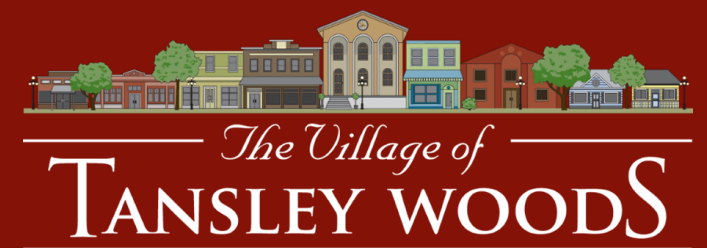




NOVEMBER 2023

OAKLANDS NEIGHBOURHOOD



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



Residents Bill Of Rights

23. Every Resident Has The Right To Pursue Social, Cultural, Religious, Spiritual Or Other Interests, To Develop His Or Her Potential And To Given Reasonable Assistance By The Licensee To Pursue These Interests And To Develop Their Potential

5
8:00 Breakfast
 10:00 Bazaar Craft - CC
12:00 Lunch
 2:00 Church—TH
 3:00 Neighborhood Time
5:00 Dinner

6
8:00 Breakfast
 10:00 Circle of Friends
 11:00 Musical Moments with Celine
12:00 Lunch
 1:15 Horticulture Therapy
 2:00 Express Yourself
 3:00 Sweat Squad—FC
 3:30 For the Fun of Fit
5:00 Dinner

7
8:00 Breakfast
 10:00 Java Music Club
 11:00 The Perk
12:00 Lunch
 2:00 Group Fitness—FC
 2:30 Bible Study—L
 3:00 Laughter Yoga—TH
 4:00 Stepping Out
5:00 Dinner

8 Diwali
8:00 Breakfast
 9:15 Fun and Fit
 10:00 For the Soul
 11:00 Story Time
12:00 Lunch
 1:15 Art Therapy
 2:30 Music Therapy
 3:30 Musical Moments
5:00 Dinner

9
8:00 Breakfast
 9:00 Neighborhood Time
 11:00 Devotions
12:00 Lunch
 2:30 In the Kitchen
 3:30 Brains and Banter
5:00 Dinner
 6:30 Friendly Visits

10
8:00 Breakfast
 10:00 Soap Making - MS
12:00 Lunch
 2:00 You and Me
 3:00 Ron Tansley—TH
5:00 Dinner

11 Remembrance Day
8:00 Breakfast
 10:00 Remembrance Day Ceremony—TS
12:00 Lunch
 2:00 You and Me
 3:00 Remembrance Day Display—TH
5:00 Dinner

12
8:00 Breakfast
 10:00 Fall Décor Take-down
 11:00 Story Time
12:00 Lunch
 2:00 Church—TH
 3:00 Stepping Out
5:00 Dinner

13 Christmas Decorating
8:00 Breakfast
12:00 Lunch
 1:15 Horticulture Therapy
 3:00 Sweat Squad—FC
5:00 Dinner

14
8:00 Breakfast
 10:00 Circle of Friends
 11:00 Soothing Sensations
12:00 Lunch
 2:00 Group Fitness—FC
 2:30 Bible Study—L
 3:00 Pickle Social—CC
5:00 Dinner

15
8:00 Breakfast
 9:15 Fun and Fit
 10:00 The Perk
 11:00 Circle of Friends
12:00 Lunch
 2:30 Music Therapy
 3:30 Table Game
 4:00 You and Me
5:00 Dinner

16
8:00 Breakfast
 10:00 Neighborhood Time
12:00 Lunch
 2:00 Drum Fit—FC
 3:00 Blue Eyed Bill—TH
5:00 Dinner
 6:30 Table Games

17
8:00 Breakfast
 10:00 Travelogue
 11:00 Line Dancing—FC
 11:00 Stepping Out
12:00 Lunch
 2:00 For the Soul
 2:00 For the Fun of Fit
5:00 Dinner

18 Christmas Bazaar
8:00 Breakfast
 9:00 Christmas Bazaar
12:00 Lunch
 2:00 You and Me
 3:00 Christmas Bazaar
5:00 Dinner

19
8:00 Breakfast
 10:00 Spa Morning
 11:00 Smoothing Sensations
12:00 Lunch
 2:00 Church—TH
 3:00 In the Kitchen
5:00 Dinner

20
8:00 Breakfast
 10:00 Circle of Friends
 11:00 Musical Moments with Celine
12:00 Lunch
 1:15 Horticulture Therapy
 2:00 Express Yourself
 3:00 Sweat Squad—FC
 3:30 For the Fun of Fit
5:00 Dinner

21
8:00 Breakfast
 10:00 Java Music Club
 11:00 The Perk
12:00 Diners Club
 2:00 Group Fitness—FC
 2:30 Bible Study—L
 3:00 Entertainment
5:00 Dinner

22
8:00 Breakfast
 9:15 Fun and Fit
 10:00 Express Yourself
 11:00 Circle of Friends
12:00 Lunch
 2:30 Music Therapy
 3:30 For the Fun of Fit
 4:00 You and Me
5:00 Dinner

23
8:00 Breakfast
 11:00 Devotions
12:00 Lunch
 2:30 In the Kitchen
 3:30 For the Soul
5:00 Dinner
 6:30 Friendly Visits

24
8:00 Breakfast Club
 10:00 Fascinator Craft—CC
 11:00 Line Dancing—FC
12:00 Lunch
 1:30 Circle of Friends
 3:00 Bingo Happy Hour—TH
5:00 Dinner

25
8:00 Breakfast
 10:00 The Perk
 11:00 Soothing Sensations
12:00 Lunch
 2:00 You and Me
 3:00 Gerry Larkin—TH
5:00 Dinner

26
8:00 Breakfast
 10:00 Christmas Movie—TH
12:00 Lunch
 2:00 Church—TH
 3:00 Stepping Out
5:00 Dinner

27
8:00 Breakfast
 10:00 Java Music Club
 11:00 The Perk
12:00 Lunch
 1:15 Horticulture Therapy
 2:00 For the Soul
 3:00 Sweat Squad—FC
 3:30 For the Fun of Fit
5:00 Dinner

28
8:00 Breakfast
 10:00 Circle of Friends
 11:00 Soothing Sensations
12:00 Lunch
 2:00 Group Fitness—FC
 2:30 Bible Study—L
 3:00 Ladies High Tea Social—TH
5:00 Dinner

29
8:00 Breakfast
 9:15 Fun and Fit
 10:00 Travelogue
 11:00 Circle of Friends
12:00 Lunch
 2:30 Music Therapy
 3:30 Stepping Out
 4:00 You and Me
5:00 Dinner

30
8:00 Breakfast
 11:00 Devotions
12:00 Lunch
 2:15 Drum Fit—FC
 3:30 Afternoon Social
5:00 Dinner
 6:30 Table Games

