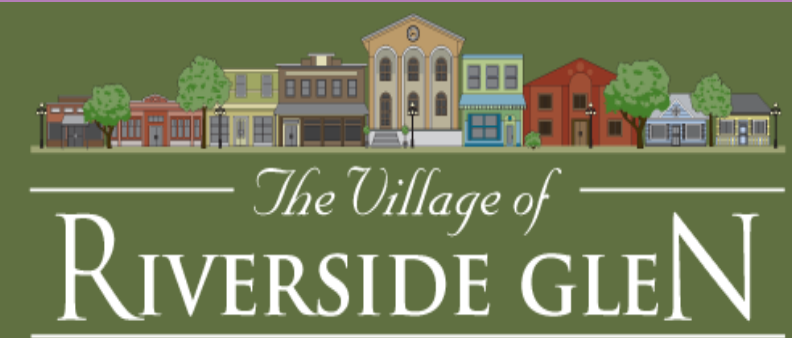




# DECEMBER 2023

## Emma Neighbourhood



### Sunday

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

### Saturday

					<b>1</b> 8:00 Breakfast 10:00 Greeting the Day 11:00 Stepping Out 12:00 Lunch 2:00 Christmas Market Prep 3:00 Happy Hour 5:00 Dinner	<b>2</b> 8:00 Breakfast 10:00 Soothing Sensations 11:00 Morning Movie 12:00 Lunch 2:00 Musical Moments 5:00 Dinner
<b>3</b> 8:00 Breakfast 10:00 Church Service 11:00 Brains and Banter 12:00 Lunch 3:00 You and Me 5:00 Dinner	<b>4</b> 8:00 Breakfast 10:00 Greeting the Day 11:00 Circle of Friends 12:00 Lunch 2:30 Music with Sharon 3:30 For the Fun of Fit 5:00 Dinner 6:30 Sing Along	<b>5</b> 8:00 Breakfast 10:00 Greeting the Day 11:00 Brains and Banter 12:00 Lunch 1:30 Hymn Sing 3:00 Christmas Market Prep 5:00 Dinner 6:00 Movie Night	<b>6</b> 8:00 Breakfast 10:00 Fitness with Rayyan 10:45 Sing Along 12:00 Lunch 2:00 Brains and Banter 3:00 Church Service 5:00 Dinner	<b>7 Hanukkah</b> 8:00 Breakfast 10:00 Greeting the Day 11:00 Fitness with Rayyan 12:00 Lunch 1:45 Music with Wendy 3:00 You and Me 5:00 Dinner 6:30 Soothing Sensations	<b>8</b> 8:00 Breakfast 10:00 Greeting the Day 10:30 RC Mass 12:00 Lunch 1:00 Dance Party with Hilda 3:00 Happy Hour 5:00 Dinner	<b>9</b>  <b>Riverside Glen's Christmas Market! 10-3pm</b>
<b>10</b> 8:00 Breakfast 10:00 Church Service 11:00 Brains and Banter 12:00 Lunch 2:00 Musical Moments 3:00 You and Me 5:00 Dinner	<b>11</b> 8:00 Breakfast 10:00 Greeting the Day 11:00 Circle of Friends 12:00 Lunch 2:00 Express Yourself 3:00 Fitness with Rayyan 5:00 Dinner 6:30 Sing Along	<b>12</b> 8:00 Breakfast 10:00 Greeting the Day 11:00 Brains and Banter 12:00 Lunch 2:00 Aiden Purnell 3:00 Soothing Sensations 5:00 Dinner 6:00 Movie Night	<b>13</b> 8:00 Breakfast 10:00 Fitness with Rayyan 10:45 Songbird Choir 12:00 Lunch 2:00 Calendar Planning 3:00 Church Service 5:00 Dinner	<b>14</b> 8:00 Breakfast 10:00 Greeting the Day 11:00 Fitness with Rayyan 2:00 Java Music 3:00 You and Me 5:00 Dinner 6:30 Soothing Sensations	<b>15 Christmas Sweater Day</b> 8:00 Breakfast 10:00 Greeting the Day 11:00 Stepping Out 12:00 Lunch 2:00 In the Kitchen 3:00 Happy Hour 5:00 Dinner	<b>16</b> 8:00 Breakfast 10:00 Morning Movie 11:00 Soothing Sensations 12:00 Lunch 1:00 Cam Jam 3:30 Fitness with Rayyan 5:00 Dinner
<b>17</b> 8:00 Breakfast 10:00 Greeting the Day 11:00 Brains and Banter 12:00 Lunch 2:30 Church Service 3:00 You and Me 5:00 Dinner <b>6:30 Bus Outing</b>	<b>18</b> 8:00 Breakfast 10:00 Greeting the Day 11:00 Circle of Friends 12:00 Lunch 2:00 Express Yourself 3:30 For the Fun of Fit 5:00 Dinner 6:30 Sing Along	<b>19</b> 8:00 Breakfast 10:00 Greeting the Day 11:00 Brains and Banter 12:00 Lunch 1:30 Hymn Sing 3:00 Soothing Sensations 5:00 Dinner 6:00 Movie Night	<b>20</b> 8:00 Breakfast 10:00 Fitness with Rayyan 10:45 Sing Along 12:00 Lunch 2:00 Brains and Banter 3:00 Church Service 5:00 Dinner	<b>21 Winter Wonderland</b> 8:00 Breakfast 10:00 Greeting the Day 11:00 Fitness with Rayyan 12:00 Lunch 2:00 Java Music 3:00 You and Me 5:00 Winter Formal Dinner 6:30 Soothing Sensations	<b>22 Candy Cane Day</b> 8:00 Breakfast 10:30 Birthday Social 12:00 Lunch 1:00 Dance Party with Hilda 2:00 In the Kitchen 3:00 Happy Hour 5:00 Dinner	<b>23 Red And Green Day</b> 8:00 Breakfast 10:00 Morning Movie 11:00 Soothing Sensations 12:00 Lunch 2:00 Musical Moments 3:30 For the Fun of Fit 5:00 Dinner
<b>24 Elf Day / Christmas Eve</b> 8:00 Breakfast 10:00 Church Service 11:00 Brains and Banter 12:00 Lunch 2:00 Musical Moments 3:00 You and Me 5:00 Dinner	<b>25 Christmas Day</b> 8:00 Breakfast 10:00 Greeting the Day 11:00 Circle of Friends 12:00 Lunch 2:00 Christmas Social 3:00 You and Me 5:00 Dinner	<b>26</b> 8:00 Breakfast 10:00 Greeting the Day 11:00 Brains and Banter 12:00 Lunch 1:30 Hymn Sing 3:00 Soothing Sensations 5:00 Dinner 6:00 Movie Night	<b>27</b> 8:00 Breakfast 10:00 Fitness with Rayyan 10:45 Songbird Choir 12:00 Lunch 2:00 Brains and Banter 3:00 Church Service 5:00 Dinner	<b>28</b> 8:00 Breakfast 10:00 Greeting the Day 11:00 Fitness with Rayyan 12:00 Lunch 2:00 Java Music 3:00 You and Me 5:00 Dinner 6:30 Soothing Sensations	<b>29</b> 8:00 Breakfast 10:00 Greeting the Day 11:00 Stepping Out 12:00 Lunch 2:00 In the Kitchen 3:00 Happy Hour 5:00 Dinner	<b>30</b> 8:00 Breakfast 10:00 Morning Movie 11:00 Soothing Sensations 12:00 Lunch 2:00 Musical Moments 3:30 Fitness with Rayyan 5:00 Dinner
<b>31 New Years Eve</b>						