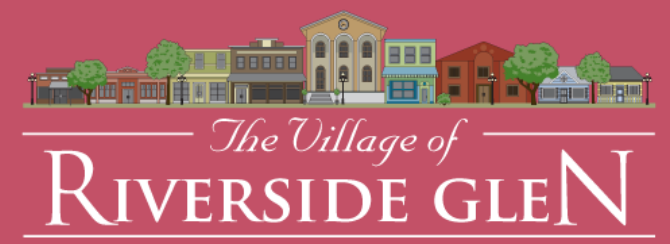




February 2024

Emma's Neighbourhood



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 8:00 Breakfast 10:00 Greeting the Day 11:00 Fitness with Rayyan 12:00 Lunch 2:00 Java Music 3:00 You and Me 5:00 Dinner	2 8:00 Breakfast 10:00 Greeting the Day 11:00 Stepping Out 12:00 Lunch 1:00 Dance Party with Hilda 3:00 Happy Hour	3 8:00 Breakfast 10:00 Morning Movie 11:00 Soothing Sensations 12:00 Lunch 2:00 Musical Moments 3:30 Walk and Talk 5:00 Dinner
4 8:00 Breakfast 10:00 Church Service 11:00 Brains and Banter 12:00 Lunch 2:00 In the Kitchen 3:00 You and Me 5:00 Dinner	5 8:00 Breakfast 10:00 Greeting the Day 11:00 Circle of Friends 12:00 Lunch 2:00 Express Yourself 3:00 For the Fun of Fit 5:00 Dinner	6 8:00 Breakfast 10:00 Greeting the Day 11:00 Brains and Banter 12:00 Lunch 2:00 Music with Bill (WB) 3:00 Soothing Sensations 5:00 Dinner 6:00 Movie Night	7 8:00 Breakfast 10:00 Fitness with PAL 10:30 Songbirds Choir 12:00 Lunch 2:00 Stepping Out 3:00 Church Service 5:00 Dinner	8 8:00 Breakfast 10:00 Greeting the Day 11:00 Fitness with PAL 12:00 Lunch 2:00 Java Music 3:30 Praying the Rosary 5:00 Dinner 6:30 Soothing Sensations	9 8:00 Breakfast 10:00 Greeting the Day 11:00 Calendar Planning 12:00 Lunch 2:00 In the Kitchen 3:00 Happy Hour 5:00 Dinner	10 8:00 Breakfast 10:00 Morning Movie 11:00 Soothing Sensations 12:00 Lunch 2:00 Musical Moments 3:30 For the Fun of Fit 5:00 Dinner
11 8:00 Breakfast 10:00 Church Service 11:00 Brains and Banter 12:00 Lunch 2:00 In the Kitchen 3:00 You and Me 5:00 Dinner	12 8:00 Breakfast 10:00 Greeting the Day 11:00 Circle of Friends 12:00 Lunch 2:00 Express Yourself 3:00 For the Fun of Fit 5:00 Dinner 6:30 Soothing Sensations	13 8:00 Breakfast 10:00 Greeting the Day 11:00 Brains and Banter 12:00 Lunch 2:00 Hymn Sing 3:00 Soothing Sensations 5:00 Dinner 6:00 Movie Night	14 Valentines Day 8:00 Breakfast 10:00 Fitness with PAL 10:30 Songbirds Choir 12:00 Lunch 2:00 Stepping Out 3:00 Church Service 5:00 Dinner 6:45 Pub Night	15 8:00 Breakfast 10:00 Greeting the Day 11:00 Fitness with PAL 12:00 Lunch 2:00 Java Music 3:00 You and Me 5:00 Dinner 6:30 Soothing Sensations	16 8:00 Breakfast 10:00 Greeting the Day 11:00 Painting with Bridget 12:00 Lunch 1:00 Dance Party with Hilda 3:00 Happy Hour 5:00 Dinner	17 8:00 Breakfast 10:00 Morning Movie 11:00 Soothing Sensations 12:00 Lunch 2:00 Musical Moments 3:30 For the Fun of Fit 5:00 Dinner
18 8:00 Breakfast 10:00 Church Service 11:00 Brains and Banter 12:00 Lunch 2:00 In the Kitchen 3:00 You and Me 5:00 Dinner	19 8:00 Breakfast 10:00 Greeting the Day 11:00 Circle of Friends 12:00 Lunch 2:00 Express Yourself 3:00 For the Fun of Fit 5:00 Dinner 6:30 Soothing Sensations	20 8:00 Breakfast 10:00 Greeting the Day 11:00 Brains and Banter 12:00 Lunch 2:00 Aiden Purnell on Egerton 3:00 Soothing Sensations 5:00 Dinner 6:00 Movie Night	21 8:00 Breakfast 10:00 Fitness with PAL 10:30 Songbirds Choir 10:30 Mass (WB) 12:00 Lunch 2:00 Stepping Out 3:00 Church Service 5:00 Dinner	22 8:00 Breakfast 10:00 Greeting the Day 11:00 Fitness with PAL 12:00 Lunch 2:00 Java Music 3:00 You and Me 5:00 Dinner 6:30 Soothing Sensations	23 8:00 Breakfast 10:00 Greeting the Day 11:00 Stepping Out 12:00 Lunch 2:00 In the Kitchen 3:00 Happy Hour with DJ Paul 5:00 Dinner	24 8:00 Breakfast 10:00 Morning Movie 11:00 Soothing Sensations 12:00 Lunch 2:00 Musical Moments 3:30 For the Fun of Fit 5:00 Dinner
25 8:00 Breakfast 10:00 Church Service 11:00 Brains and Banter 12:00 Lunch 2:00 In the Kitchen 3:00 You and Me 5:00 Dinner	26 8:00 Breakfast 10:00 Greeting the Day 11:00 Circle of Friends 12:00 Lunch 2:00 Express Yourself 3:00 For the Fun of Fit 5:00 Dinner	27 8:00 Breakfast 10:00 Greeting the Day 11:00 Brains and Banter 12:00 Lunch 2:00 Hymn Sing 3:00 Soothing Sensations 5:00 Dinner 6:00 Movie Night	28 8:00 Breakfast 10:00 Fitness with PAL 10:30 Songbirds Choir 12:00 Lunch 2:00 Stepping Out 3:00 Church Service 5:00 Dinner 6:45 Pub Night	29 8:00 Breakfast 10:00 Greeting the Day 11:00 Fitness with PAL 12:00 Lunch 2:00 Java Music 3:00 You and Me 5:00 Dinner 6:30 Soothing Sensations		