



February 2024

Emma's Neighbourhood



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Recreation Contact Information: arbourtrails.recreation@schlegelvillages.com (226)-251-3065 Extension 811			February is Black History Month	1 8:30 Breakfast 10:15 In the Kitchen 11:15 Musical Moments 12:00 Lunch 1:30 Neighbourhood Time 2:30 Brains and Banter 3:30 For the Soul 5:00 Dinner	2 8:30 Breakfast 11:00 For the Fun of Fit 12:00 Lunch 2:30 Happy Hour on Emma's 5:00 Dinner 6:30 Soothing Sensations Groundhog Day	3 8:30 Breakfast 10:00 For the Fun of Fit 11:15 Musical Moments 12:00 Lunch 1:30 Movie Matinee: 'Guess Whose Coming To Dinner?' 3:30 Express Yourself 5:00 Dinner
4 8:30 Breakfast 11:00 Vinyl Music Cafe 12:00 Lunch 2:00 For the Soul 3:00 Chapel Service in the Chapel 3:30 Stepping Out 5:00 Dinner	5 8:30 Breakfast 11:15 Circle of Friends 12:00 Lunch 2:30 Songbird Music Therapy 3:45 Drumfit Exercise Group 5:00 Dinner	6 8:30 Breakfast 10:00 For the Fun of Fit 12:00 Lunch 2:30 Live Music with Paul Schalm in Town Square 3:30 Express Yourself 5:00 Dinner 6:30 Neighbourhood Time	7 8:30 Breakfast 10:15 Country Drive Outing 12:00 Lunch 2:30 Java Time 3:30 Stepping Out 5:00 Dinner	8 8:30 Breakfast 10:15 You and Me 11:15 Musical Moments 12:00 Lunch 1:30 Neighbourhood Time 2:30 For the Soul 3:30 Emma's Birthday Bash 5:00 Dinner	9 8:30 Breakfast 11:00 For the Fun of Fit 12:00 Lunch 2:30 Happy Hour on Egerton 4:00 You and Me 5:00 Dinner 6:30 Soothing Sensations	10 8:30 Breakfast 10:00 For the Fun of Fit 11:15 Musical Moments 12:00 Lunch 1:30 Matinee: 'Chords of the New Year: Festival Symphony Orchestra Concert' 3:30 Express Yourself 5:00 Dinner Chinese New Year
11 8:30 Breakfast 11:00 Vinyl Music Cafe 12:00 Lunch 2:00 For the Soul 3:00 Chapel Service in the Chapel 3:30 Superbowl Pre-Party 5:00 Dinner	12 8:30 Breakfast 10:15 Brains and Banter 11:15 Circle of Friends 12:00 Lunch 2:30 Live Music with Kevin Coates in Town Square 4:00 You and Me 5:00 Dinner	13 8:30 Breakfast 10:00 For the Fun of Fit 12:00 Lunch 2:30 Pancake Flipping Contest 3:30 Express Yourself 5:00 Dinner 6:30 Neighbourhood Time Shrove/ Pancake Tuesday	14 8:30 Breakfast 10:15 You and Me 11:15 Hallway Mini Golf 12:00 Lunch 3:00 "A Day in Paris", Valentine's Social on Egerton 5:00 Dinner Valentine's Day & Ash Wednesday	15 8:30 Breakfast 10:15 In the Kitchen 11:15 Musical Moments 12:00 Lunch 1:30 Neighbourhood Time 2:30 For the Soul 3:30 Brains and Banter 5:00 Dinner	16 8:30 Breakfast 11:00 For the Fun of Fit 12:00 Lunch 2:30 Happy Hour on Emma's 5:00 Dinner 6:30 Soothing Sensations	17 8:30 Breakfast 10:00 For the Fun of Fit 11:15 Musical Moments 12:00 Lunch 1:30 Movie Matinee: 'An Evening With Nat King Cole' 3:30 Express Yourself 5:00 Dinner
18 8:30 Breakfast 11:00 Vinyl Music Cafe 12:00 Lunch 2:00 For the Soul 3:00 Chapel Service in the Chapel 3:30 Stepping Out 5:00 Dinner	19 8:30 Breakfast 11:15 Circle of Friends 12:00 Lunch 2:30 Brain and Banter 3:00 Family Day Café in Town Square 5:00 Dinner Family Day	20 8:30 Breakfast 10:00 For the Fun of Fit 12:00 Lunch 2:30 Tea and Travels 3:30 Express Yourself 5:00 Dinner 6:30 Neighbourhood Time	21 8:30 Breakfast 10:15 You and Me 11:15 Hallway Mini Golf 12:00 Lunch 2:15 Therapeutic Paws 3:30 Stepping Out 5:00 Dinner	22 8:30 Breakfast 10:15 Flower Arranging 11:15 Musical Moments 12:00 Lunch 1:30 Neighbourhood Time 2:30 For the Soul 3:30 Brains and Banter 5:00 Dinner	23 8:30 Breakfast 11:00 For the Fun of Fit 12:00 Lunch 2:30 Happy Hour on Egerton 4:00 You and Me 5:00 Dinner 6:30 Soothing Sensations	24 8:30 Breakfast 10:00 For the Fun of Fit 11:15 Musical Moments 12:00 Lunch 1:30 Documentary: 'Jackie Robinson Story' 3:30 Express Yourself 5:00 Dinner
25 8:30 Breakfast 11:00 Vinyl Music Cafe 12:00 Lunch 2:00 For the Soul 3:00 Chapel Service in the Chapel 3:30 Stepping Out 5:00 Dinner	26 8:30 Breakfast 10:15 Brains and Banter 11:15 Circle of Friends 12:00 Lunch 2:30 Songbird Music Therapy 3:45 Drumfit Exercise Group 5:00 Dinner	27 8:30 Breakfast 10:00 For the Fun of Fit 12:00 Lunch 2:30 Tea and Travels 3:30 Express Yourself 5:00 Dinner 6:30 Movie and Popcorn Night	28 8:30 Breakfast 10:15 In the Kitchen 11:15 Hallway Mini Golf 12:00 Lunch 2:30 Java Time 3:30 Stepping Out 5:00 Dinner Pink Shirt Day	29 8:30 Breakfast 10:15 In the Kitchen 11:15 Musical Moments 12:00 Lunch 1:30 Neighbourhood Time 2:30 Live Music with "Lady and The Gramps" in Town Hall 2:30 For the Soul 3:30 Brains and Banter 5:00 Dinner		