Hall)</b>
<b>26.</b> 11:30 Stepping Out 1:30 For the Soul 5:15 Diner's Club	<b>27.</b> 9:30 You and Me 2:30 Bowling 3:30 Total Body Fitness (FC) 6:30 Jeopardy (CC)	<b>28. French Toast Day</b> 9:30 Rosary (C) 10-1:00 Ask a Foodie (RH) 10:30 Sit N Get Fit 2:00 Bingo (MS) 3:30 Green Thumbs 6:30 Circle of Friends (CC)	<b>29.</b> 10:00 Nail Care 1:00 Greenhouse Drop-in 2:00 Table-top Games 6:30 Board Games (C)	<b>30.</b> 10:00 Celebration of Life 1:00 Greenhouse Drop-in 2:00 Karaoke 6:30 Brains and Banter (CC)		