



November 2023

Williamsburg, Becker & Ailsa Craig Neighbourhoods



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>Please refer to the "Today's Activity Board" on Main Street for any program time changes, location changes, or cancellations.</p> <p>Every morning at 10am a new number for progressive bingo will be pulled</p>		<p>1 10-3 Sign Up Day-H</p> <p>9:30 1:1 Visits with Janet 10:15 4 Pics 1 Word - SC 10:30 Spirituality Group with Janet-L 11:00 DanceFIT-TH 11:30 Ruby on the Run-MS 2:30 Bible Study with Ankit-L 2:30 Sweat Safely w/ Weights-TH 3:00 Hymn Sing with Janet-CH 7:00 Men's Club-SC * 7:15 Loonie Bingo-\$-H</p>	<p>2</p> <p>10:15 Circle of Friends-H 11:00 Sit & Be Fit-TH 2:00 Word Maker-L 2:15 Book Club-Suite 2811* 2:30 Back to Basics: Posture & Balance-TH 3:30 Podcast Listening Party & Discussion-L 7:15 Thursday Night Trivia-SC</p>	<p>3</p> <p>10:30 Active Game: Bocce Ball-MS 10:30 Poetry Club-L* 1:00 LifeMark: Falls Prevention-FC 1:30 Friendly Visits 2:15 Life Group-Suite 2811* 2:30 Hand Wax Therapy-H 3:00 Happy Hour-SC 7:15 Movie-TH</p>	<p>4</p> <p>10:30 Baking-H 1:30 WB Stepping Out 2:00 Ronnie Russell Entertains (All Residents Welcome)-EG 3:00 Sweat Safely w/ Resistance Bands-TH 3:30 Scattergories-H 7:15 Game Night*-H</p>
<p>5 Turn Clocks Back 1 Hour</p> <p>10:30 Specialty Coffee & Tea-H 1:30 WB Friendly Visits 2:30 Church with Ankit-CH 3:00 Sit & Be Fit-H 3:15 Fellowship-CC 3:30 Craft-A</p>	<p>6</p> <p>10:30 WB Tim Horton's (Ottawa St.) Outing-Sign Up</p> <p>1:30 WB For the Soul with Janet 2:15 Knitting Club-L* 2:15 LifeMark: Falls Prevention-FC 3:00 Hand Wax Therapy-H 3:30 1:1 Visits with Janet 3:30 Horse Races-\$-H 6:30 Euchre—SC*</p>	<p>7</p> <p>10:00 Roman Catholic Communion-CH 10:30 Java Music Club-L 1:30 WB Stepping Out 2:15 Sit & Be Fit-TH 3:00 Happy Hour-SC 3:00 Chaplet of Divine Mercy & Rosary-TH 7:00 Bridge*-SC 7:15 Music Through the Ages w/ Norm-TH</p>	<p>8</p> <p>9:30 1:1 Visits with Janet 10:15 Wheel of Fortune-SC 10:30 Men's Outing: Warplane Heritage Museum-Sign Up\$ 10:30 Spirituality Group with Janet-L 11:00 DanceFIT-TH 11:30 Ruby on the Run-MS 2:00 Movie with Janet-TH 2:30 Bible Study with Ankit-L 2:30 Sweat Safely w/ Weights-C 3:00 Loonie Bingo-\$-H 7:00 Men's Club-SC * 7:15 Ladies Night-H</p>	<p>9</p> <p>9:15 Breakfast Club: Bacon & Eggs-Sign Up-H</p> <p>11:00 Sit & Be Fit-TH 1:30 Limeridge Mall Shuttle-Sign Up 2:15 Book Club-Suite 2811* 2:30 Back to Basics: Posture & Balance-TH 3:30 Podcast Listening Party & Discussion-L 7:15 Pictionary-H</p>	<p>10 Dress Like a Nerd Day</p> <p>10:30 Active Game: Balloon Badminton-H 10:30 Current Events & Human Interests-L* 1:00 LifeMark: Falls Prevention-FC 1:30 St. Catharine of Sienna Church Tour & Prayer Service-Sign Up 2:15 Life Group-Suite 2811* 3:00 Happy Hour-SC 7:15 Movie-H</p>	<p>11 Remembrance Day</p> <p>10:30 Remembrance Day Service-TS 12:00 Veteran's Lunch in the Ruby -Invite Only</p> <p>1:30 WB Stepping Out 3:00 Super Loonie Bingo-\$-H 7:15 Game Night*-H</p>
<p>12</p> <p>10:00 Church with Ankit-CH 10:30 Specialty Coffee & Tea-H 1:30 WB Friendly Visits 2:30 Church with Janet-CH 3:00 Sit & Be Fit-H 3:15 Fellowship-CC 3:30 Craft-A</p>	<p>13</p> <p>10:30 Nail Painting w/ Holly-H 1:30 WB For the Soul with Janet 2:15 Knitting Club-L* 2:15 LifeMark: Falls Prevention-FC 3:30 1:1 Visits with Janet 3:30 Horse Races-\$-H 5:30 Music of the Night in the Ruby German Theme-Sign Up-\$35 6:30 Euchre—SC*</p>	<p>14</p> <p>8:30 Broadway Diner Breakfast Outing -Sign up-\$</p> <p>10:00 Roman Catholic Communion-CH 10:30 Lettuce Talk Food-H 1:30 Fortino's (Mall Rd.) Shuttle -Sign Up</p> <p>1:30 WB Stepping Out 2:15 Sit & Be Fit-TH 3:00 Happy Hour-SC 3:00 Chaplet of Divine Mercy & Rosary-TH 7:00 Bridge*-SC 7:15 Music Through the Ages w/ Norm-TH</p>	<p>15 Christmas Decorating Day</p> <p>9:30 1:1 Visits with Janet 10:00 Roman Catholic Mass - CH 10:30 Spirituality Group with Janet-L 11:00 DanceFIT-TH 11:30 Ruby on the Run-MS 2:30 Bible Study with Ankit-L 2:30 Sweat Safely w/ Weights-TH 3:00 Hymn Sing with Janet-CH 7:00 Men's Club-SC *</p>	<p>16 Christmas Decorating Day</p> <p>11:00 Sit & Be Fit-TH 2:15 Book Club-Suite 2811* 2:30 Back to Basics: Posture & Balance-TH 2:30 Resident's Council Meeting-TH 7:15 Thursday Night Trivia-H</p>	<p>17</p> <p>10:30 Active Game: Bean Bag Toss-MS 10:30 Poetry Club-L* 1:00 LifeMark: Falls Prevention-FC 1:30 Friendly Visits 2:15 Life Group-Suite 2811* 2:30 Hand Wax Therapy-H 3:00 Happy Hour-SC 7:15 Movie-TH</p>	<p>18</p> <p>10:30 Baking-H 1:30 WB Stepping Out 3:00 Sweat Safely w/ Resistance Bands-H 3:00 Arm Chair Travel: Turkey - TH 7:15 Game Night*-H</p>
<p>19</p> <p>10:00 Church with Ankit-CH 10:30 Specialty Coffee & Tea-H 1:30 WB Friendly Visits 2:30 Church with Janet-CH 3:00 Sit & Be Fit-H 3:15 Fellowship-CC 3:30 Craft-A</p>	<p>20</p> <p>10:30 Still Life Painting-H 12:00 Trip to Ripley's Aquarium-\$-Sign Up</p> <p>1:30 WB For the Soul with Janet 2:15 Knitting Club-L* 2:15 LifeMark: Falls Prevention-FC 3:00 Hand Wax Therapy-H 3:30 1:1 Visits with Janet 6:30 Euchre—SC*</p>	<p>21</p> <p>10:00 Roman Catholic Communion-CH 10:30 Java Music Club-L 1:30 Freshco-Sign Up</p> <p>1:30 WB Stepping Out 2:15 Sit & Be Fit-TH 3:00 Happy Hour-SC 3:00 Chaplet of Divine Mercy & Rosary-TH 7:00 Bridge*-SC 7:15 Music Through the Ages w/ Norm-TH</p>	<p>22</p> <p>9:30 1:1 Visits with Janet 10:30 Wordscapes-SC 10:30 Spirituality Group with Janet-L 11:00 DanceFIT-TH 11:30 Ruby on the Run-MS 2:30 Bible Study with Ankit-L 2:30 Sweat Safely w/ Weights-TH 3:00 Loonie Bingo-\$-H 5:00 Diner's Club Festive Special: Swiss Chalet-\$-Sign Up</p> <p>3:00 Hymn Sing with Janet-CH 7:00 Men's Club-SC * 7:15 Ladies Night-H</p>	<p>23</p> <p>10:00 Fallsview Casino Trip-Sign Up</p> <p>11:00 Sit & Be Fit-TH 2:00 Group Crossword—L 2:15 Book Club-Suite 2811* 2:30 Back to Basics: Posture & Balance-TH 3:30 Podcast Listening Party & Discussion-L 7:15 The Harlequin Singers of Hamilton -TH</p>	<p>24</p> <p>10:30 Active Game: Axe Throwing- MS 10:30 Current Events & Human Interests-L* 1:00 LifeMark: Falls Prevention-FC 1:30 Friendly Visits 2:15 Life Group-Suite 2811* 3:00 Birthday Happy Hour-SC 7:15 Movie-TH</p>	<p>25</p> <p>10-3 Santa's Village Christmas Sale -MS</p> <p>7:15 Game Night*-H</p>
<p>26</p> <p>10:00 Church with Ankit-CH 10:30 Specialty Coffee & Tea-H 1:30 WB Friendly Visits 2:30 Church with Janet-CH 3:00 Sit & Be Fit-H 3:15 Fellowship-CC 3:30 Craft-A</p>	<p>27</p> <p>10:00 Trip to Terra Green House-Sign Up</p> <p>10:30 Pharmacy Chat—TH 2:00 Celebration of Life Service-TH 2:15 Knitting Club-L* 2:15 LifeMark: Falls Prevention-FC 3:30 Horse Races-\$-H 3:30 1:1 Visits with Janet 6:30 Euchre—SC*</p>	<p>28</p> <p>10:00 Roman Catholic Communion-CH 10:30 Java Music Club-L 1:30 WB Stepping Out 1:30 No Frill Shuttle-Sign Up</p> <p>2:15 Sit & Be Fit-TH 3:00 Happy Hour-SC 3:00 Chaplet of Divine Mercy & Rosary-TH 7:00 Bridge*-SC 7:15 Music Through the Ages w/ Norm-TH</p>	<p>29</p> <p>9:30 1:1 Visits with Janet 10:30 Wordle-SC 10:30 Spirituality Group with Janet-L 11:00 DanceFIT-TH 11:30 Ruby on the Run-MS 2:30 Magic & Comedy Show-TH</p> <p>2:30 Bible Study with Ankit-L 3:00 Hymn Sing with Janet-SH 7:00 Men's Club-SC * 7:15 Loonie Bingo-\$-H</p>	<p>30</p> <p>10:15 Circle of Friends-H 11:00 Sit & Be Fit-TH 2:15 Book Club-Suite 2811* 2:30 Back to Basics: Posture & Balance-TH 3:30 Podcast Listening Party & Discussion-L 7:15 Thursday Night Trivia-SC</p>	<p>CH - Chapel LL - Basement H - Hobby Shop TH -Town Hall MS - Main Street TS - Town Square L - Library SH - School House SC - Social Club</p> <p>FC - Fitness Centre A - Art Studio C - Café CC - Community Center EG - Egerton EM - Emma's PS - Pet Shop DK - Demo Kitchen BP - Back Patio</p> <p>* - Independent Program \$ - Money Required WB—Williamsburg Neighbourhood</p>	

