



# February 2024



## Egerton Neighbourhood

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
CC- Community Centre CH- Chapel EG- Egerton H- Hobby Shop MS- Main Street R- Ruby SC- Social Club TH- Town Hall TS- Town Square		"Never be limited by other people's limited imaginations." —Dr. Mae Jemison  	May your heart stay healthy and happy.  	Buy Progressive Bingo Card (\$1) 10-3 Sign-Up Day 8:00am <b>Breakfast</b> 10:30am Morning Movements 12:00am <b>Lunch</b> 1:30pm <b>Coffee Drive Outing (\$)- Sign Up</b> 5:00pm <b>Dinner</b>	Groundhog Day 11-4 Nellie's Comfort Shoes-MS 8:00am <b>Breakfast</b> 10:30am Java Music Club 12:00am <b>Lunch</b> 1:30pm Bingo 2:30pm Hand Wax Therapy-H 3:00pm Happy Hour-SC 5:00pm <b>Dinner</b> 7:15pm Movie: Hidden Figures-TH	Happy Birthday Nella Z! 8:00am <b>Breakfast</b> 10:30am For the Fun of Fit 12:00am <b>Lunch</b> 1:30pm In the Kitchen 2:00pm <b>Entertainment by Florin Clonta-EG</b> 3:30pm Brains and Banter 5:00pm <b>Dinner</b> 7:15pm Saturday Night Bingo*-H
Happy Birthday Frances D! 8:00am <b>Breakfast</b> 10:30am Circle of Friends 12:00am <b>Lunch</b> 1:30pm Stepping Out 2:30pm Church Service w/ Ankit-TH 3:15pm Fellowship-CC 5:00pm <b>Dinner</b>	8:00am <b>Breakfast</b> 10:30am Friendly Visits 10:30am For the Soul w/ Janet 12:00am <b>Lunch</b> 1:30pm Brains and Banter 3:45pm Bingo 5:00pm <b>Dinner</b>	10-3 Cathy's Scarves, Gifts & Jewelry-MS 8:00am <b>Breakfast</b> 11:00am Fit for Life w/ Moses 12:00am <b>Lunch</b> 1:30pm Nail Painting 3:00pm Hand Wax Therapy-H 3:00pm Happy Hour-SC 5:00pm <b>Dinner</b> 6:30pm Soothing Sensations 7:15pm Music Through the Ages w/ Norm-TH	8:00am <b>Breakfast</b> 10:30am Express Yourself 11:00am DanceFIT-TH 12:00am <b>Lunch</b> 1:00pm LifeMark: General Exercise 3:00pm Hymns w/ Janet-CH 5:00pm <b>Dinner</b>	8:00am <b>Breakfast</b> 10:30am Morning Movements 12:00am <b>Lunch</b> 1:30pm Musical Moments 3:45pm Bingo 5:00pm <b>Dinner</b>	8:00am <b>Breakfast</b> 10:00am Arm Chair Travel 12:00am <b>Lunch</b> 1:30pm Circle of Friends 3:00pm Happy Hour-SC 5:00pm <b>Dinner</b> 7:15pm Movie: Uncharted-TH	Happy Birthday Eleanor M! 8:00am <b>Breakfast</b> 10:30am For the Fun of Fit 12:00am <b>Lunch</b> 1:30pm In the Kitchen 3:30pm Brains and Banter 5:00pm <b>Dinner</b> 7:15pm Saturday Night Bingo*-H
Super Bowl Sunday! Jersey Day! 8:00am <b>Breakfast</b> 10:00am Church Service w/ Ankit-TH 10:30am Circle of Friends 12:00am <b>Lunch</b> 1:30pm Stepping Out 2:30pm Church Service w/ Janet-TH 3:15pm Fellowship-CC 5:00pm <b>Dinner</b>	Happy Birthday Ron W! 8:00am <b>Breakfast</b> 10:30am Friendly Visits 10:30am For the Soul w/ Janet 12:00am <b>Lunch</b> 1:30pm Brains and Banter 3:00pm Hand Wax Therapy-H 3:15pm LifeMark: General Exercise 3:45pm Bingo 5:00pm <b>Dinner</b>	Shrove Tuesday 8:00am <b>Breakfast</b> 9:00am <b>Pancake Breakfast-MS</b> 10:30am <b>Lettuce Talk Food-H</b> 11:00am Fit for Life w/ Moses 12:00am <b>Lunch</b> 1:30pm Nail Painting 2:30pm <b>Pancake Races-TS</b> 3:30pm <b>Mardi Gras Happy Hour-SC</b> 5:00pm <b>Dinner</b> 6:30pm Soothing Sensations 7:15pm Music Through the Ages w/ Norm-TH	Ash Wednesday & Valentine's Day 10-3 The Boutique Vendor-MS 8:00am <b>Breakfast</b> 10:15am You and I Visits 10:30am <b>Ash Wednesday Service w/ Janet-TH</b> 10:30am Music Therapy with Jenn 11:00am DanceFIT-TH 12:00am <b>Lunch</b> 1:00pm <b>Roman Catholic Ash Distribution-CH</b> 1:00pm LifeMark: General Exercise 3:00pm <b>Valentine's Day Party-TS</b> 5:00pm <b>Red &amp; White Night (\$)- Sign Up-R</b> 5:00pm <b>Dinner</b>	8:00am <b>Breakfast</b> 10:30am Morning Movements 12:00am <b>Lunch</b> 1:30pm <b>Country Drive- Sign Up</b> 2:30pm <b>Residents Council Meeting-TH</b> 3:45pm Bingo 5:00pm <b>Dinner</b>	8:00am <b>Breakfast</b> 10:30am Java Music Club 12:00am <b>Lunch</b> 1:30pm Circle of Friends 2:30pm Hand Wax Therapy-H 3:00pm Happy Hour-SC 5:00pm <b>Dinner</b> 7:15pm Movie: The Hating Game-TH	8:00am <b>Breakfast</b> 10:30am For the Fun of Fit 12:00am <b>Lunch</b> 1:30pm In the Kitchen 3:30pm Brains and Banter 5:00pm <b>Dinner</b> 7:15pm Saturday Night Bingo*-H
Happy Birthday Jeanette M! 8:00am <b>Breakfast</b> 10:00am Church Service w/ Ankit-TH 10:30am Circle of Friends 12:00am <b>Lunch</b> 1:30pm Stepping Out 2:30pm Church Service w/ Janet-TH 3:15pm Fellowship-CC 5:00pm <b>Dinner</b>	Family Day 8:00am <b>Breakfast</b> 9:15am <b>Breakfast Club: Bacon &amp; Eggs- Sign Up-H</b> 10:30am Friendly Visits 10:30am For the Soul w/ Janet 12:00am <b>Lunch</b> 1:30pm Brains and Banter 2:30pm <b>Magic Show by Tim Dickens-TH</b> 3:45pm Bingo 5:00pm <b>Dinner</b>	8:00am <b>Breakfast</b> 11:00am Fit for Life w/ Moses 12:00am <b>Lunch</b> 12:00pm <b>Ruby: Pie in the Sky Returns! (\$)</b> 1:30pm Nail Painting 3:00pm Happy Hour-SC 5:00pm <b>Dinner</b> 6:30pm Soothing Sensations 7:15pm Music Through the Ages w/ Norm-TH	8:00am <b>Breakfast</b> 10:30am Express Yourself 11:00am DanceFIT-TH 12:00am <b>Lunch</b> 1:00pm LifeMark: General Exercise 1:00pm <b>Outing to Royal Botanical Gardens- Sign Up (\$)</b> 5:00pm <b>Dinner</b>	8:00am <b>Breakfast</b> 10:30am Morning Movements 12:00am <b>Lunch</b> 1:30pm Musical Moments 3:45pm Bingo 5:00pm <b>Dinner</b>	8:00am <b>Breakfast</b> 10:00am Arm Chair Travel 12:00am <b>Lunch</b> 1:30pm Circle of Friends 2:00pm <b>Arm Chair Travel: Germany-TH</b> 3:00pm <b>Birthday Happy Hour-SC</b> 5:00pm <b>Dinner</b> 7:15pm Movie: About Time-TH	11-3 Gifts from China-MS 8:00am <b>Breakfast</b> 10:30am For the Fun of Fit 12:00am <b>Lunch</b> 1:30pm In the Kitchen 2:30pm <b>Chinese New Year Presentation by Kevin Lee-TH</b> 5:00pm <b>Dinner</b> 7:15pm Saturday Night Bingo*-H
8:00am <b>Breakfast</b> 10:00am Church Service w/ Ankit-TH 10:30am Circle of Friends 12:00am <b>Lunch</b> 1:30pm Stepping Out 2:30pm Church Service w/ Janet-TH 3:15pm Fellowship-CC 5:00pm <b>Dinner</b>	Happy Birthday Ann Adams! 8:00am <b>Breakfast</b> 10:30am Friendly Visits 10:30am For the Soul w/ Janet 12:00am <b>Lunch</b> 1:30pm Brains and Banter 2:30pm <b>Celebration of Life-TH</b> 3:00pm Hand Wax Therapy-H 3:15pm LifeMark: General Exercise 3:45pm Bingo 5:00pm <b>Dinner</b>	8:00am <b>Breakfast</b> 11:00am Fit for Life w/ Moses 12:00am <b>Lunch</b> 1:30pm Nail Painting 3:00pm Happy Hour-SC 5:00pm <b>Dinner</b> 5:30pm <b>Music of the Night: Caribbean Theme (\$)- Sign Up-R</b> 6:30pm Soothing Sensations 7:15pm Music Through the Ages w/ Norm-TH	Anti-Bullying: Pink Shirt Day 8:00am <b>Breakfast</b> 10:15am You and I Visits 10:30am Music Therapy with Jenn 11:00am DanceFIT-TH 12:00am <b>Lunch</b> 1:00pm LifeMark: General Exercise 3:00pm Hymns w/ Janet-CH 3:30pm Board Game 5:00pm <b>Dinner</b>	8:00am <b>Breakfast</b> 10:30am Morning Movements 12:00am <b>Lunch</b> 1:30pm Musical Moments 3:45pm Bingo 5:00pm <b>Dinner</b>		