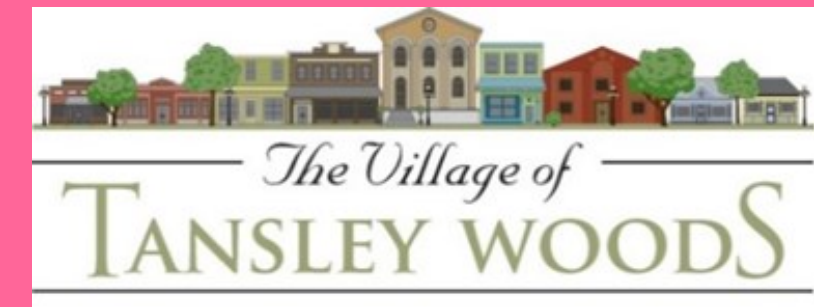


February 2024

Emma's East Neighbourhood



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 8:00 Breakfast 10:00 You & Me 11:00 Musical Moments 12:00 Lunch 2:00 Get Moving 5:00 Dinner	2 Groundhog Day 8:00 Breakfast 10:30 Groundhog Bowling 12:00 Lunch 2:20 Express Yourself: Mardi Gras Mask Making 3:30 Musical Moments 5:00 Dinner	3 8:00 Breakfast 10:00 Church Service 12:00 Lunch 2:00 Sing Along 2:30 Exercise Class 5:00 Dinner
4 8:00 Breakfast 10:00 Café Time 11:00 Get Moving 12:00 Lunch 2:30 Exercise Class 5:00 Dinner	5 8:00 Breakfast 10:30 Art Workshop 12:00 Lunch 2:15 Gilbert Visits 3:45 Bingo 5:00 Dinner	6 8:00 Breakfast 11:00 Get Moving 12:00 Lunch 3:00 Live Entertainment: Stephen Miller 5:00 Dinner	7 8:00 Breakfast 10:30 You & Me 11:00 Brains & Banter 12:00 Lunch 2:30 Exercise Class 3:00 Stepping Out 3:30 Exercise Class 5:00 Dinner	8 8:00 Breakfast 12:00 Lunch 2:00 Musical Moments 2:30 Exercise Class 5:00 Dinner	9 8:00 Breakfast 10:30 Bowling 12:00 Lunch 2:30 Express Yourself: Gilbert's Birthday Card 4:00 Armchair Travel 5:00 Dinner	10 8:00 Breakfast 10:00 Church Service 12:00 Lunch 2:00 Sing Along 2:30 Exercise Class 5:00 Dinner
11 8:00 Breakfast 10:00 Café Time 11:00 Get Moving 12:00 Lunch 2:00 Entertainment (Ethan) 2:30 Exercise Class 5:00 Dinner	12 8:00 Breakfast 10:30 Art Workshop 12:00 Lunch 2:15 Gilbert Visits 3:45 Bingo 5:00 Dinner	13 Shove Tuesday 8:00 Breakfast 11:00 Musical Moments 12:00 Lunch 3:00 Mardi Gras Party 3:30 Mardi Gras Bingo 5:00 Dinner	14 Ash Wednesday / Valentine's Day / Gilbert's Birthday 8:00 Breakfast 10:00 Ash Wednesday Service (Main Floor - Town Hall) 11:00 Brains & Banter 12:00 Lunch 2:30 Exercise Class 3:00 Stepping Out 5:00 Dinner	15 8:00 Breakfast 10:00 You & Me 11:00 Get Moving 12:00 Lunch 2:30 Exercise Class 5:00 Dinner	16 8:00 Breakfast 10:30 You & Me 11:00 Get Moving 12:00 Lunch 2:00 Get Moving 3:30 Bowling 5:00 Dinner	17 8:00 Breakfast 10:00 Church Service 12:00 Lunch 2:00 Sing Along 2:30 Exercise Class 5:00 Dinner
18 8:00 Breakfast 10:00 Café Time 11:00 Get Moving 12:00 Lunch 2:30 Exercise Class 5:00 Dinner	19 Family Day 8:00 Breakfast 10:30 Art Workshop 12:00 Lunch 2:30 Stepping Out 3:45 Bingo 5:00 Dinner	20 8:00 Breakfast 11:00 Bocce Ball Tournament (Main Floor - Town Hall) 12:00 Lunch 2:15 Movie 2:45 Exercise Class 3:30 Stepping Out 5:00 Dinner	21 8:00 Breakfast 10:30 You & Me 11:00 Brains & Banter 12:00 Lunch 2:30 Exercise Class 3:00 Stepping Out 5:00 Dinner	22 8:00 Breakfast 12:00 Lunch 2:30 Exercise Class 3:15 Circle of Friends 4:00 Musical Moments 5:00 Dinner 6:15 Nails	23 8:00 Breakfast 10:30 You & Me 11:00 Get Moving 12:00 Lunch 3:00 Birthday Party 5:00 Dinner	24 8:00 Breakfast 10:00 Church Service 12:00 Lunch 2:00 Sing Along 2:30 Exercise Class 5:00 Dinner
25 8:00 Breakfast 10:00 Café Time 11:00 Get Moving 12:00 Lunch 2:00 Entertainment (Ethan) 2:30 Exercise Class 5:00 Dinner	26 8:00 Breakfast 10:30 Art Workshop 12:00 Lunch 2:15 Gilbert Visits 3:45 Bingo 5:00 Dinner	27 8:00 Breakfast 11:00 Get Moving 12:00 Lunch 2:15 Movie 2:45 Exercise Class 3:30 Stepping Out 5:00 Dinner	28 Pink Shirt Day 8:00 Breakfast 10:30 You & Me 11:00 Brains & Banter 12:00 Lunch 2:30 Exercise Class 3:00 Live Entertainment: Gerry Larkin (Main Floor - Town Hall) 3:30 Exercise Class 5:00 Dinner	29 8:00 Breakfast 12:00 Lunch 2:30 Exercise Class 3:15 Circle of Friends 4:00 Brains and Banter 5:00 Dinner 6:15 Nails		