



# February 2024

## Meadowvale



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Programs may be subject to change if required</b></p>						
				<p><b>1</b> 10:30 Castlebridge Concert - V 1:00 Private communion -TO 2:00 RC communion/Rosary - TH 2:00 Art &amp; Craft—CK 3:00-Expressing yourself-OA 6:30 Music Appreciation-FC</p>	<p><b>2</b> 10:00-For the fun of fit-OA 11:00-Brain and Banter-OA 2:00-Musical Moments-AR 3:00-You and I-TO 6:30 Movie Night-FC</p>	<p><b>3</b> 10:00-For the fun of fit-OA 11:00-Circle of friends-OA 2:00-In the kitchen-OA 2:00 Bingo-MS 3:15-You and I-TO 6:30 A Little Bit of This and That- FC</p>
<p><b>4</b> 10:00-For the fun of fit-OA 11:00-Brain and Banter-OA 2:00-Soothing sensations-OA 3:30 Worship service - L 6:30 Famous Faces-FC</p>	<p><b>5</b> 10:00 Feel and Fold-CK 11:00-For the soul-OA 2:00-In the kitchen-OA 3:00-Circle of friends-OA 6:30 Travelogue- FC</p>	<p><b>6</b> 10:00-Stepping out-OA' 11:00-Exercise with physio-OA 2:00 Dance the Day Away-MS 3:00-Brain and Banter-OA 6:30 Bingo-MS</p>	<p><b>7</b> 10:30 Green Thumb—CK 11:00-For the soul-OA 2:00-Soothing sensations-OA 3:00 Java Music Club-CC 6:30 Brain Boosters-FC</p>	<p><b>8</b> 10:15 Music Therapy- OA 1:00 Private communion -TO 2:00 RC communion/Rosary - TH 2:00 Art &amp; Craft—CK 3:00-Expressing yourself-OA 6:30 Music Appreciation-FC</p>	<p><b>9</b> 10:00-For the fun of fit-OA 11:00-Brain and Banter-OA 2:00-Musical Moments-AR 3:00-You and I-TO 6:30 Movie Night-FC</p>	<p><b>10</b> 9:30 Green Thumb—CC 10:00-For the fun of fit-OA 11:00-Circle of friends-OA 2:00 Bingo-MS 3:15-You and I—TO 6:30 A Little Bit of This and That-FC</p>
<p><b>11</b> 10:00-For the fun of fit-OA 11:00-Brain and Banter-OA 2:00 Sunday Social- MS 4:00 Worship service - L 6:30 Famous Faces-FC</p>	<p><b>12</b> 10:00 Feel and Fold-CK 11-3 Lunch @ Mandarin-Sign up required 2:00-In the kitchen-OA 3:00-Circle of friends-OA 6:30 Brain Boosters- FC</p>	<p><b>13</b> 10:00-Stepping out-OA 11:00-Exercise with physio-OA 2:00-Brains and banter-OA 6:30 Bingo-MS</p>	<p>14 Valentine's Day 10:00-For the Soul-OA 11:00 Smile Serenade- OA 2:00 Ash Wednesday service - TH 2:00 Celebrating Valentine's Day- MS 3:00 Hymn Sing/Pastoral Visit</p>	<p><b>15</b> 10:15 Music Therapy- OA 11:00-You and I -TO 2:00 Art &amp; Craft—CK 3:00-Expressing Yourself-OA 6:30 Music Appreciation-FC</p>	<p><b>16</b> 10:00-For the fun of fit-OA 11:00-Brain and Banter-OA 2:00-Musical Moments-AR 3:00-You and I-TO 6:30 Movie Night-FC</p>	<p><b>17</b> 10:00-For the fun of fit-OA 11:00-Circle of friends-OA 2:00 Bingo-MS 3:15- You and I -TO 6:30 A Little Bit of This and That-FC</p>
<p><b>18</b> 10:00-For the fun of fit-OA 11:00-Brain and Banter-OA 2:00-Soothing sensations-OA 3:30 Worship service - L 6:30 Family Feud- FC</p>	<p><b>19</b> Family Day 10:00 Feel and Fold-CK 11:00-For the soul-OA 2:00 Celebrating Family Day-MS 3:00-Circle of friends-OA 6:30 Trivia- FC</p>	<p><b>20</b> 10:00-Stepping out-OA 11:00-Exercise with physio-OA 1:45 Black History Month Celebration-MS 3:00-Brain and banter-OA 6:30 Bingo-MS</p>	<p><b>21</b> 10:30 Green Thumb—CK 11:00-For the soul-OA 2:00 Anglican Service - TH 2:00 Residents Council Meeting -CC 3:00 Hymn Sing/Pastoral Visit 6:30 Java Music Club-CC</p>	<p><b>22</b> 10:15 Music Therapy- OA 11:00-Expressing yourself-TO 2:00 Art &amp; Craft—CK 3:00 Memorial Service -V 6:30 Music Appreciation-FC</p>	<p><b>23</b> 10:00-For the fun of fit-OA 11:00-Brain and Banter-OA 2:00-Musical Moments-AR 3:00-You and I-TO 6:30 Movie Night-FC</p>	<p><b>24</b> 9:30 Green Thumb—CC 10:00-For the fun of fit-OA 11:00-Circle of friends-OA 2:00 Bingo-MS 3:15-You and I-TO 6:30 A Little Bit of This and That-FC</p>
<p><b>25</b> 10:00-For the fun of fit-OA 11:00-Brain and Banter-OA 2:00-Soothing sensations-OA 3:30 Worship service - L 6:30 Famous Places-FC</p>	<p><b>26</b> 10:00 Feel and Fold-CK 11:00-For the soul-OA 2:00-In the kitchen-OA 3:00-Circle of friends-OA 6:30 Travelogue- FC</p>	<p><b>27</b> 10:00-Stepping out-OA 11:00-Exercise with physio-OA 2:00 Birthday Bash-MS 3:00-Brain and banter-OA 6:30 Bingo-MS</p>	<p><b>28</b> 10:00-For the fun of fit-OA 11:00-For the soul-OA 2:00-Soothing Sensations-OA 3:00 Music With David 6:30 Java Music Club-CC</p>	<p><b>29</b> 10:15 Music Therapy- OA 1:00 Private communion -TO 2:00 RC Mass - TH 2:00 Art &amp; Craft—CK 3:00-Expressing Yourself- TO 6:30 Music Appreciation-FC</p>		<p>Main Street—MS Activity Room—AR Country Kitchen- CK Community Centre—CC Fitness Centre- FC Open Area- OA Touring- TO Town Hall - TH Virtual - V</p>