

December 2023 Neighbourhood of Ailsa Craig



Neighbournood of Alisa Craig										
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
	C—Chapel* HS—Hobby Shop* L—Library* PSC—Social Club* TS—Town Square* FE—Front Entrance * ML — Main Lobby	? * = Arbour Trails Main B MF—Main Floor* TH—Town Hall* PC—Patio Courtyard BP—Back Pond* FC—Fitness Centre* PL — Jack Purcell Lounge BP — Back Patio * s, and locations are subject to ch				1 Fly Away Books 10-2 TS 9:00 Tai Chi JPL 9:30 VON Exercise FC 10:30 Morning Stretches JPL 2:30 Mini Golf 4th FL Happy Hour: 4:00 Happy Hour 3rd FL 4:20 Happy Hour 4th FL 7:15 Popcorn Pick-up TH 2:30 & 7:30 Movie: "The World's Fastest Indian" TH	2 10:15 Morning Smoothies TS 2:00 Knitting Club 4th FL 2:30 Musical Storytelling with Brad Wood & Friends TH 3:15 Happy Hour TS 7:30 Comedy Hour TH			
	3 10:15 Specialty Coffee TS 11:15 DrumFIT FC 2:15 Brain Puzzle Package Pick-up HS 2:30 Salvation Sounds Christmas Chapel Service TH 3:45 Fellowship Café TS 4:00 TV Series: "Keeping up Appearances" TH	9:00 Tai Chi JPL 10:30 Catholic Communion C 11:00 Guided Meditation TH 11:00 VON Exercise JPL 1:00 Giant Crossword 2nd FL 2:00 High Tea 2nd FL 2:30 Entertainment: "Kevin Coates" TH 3:00 Better Balance JPL 4:00 Hand Therapy JPL 5:00 Happy Hour 3rd FL 7:30 Movie: "Carousel" TH	5 10:30-2 Cameron Cards TS 10:30 Meeting of Minds Discussion Group TH 11:00 VON Exercise JPL 2:30 Film of Faith: "The Greatest Story Ever Told" TH 7:30 Entertainment: "Royal City Ukelele Ensemble" TS	6 10-2 Stars of Modern Fashion TS 9:00 Tai Chi JPL 9:30 VON Exercise FC 10:15 Documentary: "Seven Worlds, One Planet: Antarctica" TH 10:30 Coffee & Baileys 3rd FL 11:00 VON Exercise JPL 2:15 Tech Help *call ext. 836 3:00 Get Active JPL 3:30 Jeopardy & Wine JPL 7:30 Classical Music on Wednesday: "Christmas Concertos" TH	7 10-12 Poinsettia Sale TS 10:00 Chair Yoga FC 10:30 Bible Study C 11:00 VON Exercise JPL 1:30 Classic TV Show: "The Beverly Hillbillies" TH 2:15 Sing-Along Series TH 7:00 No Stress Bridge JPL	8 9:00 Tai Chi JPL 9:30 VON Exercise FC 10:30 Morning Stretches JPL 2:30 Mini Golf 4th FL Happy Hour: 4:00 Happy Hour 3rd FL 4:20 Happy Hour 4th FL	9 Christmas Market from 10-3 in Town Hall 6+ Vendors Raffle Prizes, Music & More! 2:00 Knitting Club 4th FL 2:30 Social Committee Presents: Christmas Karaoke Happy Hour JPL 7:30 Comedy Hour TH			
	10 10:15 Specialty Coffee TS 11:15 DrumFIT FC 2:15 Brain Puzzle Package Pick-up HS 3:00 Chapel Service C 3:45 Fellowship Café TS 4:00 TV Series: "Keeping up Appearances" TH	11 9:00 Tai Chi JPL 10:30 Catholic Communion C 11:00 Guided Meditation TH 11:00 VON Exercise JPL 2:30 Entertainment: "The VBA Village Band Christmas Concert" TH 3:00 Better Balance JPL 7:30 Movie: "Never Cry Wolf" TH	12 10:30 Meeting of Minds Discussion Group TH 11:00 VON Exercise JPL 2-4 Neighbourhood Christmas Party TH *RSVP on the main floor by Wednesday, December 6 7:30 Current Events L 7:30 Trivia Night HS	9:00 Tai Chi JPL 9:30 VON Exercise FC 10:15 Documentary: "Seven Worlds, One Planet: Asia" TH 10:30 Men's Conversation Connection C 10:30 Coffee & Baileys 3rd FL 11:00 VON Exercise JPL 2:15 Therapeutic Paws: Visits with Raven 3rd FL 2:15 Tech Help *call ext. 836 3:00 Bookmobile FE 3:00 Get Active JPL 3:30 Jeopardy & Wine JPL 6:30—8:30 Village of Lights Event BP 7:30 Music on Wednesday TH	14 10:00 Chair Yoga FC 10:30 Bible Study C 11:00 VON Exercise JPL 1:30 Classic TV Show: "The Beverly Hillbillies" TH 2:15 Sing-Along Series TH 7:00 No Stress Bridge JPL	9:00 Tai Chi JPL 9:30 VON Exercise FC 10:30 Morning Stretches JPL 1:30 Basilica Tour *RSVP on main floor 2:30 Mini Golf 4th FL 2:30 Entertainment: "Grace Cowley" TH Happy Hour: 4:00 Happy Hour 3rd FL 4:20 Happy Hour 4th FL 7:15 Popcorn Pick-up TH 7:30 Movie: "Pillow Talk" TH	16 10-2 Cathy's Gifts and Jewelry TS 10:15 Morning Smoothies TS 2:00 Knitting Club 4th FL 2:30 Saturday Series: "Downton Abbey" TH 3:15 Happy Hour TS			



3:00 New Years Chapel Ser-

4:00 TV Series: "Keeping up Appearances" TH

Party Featuring Music by "Martin Wall" TH

New Year's Eve

vice C 3:45 Fellowship Café TS

7:30 New Year's Eve

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
17 10:15 Specialty Coffee TS 11:15 DrumFIT FC 2:15 Brain Puzzle Package Pick-up HS 3:00 Chapel Service C 3:45 Fellowship Café TS 4:00 TV Series: "Keeping up Appearances" TH 7:30 Entertainment: "The Village Singers" TH	18 10-2 Exquisite Fashion Boutique HS 9:00 Tai Chi JPL 10:30 Catholic Communion C 11:00 VON Exercise JPL 11:00 Guided Meditation TH 12:00 Bread Bar *RSVP on main floor 1:00 Giant Crossword 2nd FL 2:00 High Tea 2nd FL 3:00 Better Balance JPL 4:00 Hand Therapy JPL 5:00 Happy Hour 3rd FL 2:30 & 7:30 Movie: "GiGi" TH	19 10-2 Bijoux Boutique TS 10:30 Meeting of Minds Discussion Group TH 11:00 VON Exercise JPL 2:30 Residents' Council Meeting Featuring "Holiday Music with Katie & Brian Lammert" TH 6:15 Audrey Meadows Light Tour *RSVP on main floor 7:30 Current Events L 7:30 Trivia Night HS	20 9:00 Tai Chi JPL 9:30 VON Exercise FC 10:15 Documentary: "Seven Worlds, One Planet: South America" TH 10:30 Coffee, Baileys and Christmas Cookies 3rd FL 11:00 VON Exercise JPL 2:15 Tech Help *call ext. 836 3:00 Get Active JPL 3:30 Jeopardy & Wine JPL 7:30 Classical Music on Wednesday: "Messiah, Handel" TH	21 10:00 Chair Yoga FC 10:30 Bible Study C 11:00 VON Exercise JPL 1:30 Classic TV Show: "The Beverly Hillbillies" TH 2:15 Sing-Along Series TH 2:30 Welcoming Winter Social with Entertainment: "Paul Schalm" TS 7:00 No Stress Bridge JPL First Day of Winter	9:00 Tai Chi JPL 9:30 VON Exercise FC 10:30 Morning Stretches JPL 2:30 Mini Golf 4th FL Happy Hour: 4:00 Happy Hour 3rd FL 4:20 Happy Hour 4th FL 7:15 Popcorn Pick-up TH 2:30 & 7:30 Movie: "Holiday Inn" TH	23 10:30 Morning Stretches JPL 2:00 Knitting Club 4th FL 2:00 Eggnog, Hot Chocolate, Treats & Andre Rieu: Christmas in London Social JPL 2:30 Saturday Series: "Downton Abbey" TH 3:15 Happy Hour TS 4:00 Board Game Café JPL 7:30 Comedy Hour TH
24 10:15 Virtual Concert: "A Bocelli Family Christmas" TH 10:15 Specialty Coffee TS 11:15 DrumFIT FC 2:15 Brain Puzzle Package Pick-up HS 3:00 Anglican Communion Chapel Service C 3:45 Fellowship Café TS 4:00 TV Series: "Keeping up Appearances" TH	25 10:00 Virtual Concert: "Andre Rieu Christmas in London" TH 10:15 Christmas Word Games HS 10:30 Catholic Communion C 11:00 Christmas Carol Café: Join for carols, hot chocolate, and festive treats! TH 1:30 The Kings Christmas Message TH 2:30 Movie: "A Christmas Carol" TH	26 10:30 Meeting of Minds Discussion Group TH 11:00 VON Exercise JPL 10:30 Giant Crossword 2nd FL 2:00 Tea & Apple Cider 2nd FL 4:00 Hand Therapy JPL 7:30 Current Events L 7:30 Trivia Night HS	9:00 Tai Chi JPL 9:30 VON Exercise FC 10:15 Documentary: "Seven Worlds, One Planet: Australia" TH 10:30 Men's Conversation Connection C 10:30 Coffee & Baileys 3rd FL 11:00 VON Exercise JPL 2:15 Tech Help *call ext. 836 3:00 Get Active JPL 3:30 Jeopardy & Wine JPL 7:30 Music on Wednesday TH	28 10:00 Chair Yoga FC 10:30 Bible Study C 11:00 VON Exercise JPL 1:30 Classic TV Show: "The Beverly Hillbillies" TH 2:15 Sing-Along Series TH 2:45 Conversation Café JPL 7:00 No Stress Bridge JPL	9:00 Tai Chi JPL 9:30 VON Exercise FC 10:30 Morning Stretches JPL 2:30 Mini Golf 4th FL Happy Birthday Hour: 4:00 Happy Hour 3rd FL 4:20 Happy Hour 4th FL 7:15 Popcorn Pick-up TH 2:30 & 7:30 Movie: "It's a Wonderful Life" TH	30 10:15 Morning Smoothies TS 2:00 Knitting Club 4th FL 2:30 Saturday Series: "Downton Abbey" TH 3:15 Happy Hour TS 7:30 Comedy Hour TH
Christmas Eve	No exercise classes for today	Boxing Day & Kwanza	Bookmobile to resumes Jan. 3rd			
31 10:15 Specialty Coffee TS 11:15 DrumFit FC	W	nere Is The Program? *	= Arbour Trails Main B	uilding		

Where Is The Program? * = Arbour Trails Main Building

MF—Main Floor*

C—Chapel* **HS**—Hobby Shop*

TH—Town Hall*

L—Library*

PC—Patio Courtyard

SC—Social Club*

BP—Back Pond*

TS—Town Square* **FE**—Front Entrance *

FC—Fitness Centre* JPL — Jack Purcell Lounge

ML — Main Lobby

BP — Back Patio *

NOTE: Programs, their times, and locations are subject to change.

Recreation Contact Information:

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