



# February 2024

## Neighbourhood of Ailsa Craig



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Recreation Contact Information:</b></p> <p>arbourschlegeltrails.recreation@schlegelvillages.com (226)-251-3065 Extension 836</p>		<p><b>Where Is The Program? * = Arbour Trails</b></p> <p><b>Main Building</b></p> <p><b>C</b>—Chapel*                      <b>MF</b>—Main Floor*  <b>HS</b>—Hobby Shop*                <b>TH</b>—Town Hall*  <b>L</b>—Library*                        <b>PC</b>—Patio Courtyard  <b>SC</b>—Social Club*                <b>BP</b>—Back Pond*  <b>TS</b>—Town Square*               <b>FC</b>—Fitness Centre*  <b>FE</b>—Front Entrance *           <b>JPL</b> — Jack Purcell Lounge  <b>ML</b> — Main Lobby               <b>BP</b> — Back Patio *</p> <p><b>NOTE:</b> Programs, their times, and locations are subject to change.</p>		<p><b>1</b></p> <p>10:00 Chair Yoga FC  10:30 Bible Study C  11:00 VON Exercise JPL  7:00 No Stress Bridge JPL  7:40 Bingo! HS  2:30 &amp; 7:30 Movie:  “Groundhog Day” TH</p>	<p><b>2</b></p> <p>9:30 VON Exercise FC  10:30 Morning Stretches JPL  10:30 United Church Service C  11:00 &amp; 1:30 Documentary: “A Groundhog Day Story” JPL  2:30 Mini Golf 4th FL  3:00 Groundhog Day Café TS  <b>Happy Hour:</b>  4:00 Happy Hour 3rd FL  4:20 Happy Hour 4th FL  7:15 Popcorn Pickup TH  2:30 &amp; 7:30 Movie: “Mrs. Harris Goes to Paris” TH</p> <p style="text-align: center;"><b>Groundhog Day</b></p>	<p><b>3</b></p> <p>10:30 Morning Smoothies TS  10:30 Morning Stretches JPL  2:00 Knitting Club 4th FL  2:30 Travel Social: “New Zealand” JPL  2:30 Saturday Series:  “Downton Abbey” TH  3:00 Happy Hour TS  7:30 Comedy Hour TH</p>
<p><b>4</b></p> <p>10:15 Specialty Coffee Café TS  11:00 DrumFIT FC  1:30 Afternoon Sports SC  2:00 Euchre JPL  2:15 Brain Game Puzzle Pick-up HS  3:00 Chapel Service C  3:45 Fellowship Café TS  4:00 TV Series: “Keeping up Appearances” TH</p>	<p><b>5</b></p> <p>10:30 Catholic Communion C  11:00 VON Exercise JPL  11:00 Guided Meditation TH  1:00 Giant Crossword 2nd FL  2:00 High Tea &amp; Wisdom of the Elder Sharing Session 2nd FL  3:00 Better Balance JPL  4:00 Hand Therapy JPL  5:00 Happy Hour 3rd FL  2:30 &amp; 7:30 Movie: “Mash the Movie” TH</p>	<p><b>6</b></p> <p>10:30 Meeting of Minds Discussion Group TH  11:00 VON Exercise JPL  <b>2:30 Entertainment: “Paul Schalm” TS</b>  3:30 Stretch Class FC  3:30 Art Hour: Candy Jar Gnomes HS  7:30 Current Events Group L  7:30 Trivia Night HS</p>	<p><b>7</b></p> <p>9:30 VON Exercise FC  10:30 Coffee &amp; Baileys 3rd FL  11:00 VON Exercise JPL  <b>12:00 Fat Duck *RSVP on main floor</b>  2:15 Therapeutic Paws Visits HS  2:30 Series: “Self Made” TH  3:00 Get Active JPL  3:30 Jeopardy &amp; Wine JPL  7:30 Popular Music on Wednesday TH</p>	<p><b>8</b></p> <p>10:00 Chair Yoga FC  10:30 Bible Study C  10:30 Coffee &amp; Trivia L  11:00 VON Exercise JPL  1:30 Classic TV Show: “I Love Lucy” TH  3:00 Movie Crew Meeting HS  7:00 No Stress Bridge JPL  7:40 Bingo! HS  2:30 &amp; 7:30 Movie: “My Left Foot” TH</p>	<p><b>9 Suzanne M Jewelry 11-2 TS</b></p> <p>9:30 VON Exercise FC  10:30 Morning Stretches JPL  2:30 Mini Golf 4th FL  <b>Happy Hour:</b>  4:00 Happy Hour 3rd FL  4:20 Happy Hour 4th FL  7:15 Popcorn Pickup TH  2:30 &amp; 7:30 Movie: “Elvis” TH</p>	<p><b>10</b></p> <p>10:30 Morning Smoothies TS  1:30 Chinese New Year Bingo HS  2:00 Knitting Club 4th FL  2:30 Chinese New Year Concert TH  <b>3:00 Chinese New Year Social TS</b>  7:30 Comedy Hour TH</p> <p style="text-align: center;"><b>Chinese New Year</b></p>
<p><b>11</b></p> <p>10:15 Specialty Coffee Café TS  11:00 DrumFIT FC  1:30 Afternoon Sports SC  2:00 Euchre JPL  2:15 Brain Game Puzzle Pick-up HS  3:00 Chapel Service C  <b>3:30 Superbowl Pre-Party MF Café &amp; SC</b>  4:00 TV Series: “Keeping up Appearances” TH  5:00 Superbowl Sunday Viewing JPL</p> <p style="text-align: center;"><b>Superbowl Sunday</b></p>	<p><b>12</b></p> <p>10:30 Catholic Communion C  11:00 VON Exercise JPL  11:00 Guided Meditation TH  1:00 Giant Crossword 2nd FL  <b>2:30 Entertainment: “Kevin Coates” TS</b>  2:00 High Tea 2nd FL  3:00 Better Balance JPL  4:00 Hand Therapy JPL  5:00 Happy Hour 3rd FL  2:30 &amp; 7:30 Movie: “When Harry Met Sally” TH</p>	<p><b>13 Earnest Floral 10-12 TS</b></p> <p>10:30 Meeting of Minds Discussion Group TH  11:00 VON Exercise JPL  <b>2:30 Pancake Flipping Contest TS</b>  3:15 Art Hour: Scratch Boards with Kathy HS  3:30 Stretch Class FC  7:30 Current Events Group L  7:30 Trivia Night HS</p> <p style="text-align: center;"><b>Shrove Tuesday</b></p>	<p><b>14</b></p> <p>9:30 VON Exercise FC  10:30 Men’s Conversation Connection C  10:30 Coffee &amp; Baileys 3rd FL  11:00 VON Exercise JPL  2:30 Series: “Self Made” TH  3:00 Get Active JPL  3:00 Bookmobile FE  <b>3:00 “A Day in Paris”, Valentine’s Day Social TS</b>  7:30 Classical Music on Wednesday: “Handel Water Music” TH</p> <p style="text-align: center;"><b>Valentine’s Day &amp; Ash Wednesday</b></p>	<p><b>15</b></p> <p>10:00 Chair Yoga FC  10:30 Bible Study C  11:00 VON Exercise JPL  1:30 Classic TV Show: “I Love Lucy” TH  7:00 No Stress Bridge JPL  7:40 Bingo! HS  2:30 &amp; 7:30 Movie: “Love Story” TH</p>	<p><b>16</b></p> <p>9:30 VON Exercise FC  10:30 Morning Stretches JPL  3:00 Destination Social: “Hawaii” TS  3:00 Jeopardy Trivia <i>*Please note date change</i>  <b>Birthday Happy Hour:</b>  4:00 Happy Hour 3rd FL  4:20 Happy Hour 4th FL  7:15 Popcorn Pickup  2:30 &amp; 7:30 Movie: “King Richard” TH</p>	<p><b>17</b></p> <p>10:30 Morning Smoothies TS  2:00 Knitting Club 4th FL  2:00 Concert: “Live in Brazil: Andre Rieu (2013)” JPL  2:30 Saturday Series:  “Downton Abbey” TH  3:00 Happy Hour TS  7:30 Comedy Hour TH</p>



# February 2024

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday														
<p><b>18</b>            10:15 Specialty Coffee Café TS            11:00 DrumFIT FC            1:30 Afternoon Sports SC            2:00 Euchre JPL            2:15 Brain Game Puzzle Pick-up HS            3:00 Chapel Service C            3:45 Fellowship Café TS            4:00 TV Series: "Keeping up Appearances" TH</p>	<p><b>19</b>            10:30 Catholic Communion C            11:00 Guided Meditation TH            1:15 High Tea <i>*please note time change for today</i>  <b>3:00 Family Day Café TS</b>            5:00 Happy Hour 3rd FL            2:30 &amp; 7:30 Movie: "The King and I" TH  <b>*No Exercise Classes Today</b></p> <p><b>Family Day—See our "Guess Who" Display in Town Square!</b></p>	<p><b>20</b>            10:30 Meeting of Minds Discussion Group TH            11:00 VON Exercise JPL            2:30 Art Hour: Scratch Boards Continued HS            3:30 Stretch Class FC            7:30 Current Events Group L            7:30 Trivia Night HS</p>	<p><b>21</b>            9:30 VON Exercise FC  <b>10:30 Jacks Restaurant</b>  <b>*RSVP on main floor</b>            11:00 VON Exercise JPL            2:30 Series: "Self Made" TH            3:00 Get Active JPL            3:30 Jeopardy &amp; Wine JPL            7:30 Popular Music on Wednesday TH</p>	<p><b>22</b>            10:00 Chair Yoga FC            10:30 Bible Study C            10:30 Coffee &amp; Trivia L            11:00 VON Exercise JPL            2:45 Conversation Café JPL            7:00 No Stress Bridge JPL            7:40 Bingo! HS            2:30 &amp; 7:30 Movie: "Shall We Dance" TH</p>	<p><b>23 CREATIONS (Formerly Exquisite Fashion Boutique) 10-3 HS</b>            9:30 VON Exercise FC            10:30 Morning Stretches JPL  <b>1:05 Art Gallery of Guelph &amp; Guelph Black Heritage Society Excursion</b> <i>*RSVP on the main floor</i>            7:15 Popcorn Pickup TH            2:30 &amp; 7:30 Movie: "80 for Brady" TH</p>	<p><b>24</b>            10:30 Morning Smoothies TS            2:00 Knitting Club 4th FL            2:30 Saturday Series: "Downton Abbey" TH            3:00 Happy Hour TS            7:30 Comedy Hour TH</p> <p><b>The Coldest Night of the Year Fundraiser Walk — Sign-up in the Ailsa Craig Main Lobby</b></p>														
<p><b>25</b>            10:15 Specialty Coffee Café TS            11:00 DrumFIT FC            1:30 Afternoon Sports SC            2:00 Euchre JPL            2:15 Brain Game Puzzle Pick-up HS            3:00 Chapel Service C            3:45 Fellowship Café TS            4:00 TV Series: "Keeping up Appearances" TH</p>	<p><b>26</b>            10:30 Catholic Communion C            11:00 VON Exercise JPL            1:00 Giant Crossword 2nd FL  <b>2:00 Book Club 2nd FL</b>            3:00 Better Balance JPL            4:00 Hand Therapy JPL            5:00 Happy Hour 3rd FL            2:30 &amp; 7:30 Movie: "Leap Year" TH</p>	<p><b>27</b>            10:30 Meeting of Minds Discussion Group TH            11:00 VON Exercise JPL            2:30 Film of Faith: "The Letter Writers" TH            2:30 Art Hour: Painting with Anita HS            3:30 Stretch Class            7:30 Current Events Group L            7:30 Trivia Night HS</p>	<p><b>28</b>            9:30 VON Exercise FC            10:30 Coffee &amp; Baileys 3rd FL            10:30 Men's Conversation Connection C            11:00 VON Exercise JPL            2:15 Tech Help <i>*call ext 836</i>            2:30 Series: "Self Made" TH            3:00 Get Active JPL            3:00 Bookmobile FE            3:30 Jeopardy &amp; Wine JPL            7:30 Classical Music on Wednesday: "Hayden Symphony #45 &amp; #104" TH</p> <p><b>Pink Shirt Day</b> <i>Wear Pink</i></p>	<p><b>29</b>            10:00 Chair Yoga FC            10:30 Bible Study C            11:00 VON Exercise JPL  <b>2:30 Entertainment: "Lady and the Gramps" TH</b>            7:00 No Stress Bridge JPL            7:40 Bingo! HS            2:30 &amp; 7:30 Movie: "The Butler" TH</p>	<p><b>Where Is The Program? * = Arbour Trails Main Building</b></p> <table border="0"> <tr> <td><b>C</b>—Chapel*</td> <td><b>MF</b>—Main Floor*</td> </tr> <tr> <td><b>HS</b>—Hobby Shop*</td> <td><b>TH</b>—Town Hall*</td> </tr> <tr> <td><b>L</b>—Library*</td> <td><b>PC</b>—Patio Courtyard</td> </tr> <tr> <td><b>SC</b>—Social Club*</td> <td><b>BP</b>—Back Pond*</td> </tr> <tr> <td><b>TS</b>—Town Square*</td> <td><b>FC</b>—Fitness Centre*</td> </tr> <tr> <td><b>FE</b>—Front Entrance *</td> <td><b>JPL</b> — Jack Purcell Lounge</td> </tr> <tr> <td><b>ML</b> — Main Lobby</td> <td><b>BP</b> — Back Patio *</td> </tr> </table> <p><b>NOTE:</b> Programs, their times, and locations are subject to change.</p> <p><b>Recreation Contact Information:</b></p> <p>arbourtrails.recreation@schlegelvillages.com            (226)-251-3065 Extension 836</p>		<b>C</b> —Chapel*	<b>MF</b> —Main Floor*	<b>HS</b> —Hobby Shop*	<b>TH</b> —Town Hall*	<b>L</b> —Library*	<b>PC</b> —Patio Courtyard	<b>SC</b> —Social Club*	<b>BP</b> —Back Pond*	<b>TS</b> —Town Square*	<b>FC</b> —Fitness Centre*	<b>FE</b> —Front Entrance *	<b>JPL</b> — Jack Purcell Lounge	<b>ML</b> — Main Lobby	<b>BP</b> — Back Patio *
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