


February 2024

Islington Neighborhood



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 1:30 Bingo! 2:30 Games– Pennyante 4:15 Stepping Out 6:15 You & Me	2 Groundhog Day 09:45 Brains & Banter: Groundhog Facts/Quiz 10:30 Stepping Out 02:30 In the Kitchen 03:30 Social	3. 09:45 Java Music Club 10:30 Bingo 02:00 Express Yourself: Black History Month 03:00 You and Me
4 09:30 Music Therapy 10:30 Catholic Mass 02:00 Manicures 03:00 Stepping Out	5 09:45 Trivia 10:30 For the Fun Of Fit 02:30 In the Kitchen: Vanilla Shakes 03:30 Express Yourself	6 Outing: Walmart 9:00 Horticulture Hour 09:45 Manicures 10:30 Yoga– TS 02:00 Outing: Walmart 03:30 You and Me	7 09:45 Express Yourself 10:45 Musical Moments 02:30 Java Music Club 03:30 Stepping out	8 1:30 Bingo! 2:30 For the Fun of fit 3:30 Trivia: Black History 6:30 Games night 7:00 You and Me	9 09:45 For the Fun of Fit 10:30 Baking 02:00 Social 3:30 Entertainment: Filipa	10 Chinese New Year 09:45 Dragon Making 10:30 Circle Of friends 02:30 Chin. NY Social 03:30 You & Me 04:00 New Year Trivia
11 09:45 Hymn Sing 10:30 Catholic Mass 02:30 In the Kitchen 03:30 Social	12 01:15 Headbands 02:15 Valentine’s Wreath Art 03:15 Manicures 04:00 It’s Never Too Late 06:15 Movie and Chips	13 Mardi Gras 9:00 Horticulture Hour 10:00 Mardi Gras Social 02:30 Mardi Gras Crafts 03:30 Stepping out	14 Valentine’s Day 09:45 Circle of Friends 10:45 Music Therapy 02:30 Valentine’s Day Entertainment: Elvis 04:00 You and Me	15 Resident Council Meeting 1:30 Bingo! 3:00 Resident Council 4:15 Express Yourself 6:15 Stepping out	16 09:45 For the Fun of Fit 10:00 Mathletes 02:00 Headbands 03:30 Social 04:00 It’s Never Too Late	17 09:45 Exercise Club 10:30 Bingo! 02:00 Lavender Sachets 03:00 Soothing Sensation 03:30 You & Me
18 09:45 Express Yourself 10:30 Catholic Mass 02:00 Manicures 03:00 Popcorn & Coffee	19 Family Day 09:45 Trivia 10:30 For the fun of fit 02:30 Family Day Festivities 3:30 You & Me	20 9:00 Horticulture Hour 10:00 Outing: Ripley’s Aquarium 02:30 In the Kitchen: Soul Food Black History Month 03:30 Stepping out	21 09:45 Water coloring 10:00 Celebration of Life 10:45 Music Therapy 02:30 In the Kitchen 03:30 Social	22 1:30 Bingo! 2:30 Games– Pennyante 3:30 Headbands 4:00 Stepping Out 6:30 You & Me	23 Outing: Hockey Hall Of Fame 09:45 Express Yourself 10:30 Java Music Club 01:30 Outing: Hockey Hall of Fame 02:00 In the Kitchen	24 09:45 For the Fun of Fit 10:30 Java Music 02:30 Brains & Banter 03:30 Hand Massages
25 09:45 For the Fun of Fit 10:30 Catholic mass 02:30 Movie& Popcorn 03:30 Brains and banter	26 01:15 Bingo 02:15 Games-Pennyante! 03:00 Manicures 06:15 Movie and Chips	27 9:00 Horticulture Hour 09:45 Soothing sensations 10:30 Water coloring 2:30 Birthday Entertainment: Emilio	28 Pink Shirt Day 9:45 Exercises 10:30 Express Yourself 2:00 In the Kitchen: Smoothie Social 3:00 Java Music	29 1:30 Bingo! 2:30 Book Club: Black History 4:15 Mathletes 6:15 You & Me	