



December 2023

Pollock Neighbourhood



The Village at
UNIVERSITY GATES

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Johnston: Jo Matthews: Ma Pollock: Po Hagey: Ha Wright: Wr Downey: Do	Lounge: Lo Country Kitchen: CK Hobby Shop: HS Dining Room: DR Parlour: Pa	Main Street: MS Community Centre: CC Chapel: C Library: L Fitness Centre: FC Courtyard: CY		1. 1:00 Calendar Hang Up 2:00 Bingo on Downey 3:30 Active Games (FC) 6:30 Crafting Club (CC)	2. Apple Fritter Day 9:30 Daily Perk 10:30 For the Fun of Fit 2:00 Christmas Decorating
3. 9:30 For the Soul 10:30 You & Me 1:00 Outing: Jazz Ensemble	4. 2:30 Christmas Parade Planning 3:30 Total Body Fitness (FC) 6:30 Gameshow Trivia (CC)	5. 9:30 Rosary (C) 10:30 Sit N Get Fit 2:00 Bingo (MS) 3:30 Tai Chi (FC) 6:30 Devotions (C)	6. 10:00 Nail Care 1:00 Greenhouse Drop-in 2:00 Food Committee (C) 3:30 Balance Class (FC) 6:30 Board Games (CC)	7. 9:30 Church Service (C) 1:00 Greenhouse Drop-in 2:00 Board Games 6:30 Active Games (MS)	8. 10:00 Express Yourself 2:00 Bingo with Downey 3:30 Hello Pollock 3:30 Active Games (FC) 6:30 Crafting Club (CC)	9. 9:30 Daily Perk 10:30 For the Fun of Fit 10:00 In the Kitchen: Ginger Snap Cookies 2:00 Entertainment with Hen-
10. 9:30 For the Soul 10:30 You & Me 2:00 In the Kitchen: Ginger Snap Cookies	11. 10:30 Village Update (C) 2:30 Christmas Parade Crafting 3:30 Total Body Fitness (FC) 6:30 Gameshow Trivia (CC)	12. 9:30 Rosary (C) 10:30 Sit N Get Fit 2:00 Bingo (MS) 3:30 Concert in Care (Po) 3:30 Green Thumbs 3:30 Tai Chi (FC) 6:30 Java Music Club (CC)	13. Christmas Party 10:00 Nail Care 1-4 Holiday Open House 1:30 - 3:30 Christmas Party 3:30 Balance Class (FC) 6:30 Board Games (CC)	14. 9:30 Church Service (C) 1:00 Greenhouse Drop-in 2:00 Residents' Council (C) 6:30 Active Games (MS)	15. 1-4pm NuStep Challenge (FC) 1:00 Hello Pollock 2:00 Bingo on Downey 3:30 Active Games (FC) 6:30 Crafting Club (CC)	16. 9:30 Daily Perk 10:30 Christmas Parade Crafting 2:00 Entertainment with Kev-in Coates (Jo)
17. 9:30 For the Soul 10:30 Nail Care 2:00 Stepping Out	18. 2:30 Hello Pollock 2:15 Aquatic Therapy 6:30 Outing: Bingeman's Gift of Lights	19. 9:30 Rosary (C) 2:00 Greenhouse Drop-in 2:30 Grand River Band Christmas Concert (RH) 3:30 Green Thumbs 3:30 Tai Chi (FC) 6:30 Devotions (C)	20. 10:00 In the Kitchen: Mixing Sugar Cookies 1:00 Greenhouse Drop-in 2:00 Movie Matinee (C) 3:30 Balance Class (FC)	21. 10:00 Christmas Service (C) 12:00 Christmas Parade 1:00 Greenhouse Drop-in 2:00 In the Kitchen: Cutting and Baking Cookies 6:30 Active Games (MS)	22. 9:30 Board Games 2:00 Bingo with Downey 3:30 Active Games (FC)	23. 9:30 Daily Perk 10:30 In the Kitchen: Decorating Sugar Cookies 2:00 Entertainment with The Staccatos (Po)
24. Christmas Eve 9:30 For the Soul 10:30 Soothing Sensations 1:00 Stepping Out	25. MERRY CHRISTMAS 9:30 Hand out gifts 10:30 For the Soul 2:00 Christmas Movie and Hot Chocolate	26. Boxing Day 9:30 Rosary (C) 10:30 In the Kitchen: Cinnamon Rolls 2:00 Bingo	27. 10:00 Nail Care 1:00 Greenhouse Drop-in 2:00 Snow Ball Toss 6:30 Board Games (CC)	28. 9:30 Church Service (C) 1:00 Greenhouse Drop-in 2:00 Board/Card Games 6:30 Active Games (MS)	29. 1:00 Hello Pollock 2:00 Bingo on Downey 6:30 Crafting Club (CC)	30. 9:30 Daily Perk 10:30 For the Fun of Fit 2:00 Winter Fun with University of Waterloo Students
31. NEW YEARS EVE 9:30 For the Soul 10:30 Stepping Out 2:00 New Years Eve Party with the Dynamic Duo MS						