December 2023

Neighbourhoods of Williamsburg & Becker

The Village of Arbour Trails
A Schlegel Village

Where Is The Program?

C—Chapel
HS—Hobby Shop
L—Library
SC—Social Club
TS—Town Square
FE—Front Entrance
MF—Main Floor
TH—Town Hall
PC—Patio Courtyard
BP—Back Pond
FC—Fitness Centre
EG—Egerton Neighbourhood (2nd Floor)

NOTE: Programs, their times, and locations are subject to change.

Recreation Contact Information:

arbourtrails.recreation@schlegelvillages.com
(226)-251–3065 Extension 811

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 **Fly Away Books 10-2 TS** 9:30 VON Exercise Class **FC** 10:15 Java Music Club **L** 2:30 Hand Therapy **HS** 3:00 Afternoon Tea **MF Café** 7:15 Popcorn Pick-up **TH** 2:30 & 7:30 Movie: "The World's Fastest Indian" **TH**	2 10:15 Morning Smoothies **MF Café** 11:15 Balloon Volleyball **FC** 1:30 Trivia **L** **2:30 Entertainment: Musical Storytelling with Brad Woods and Friends TH** 3:00 Basketball Game **FC** 3:15 Happy Hour **MF Café** 7:30 Comedy Hour **TH**
3 10:15 Specialty Coffee Café **MF Café** 11:15 DrumFIT **FC** 1:30 Afternoon Sports **SC** 2:15 Brain Puzzle Package Pick-up **HS** **2:30 Salvation Sounds Special Chapel Service TH** 3:45 Fellowship Café **MF Café** 4:00 TV Series: "Keeping up Appearances" **TH**	4 10:00 Better Balance (Standing) **FC** 10:15 Word Games **HS** 10:30 Catholic Communion **C** 11:00 Guided Meditation **TH** 2:00 Get Active (Seated) **FC** **2:30 Entertainment: "Kevin Coates" TH** 3:45 Musical Bingo **HS** 7:30 Movie: "Carousel" **TH**	5 **Cameron Cards 10:30-2:30 TS** 10:30 Meeting of Minds Discussion Group **TH** 1:30 Afternoon Music **TH** 2:15 Art Hour: Christmas Door Hangers & Decoration Pick-up **HS** 2:30 Knitting Group **L** 2:30 Film of Faith: "The Greatest Story Ever Told" **TH** 3:30-4:30 Tech Help **HS** ***Call 811** 3:30 Stretch Class **FC** **7:30 Entertainment: "Royal City Ukulele Ensemble" TS**	6 **Stars of Modern Fashion 10-2 TS** 9:30 VON Exercise Class **FC** 10:00 Get Active (Standing) **FC** 10:15 Documentary: "Seven Worlds, One Planet: Antarctica" **TH** **11:15 Lunch Outing: Eggcetra *Sign-up Only** 2:00 Get Active (Seated) **FC** 2:30 Giant Crossword **L** 3:15 Happy Hour **MF Café** 6:00 Bookmobile Pre-ordering **HS** 7:30 Classical Music on Wednesday: "Christmas Concertos" **TH**	7 **Poinsettia Sale 10-12 TS** 10:00 Chair Yoga **FC** 10:30 Bible Study **C** 1:30 Classic TV Show: "The Beverly Hillbillies" **TH** 2:15 Sing-Along Series **TH** 3:00 Gentle Exercise **FC** 3:15 Movie Crew Meeting **HS** 7:30 Bingo! **HS**	8 9:30 VON Exercise Class **FC** 2:30 Hand Therapy **HS** 3:00 Destination Social: Switzerland **MF Café** ***No movie due to market set-up*** **First Day of Hanukkah**	9 **Christmas Market From 10-3 In Town Hall** 6+ Vendors Raffle Prizes, Music & More! 7:30 Comedy Hour **TH**
10 10:15 Specialty Coffee Café **MF Café** 11:15 DrumFIT **FC** 1:30 Afternoon Sports **SC** 2:15 Brain Puzzle Package Pick-up **HS** 3:00 Chapel Service **C** 3:45 Fellowship Café **MF Café** 4:00 TV Series: "Keeping up Appearances" **TH**	11 10:00 Better Balance (Standing) **FC** 10:15 Word Games **HS** 10:30 Catholic Communion **C** 11:00 Guided Meditation **TH** 2:00 Get Active (Seated) **FC** **2:30 Entertainment: "The Village Band Christmas Concert" TH** 3:45 Musical Bingo **HS** 7:30 Movie: "Never Cry Wolf" **TH**	12 10:30 Meeting of Minds Discussion Group **TH** 1:30 Afternoon Music **SC** 2:15 Art Hour: Creating Snow Globes **HS** 2:30 Knitting Group **L** 3:30-4:30 Tech Help **HS** ***Call 811** 3:30 Stretch Class **FC** 7:30 Current Events Group **L** 7:30 Trivia Night **HS**	13 **The Boutique 10-2 TS** 9:30 VON Exercise Class **FC** 10:00 Get Active (Standing) **FC** 10:15 Documentary: "Seven Worlds, One Planet: Asia" **TH** 10:30 Men's Conversation Connection **C** 2:00 Get Active (Seated) **FC** 3:00 Bookmobile **FE** 3:15 Happy Hour **MF Café** **6:30—8:30 Village of Lights Event BP** 7:30 Popular Music on Wednesday **TH**	14 10:00 Chair Yoga **FC** 10:15 Shake Loose a Memory Game **L** 10:30 Bible Study **C** 1:30 Classic TV Show: "The Beverly Hillbillies" **TH** 2:15 Sing-Along Series **TH** 3:00 Gentle Exercise **FC** 3:45 Mini Golf **FC** **5:30 Dining In, Out: "Swiss Chalet Festive Dinner" L** *Sign-up outside the Hobby Shop 7:30 Bingo! **HS**	15 9:30 VON Exercise Class **FC** 10:15 Java Music Club **L** **2:30 Entertainment: "Grace Cowley" TH** 2:30 Hand Therapy **HS** 3:45 Afternoon Tea **MF Café** 7:15 Popcorn Pick-up **TH** 7:30 Movie: "Pillow Talk" **TH** **National Christmas Sweater Day**	16 **Cathy's Gifts & Jewelry 10-2 TS** 10:15 Morning Smoothies **MF Café** 11:15 Balloon Volleyball **FC** 1:30 Trivia **L** 2:30 Saturday Series "Downton Abbey" **TH** 3:00 Basketball Game **FC** 3:15 Happy Birthday Hour **MF Café**

December 2023

Neighbourhoods of Williamsburg & Becker

The Village of Arbour Trails
A SCHLEGEL VILLAGE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
17 10:15 Specialty Coffee Café **MF Café** 11:15 DrumFIT **FC** 1:30 Afternoon Sports **SC** 2:15 Brain Puzzle Package Pick-up **HS** 3:00 Chapel Service **C** 3:45 Fellowship Café **MF Café** 4:00 TV Series: "Keeping up Appearances" **TH** **7:30 Entertainment: "The Village Singers" TH**	18 10:00 Better Balance (Standing) **FC** 10:15 Word Games **HS** 10:30 Catholic Communion **C** 11:00 Guided Meditation **TH** 2:00 Get Active (Seated) **FC** 3:00 Musical Bingo **HS** 2:30 & 7:30 Movie: "GiGi" **TH**	19 **Bijoux Boutique 10-2 TS** 10:30 Meeting of Minds Discussion Group **TH** 1:30 Afternoon Music **TH** **2:30 Residents' Council Meeting Featuring "Music with Katie & Brian Lammert" TH** 2:30 Knitting Group **L** 3:30-4:30 Tech Help **HS** ***Call 811** 3:30 Stretch Class **FC** 7:30 Current Events Group **L** 7:30 Trivia Night **HS**	20 9:30 VON Exercise Class **FC** 10:00 Get Active (Standing) **FC** 10:15 Documentary: "Seven Worlds, One Planet: South America" **TH** 2:00 Get Active (Seated) **FC** **2:30 Williamsburg & Becker Neighbourhood Christmas Party MF Café** 6:00 Bookmobile Pre-ordering **HS** 7:30 Classical Music on Wednesday: "Messiah, Handel" **TH**	21 10:00 Chair Yoga **FC** 10:15 Shake Loose a Memory Game **L** 10:30 Bible Study **C** **2:30 Welcoming Winter Social Featuring Entertainment by "Paul Schalm" TS** 3:00 Gentle Exercise **FC** 3:45 Mini Golf **FC** **6:15 Outing: Christmas Light Tours *Sign-up Only** 7:30 Bingo! **HS**	22 9:30 VON Exercise Class **FC** 2:30 Hand Therapy **HS** 3:00 Destination Social: "Ottawa" **MF Café** 7:15 Popcorn Pick-up **TH** 2:30 & 7:30 Movie: "Holiday Inn" **TH**	23 10:15 Morning Smoothies **MF Café** 11:15 Balloon Volleyball **FC** 1:30 Trivia **L** 2:30 Saturday Series "Downton Abbey" **TH** 3:00 Basketball Game **FC** 3:15 Happy Hour **MF Café** 7:30 Comedy Hour **TH**
24 10:15 Virtual Concert: "A Bocelli Family Christmas" **TH** 10:30 Specialty Coffee Café **MF Café** 11:15 DrumFIT **FC** 1:30 Afternoon Sports **SC** 2:15 Brain Puzzle Package Pick-up **HS** 3:00 Anglican Communion Chapel service **C** 3:45 Fellowship Café **MF Café** 4:00 TV Series: "Keeping up Appearances" **TH** **Christmas Eve**	25 10:00 Virtual Concert: "Andre Rieu Christmas in London" **TH** 10:15 Holiday Word Game **HS** 10:30 Catholic Communion **C** **11:00 Christmas Carol Café: Join for carols, hot chocolate, and festive treats! TH** 1:30 The King's Christmas Message **TH** 2:30 Movie: "A Christmas Carol" **TH** 3:00 Musical Bingo **HS** **Christmas Day**	26 10:30 Meeting of Minds Discussion Group **TH** 1:30 Afternoon Music **TH** 2:15 Art Hour: Card Making with Kathy 2:30 Knitting Group **L** 3:30-4:30 Tech Help **HS** ***Call 811** 3:30 Stretch Class **FC** 7:30 Current Events Group **L** 7:30 Trivia Night **HS** **Boxing Day & Kwanzaa**	27 9:30 VON Exercise Class **FC** 10:00 Get Active (Standing) **FC** 10:15 Documentary: "Seven Worlds, One Planet: Australia" **TH** 10:30 Men's Conversation Connection **C** 2:00 Get Active (Seated) **FC** 2:15 Therapeutic Pet Paws: Raven Visits **HS** 2:30 Giant Crossword **L** 3:15 Happy Hour **MF Café** 7:30 Popular Music on Wednesday **TH** ***Bookmobile is cancelled & resumes January 3rd**	28 10:00 Chair Yoga **FC** 10:15 Shake Loose a Memory Game **L** 10:30 Bible Study **C** 1:30 Classic TV Show: "The Beverly Hillbillies" **TH** 2:15 Sing-Along Series **TH** 3:00 Gentle Exercise **FC** 3:45 Mini Golf **FC** 7:30 Bingo! **HS**	29 9:30 VON Exercise Class **FC** 10:30 Java Music Club **L** 2:30 Hand Therapy **HS** 3:00 Afternoon Tea **MF Café** 7:15 Popcorn Pick-up **TH** 2:30 & 7:30 Movie: "It's a Wonderful Life" **TH**	30 10:15 Morning Smoothies **MF Café** 11:15 Balloon Volleyball **FC** 1:30 Trivia **L** 2:30 Saturday Series "Downton Abbey" **TH** 3:15 Happy Hour **MF Café** 7:30 Comedy Hour **TH**
31 10:15 Brain Puzzle Package Pick-up **MF Café** 1:30 Afternoon Sports **SC** 2:15 DrumFIT **FC** ***Notice Time Change** 3:00 Chapel Service **C** 3:45 Fellowship Café **MF Café** 4:00 TV Series: "Keeping up Appearances" **TH** **7:30 New Year's Eve Party Featuring Entertainment by "Martin Wall" TS** **New Year's Eve**						

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