



February 2024

Brule Neighborhood



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:30 It's Never Too Late 11:00 Concerts in Care 2:30 For the Fun of Fitness "Bowling" 3:30 Brains & Banter	2 Groundhog Day 10:00 Java Memory 11:00 Express Yourself "Valentine Crafts" 2:30 Brains & Banter - Bingo 3:30 Stepping Out	3 National Carrot Cake Day 10:15 In the Kitchen "Carrot Cake" 11:15 For the Fun of Fit "Morning Stretches" 1:30 Musical Moments
4 10:15 Musical Moments "Spiritual Music" 10:30 Stepping Out 1:30 Soothing Sensations "Spa Day"	5 10:00 Java Memory 11:00 Circle of Friends 2:30 For the Fun of Fit "Bowling" 4:00 You and Me	6 Outing to Walmart - 2pm 10:00 Spiritual Music 11:00 Express Yourself "Painting" 2:30 In the Kitchen "Fruit Bowl" 3:30 Stepping Out	7 10:00 Horticulture Therapy 10:00 For the Fun of Fit "Dance Class" 10:30 Express Yourself "Valentine Roses" 2:30 Brains & Banter "Bingo" 3:45 You & Me	8 9:30 You & Me 10:00 For the Fun of Fit "Horseshoes" 11:00 Soothing Sensations 2:30 In the Kitchen "Pasta Making" 3:45 It's Never Too Late	9 10:00 Express Yourself "Black History Month" 11:00 For the Fun of Fit "Dance Party" 2:30 Brains and Banter 3:45 You and Me	10 Chinese New Year 10:00 Morning Meditation 11:00 Brains and Banter 2:30 Chinese New Year's Social - Cafe 3:45 Circle of Friends
11 10:00 For the Fun of Fit "Exercise Class" 11:00 Soothing Sensations 2:30 Brains and Banter 3:30 You & Me	12 10:00 Java Memory 11:00 Spiritual Service 11:30 Musical Moments 2:30 Express Yourself "Mardi Gras Beads" 4:00 Circle of the Friends	13 Mardi Gras Shrove Tuesday 9:30 In the Kitchen "King Cake" 10:30 For the Fun of Fit "Morning Stretches" 2:30 Mardi Gras Social 4:00 You & Me	14 Valentine's Day Ash Wednesday 9:30 Music Therapy 10:00 You & Me 10:00 Horticulture Therapy 2:30 Valentine's Concert: Elvis	15 2:30 In the Kitchen "Fruit Smoothies" 3:00 Brains & Banter 3:00 Resident Council 4:00 You & Me 6:30 Wine & Cheese Social	16 10:00 In the Kitchen "Strawberry Pancakes" 11:15 Brains and Banter 2:30 Express Yourself 3:45 Circle of Friends	17 Random Acts of Kindness Day 10:15 Stepping Out 11:15 Circle of Friends 1:30 Express Yourself "Poetry"
18 10:15 Musical Moments "Spiritual Songs" 10:30 You and Me 1:30 For the Fun of Fit "Ladder Ball"	19 Family Day Festivities 10:00 Express Yourself "Creative Colouring" 11:00 Brains and Banter 2:30 Hands on Exotics and other Fun Activities for the whole family! - RT	20 9:30 Morning Movie 10:30 Feel & Fold 2:30 Express Yourself "Spider Web Watercolour Painting" 4:00 You & Me	21 National Sticky Bun Day 9:30 Music Therapy 9:30 In the Kitchen 10:00 Celebration of Life 10:00 Horticulture Therapy 11:00 In the Kitchen (cont'd) 2:30 For the Fun of Fit 3:30 Soothing Sensations	22 9:30 It's Never Too Late 2:30 In the Kitchen "Sweet Potato & Plantain Pie" 4:00 You & Me 6:30 Movie & Treats	23 Hockey Hall of Fame Outing - 1:30 10:30 Italian Club 2:30 Black History Social 3:30 Circle of Friends	24 10:00 For the Fun of Fitness "Morning Meditation" 11:00 Brains and Banter 2:30 In the Kitchen "Tea Social" 3:45 Circle of Friends
25 10:00 For the Fun of Fit "Exercise Class" 11:00 Soothing Sensations 2:30 Brains and Banter 3:45 You & Me	26 10:30 Java Memory 11:00 Spiritual Service 2:30 Express Yourself "Pink Day Crafts" 4:00 You & Me	27 9:30 Morning Movie 10:30 Feel & Fold 2:30 Birthday Entertainment: "Emilio" 4:30 You & Me	28 Pink Shirt Day 9:30 Music Therapy 10:00 Horticulture Therapy 11:00 Pink Day Photo Shoot 2:30 Pink Day Tea Social 4:00 It's Never Too Late	29 9:30 It's Never Too Late 2:30 Damilie's Tea Social 4:00 You & Me 6:30 Musical Moments "Sing Along with Suzie"	