

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

November 2023

Second Floor Neighbourhood



			Music with Jennifer 1 11:00 You and I 1:30 For the Fun of Fit 3:30 Neighbourhood Time	2 10:30 Exercise with Jonathan 11:00 Greeting the Day 1:30 For the Soul 3:30 Brains and Banter	3 11:00 Soothing Sensations 1:30 BINGO 3:30 Stepping Out	
5 	6 11:00 Greeting the Day 2:00 Zack Erikson Performs 3:30 Circle of Friends	7 11:00 You and I 1:30 Exercise with Jonathan 2:00 Legion of Mary Visits 3:30 Neighbourhood Time	8 11:00 Musical Moments 1:30 Stepping Out 3:30 Soothing Sensations	9 10:30 Exercise with Jonathan 11:00 Coffee Club 1:30 Express Yourself 3:30 Traveling Treat Cart	10	11 11:00 Remembrance Day Service 1:30 BINGO 3:30 Movie Matinee  <small>Veterans Day Remembrance Day (Canada)</small>
12 11:00 For the Fun of Fit 1:30 Express Yourself 3:30 Neighbourhood Time <small>Diwali (Hindi)</small>	13	14 10:30 Bible Study with Connie 11:00 Greeting the Day 1:30 Stepping Out 1:30 Exercise with Jonathan 2:30 Resident Council	Music with Jennifer 15 11:00 Outing to Walmart 1:30 Circle of Friends 3:30 Brains and Banter	16 10:30 Exercise with Jonathan 11:00 For the Soul 1:30 Word Games 3:30 Java Music Club	17 11:00 Soothing Sensations 1:30 In the Kitchen 3:30 BINGO	18 2:00 Grace Cowley Performs
19	20 11:00 Greeting the Day 1:30 Trivia 3:30 Express Yourself	21 11:00 You and I 1:30 Exercise with Jonathan 1:30 In the Kitchen 2:00 Legion of Mary Visits 4:30 Swiss Chalet Outing	22 11:00 Musical Moments 1:30 Holiday Decorations Go Up! 3:30 Stepping Out	23 10:30 Exercise with Jonathan 11:00 Circle of Friends 1:30 BINGO 3:30 Neighbourhood Time <small>Thanksgiving Day (US)</small>	24 10:30 Paula French Performs	25 Holiday Market at Wentworth Heights 10:00-3:00
26 11:00 Pet Therapy Visits 1:30 Express Yourself 3:30 Stepping Out	Pie in the Face Day! 27	28 10:30 Bible Study with Connie 11:00 Greeting the Day 1:30 Exercise with Jonathan 1:30 Brains and Banter 3:30 Neighbourhood Time	Music with Jennifer 29 11:00 You and I 2:00 Kim Atkins Performs 3:30 For the Fun of Fit	30 10:30 Exercise with Jonathan 11:00 Circle of Friends 1:30 Mason Jar Craft 3:30 BINGO	Please note that outings are subject to change due to various reasons; e.g., weather. If any changes are made Neighbourhoods will be notified!	