


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				8:15am Breakfast 9:30am Greeting the Day 9:45am Java Music Club with Janet - Lib 10:30am Neighbourhood Time 11:00am Fit to Function with Dan - FC 12:00pm Lunch 2:00pm Knit & Chat - CC 3:15pm Residents' Council 5:00pm Dinner 6:00pm Brains and Banter - CC	8:15am Breakfast 8:30am Men's Breakfast - CC 9:30am Greeting the Day 10:30am Express Yourself 11:00am Stay Strong - FC 12:00pm Lunch 3:15pm You and I 5:00pm Dinner	8:15am Breakfast 9:30am Greeting the Day 12:00pm Lunch 2:00pm Pub with Joe Callura - MS 3:30pm Brains and Banter 5:00pm Dinner
4	5	6	7	8	9	10
8:15am Breakfast 9:30am Greeting the Day 10:30am Music and Memory 12:00pm Lunch 2:30pm Church Service with Ankit - CH 3:15pm Fellowship - CC 5:00pm Dinner	8:15am Breakfast 9:30am Greeting the Day 10:00am Garden Club with Krystin in the Greenhouse 10:30am Intergenerational Jamboree Music Therapy - MS 12:00pm Lunch 2:00pm Bingo - CC 3:30pm Stepping Out 5:00pm Dinner	8:15am Breakfast 9:30am Greeting the Day 10:30am Soothing Sensations 11:00am Stay Strong - FC 12:00pm Lunch 3:30pm For the Soul with Janet 5:00pm Dinner	8:15am Breakfast 9:30am Greeting the Day 12:00pm Lunch 2:00pm Tai Chi with Dan - FC 5:00pm Dinner	8:15am Breakfast 9:30am Greeting the Day 9:45am Java Music Club with Janet - Lib 10:30am Neighbourhood Time 11:00am Fit to Function with Dan - FC 12:00pm Lunch 2:00pm Knit & Chat - CC 5:00pm Dinner 6:00pm Bingo - CC	8:15am Breakfast 9:30am Greeting the Day 10:30am Express Yourself 10:30am Music Therapy with Jen 11:00am Stay Strong - FC 12:00pm Lunch 1:00pm Walmart Outing 5:00pm Dinner	8:15am Breakfast 9:30am Greeting the Day 12:00pm Lunch 2:00pm Entertainment with Dave Shakespeare on Carrington 3:30pm Brains and Banter 5:00pm Dinner
11	12	13	14	15	16	17
Superbowl Sunday (Jersey Day) 8:15am Breakfast 9:30am Greeting the Day 10:00am Church Service with Ankit - CH 12:00pm Lunch 2:00pm Superbowl Tailgate Party - CC 2:30pm Church Service with Janet - CH 5:00pm Dinner	Happy Birthday Mary Ann! 8:15am Breakfast 9:30am Greeting the Day 10:00am Garden Club with Krystin in the Greenhouse 10:30am Intergenerational Jamboree Music Therapy - MS 12:00pm Lunch 2:00pm Bingo - CC 3:30pm Stepping Out 5:00pm Dinner	Shrove Tuesday/Pancake Day Pancake Breakfast 9-12:30pm 8:15am Breakfast 9:30am Greeting the Day 10:30am Soothing Sensations 11:00am Stay Strong - FC 12:00pm Lunch 2:30pm Pancake Races - TS 3:30pm For the Soul with Janet 5:00pm Dinner	Ash Wednesday Valentine's Day Happy Birthday Bojan! 8:15am Breakfast 9:30am Greeting the Day 10:30am Ash Wednesday Church Service with Janet - CH 12:00pm Lunch 1:00pm Ashes Distribution 2:00pm Tai Chi with Dan - FC 2:00pm Travelling Cart: Hot Chocolate and Cookies 3:30pm You and I 5:00pm Dinner 	8:15am Breakfast 9:30am Greeting the Day 9:45am Java Music Club with Janet - Lib 10:30am Neighbourhood Time 11:00am Fit to Function with Dan - FC 12:00pm Lunch 2:00pm Knit & Chat - CC 5:00pm Dinner	8:15am Breakfast 9:30am Greeting the Day 10:30am Express Yourself 11:00am Stay Strong - FC 12:00pm Lunch 3:15pm You and I 5:00pm Dinner	8:15am Breakfast 9:30am Greeting the Day 12:00pm Lunch 2:00pm Entertainment with Blue-Eyed Bill on Stonechurch 3:30pm Brains and Banter 5:00pm Dinner
18	19	20	21	22	23	24
Happy Birthday Tony! 8:15am Breakfast 9:30am Greeting the Day 10:00am Church Service with Ankit - CH 10:00am Winter Wonderland Drive 10:30am Music and Memory 12:00pm Lunch 2:30pm Church Service with Janet - CH 3:15pm Fellowship - CC 5:00pm Dinner	Family Day 8:15am Breakfast 9:30am Greeting the Day 12:00pm Lunch 2:00pm Little Ray's Reptile Show - MS 3:30pm Stepping Out 5:00pm Dinner	Happy Birthday Florence! 8:15am Breakfast 9:30am Greeting the Day 10:30am Soothing Sensations 11:00am Stay Strong - FC 12:00pm Lunch 2:00pm Brains and Banter 3:30pm For the Soul with Janet 5:00pm Dinner	8:15am Breakfast 9:30am Greeting the Day 10:30am Roman Catholic Mass - CH 12:00pm Lunch 12:00pm Ladies Lunch - CC 2:00pm Movie Afternoon with Janet: The Other Side of the Mountain-TH 2:00pm Tai Chi with Dan - FC 5:00pm Dinner	8:15am Breakfast 9:30am Greeting the Day 9:45am Java Music Club with Janet - Lib 10:30am Neighbourhood Time 11:00am Fit to Function with Dan - FC 12:00pm Lunch 2:00pm Knit & Chat - CC 5:00pm Dinner 6:00pm Musical Moments - CC	8:15am Breakfast 9:30am Greeting the Day 10:30am Express Yourself 10:30am Music Therapy with Jen 11:00am Stay Strong - FC 12:00pm Lunch 2:00pm Armchair Travel: Germany - TH 3:15pm You and I 5:00pm Dinner	8:15am Breakfast 9:30am Greeting the Day 12:00pm Lunch 2:30pm Chinese New Year Presentation - TH 3:30pm Brains and Banter 5:00pm Dinner
25	26	27	28	29		
8:15am Breakfast 9:30am Greeting the Day 10:00am Church Service with Ankit - CH 12:00pm Lunch 2:30pm Church Service with Janet - CH 3:15pm Fellowship - CC 5:00pm Dinner	8:15am Breakfast 9:30am Greeting the Day 10:00am Garden Club with Krystin in the Greenhouse 12:00pm Lunch 2:30pm Celebration of Life - CH 3:30pm Stepping Out 5:00pm Dinner	8:15am Breakfast 9:30am Greeting the Day 10:30am Soothing Sensations 11:00am Stay Strong - FC 12:00pm Lunch 1:00pm Outing to Flamboro Downs Casino 3:30pm For the Soul with Janet 5:00pm Dinner	Pink Shirt Day 8:15am Breakfast 9:30am Greeting the Day 12:00pm Lunch 2:00pm For the Fun of Fit 2:00pm Tai Chi with Dan - FC 3:30pm You and I 5:00pm Dinner 5:00pm Diner's Club: My Buddy's Greek - MS	8:15am Breakfast 9:30am Greeting the Day 9:45am Java Music Club with Janet - Lib 10:30am Neighbourhood Time 11:00am Fit to Function with Dan - FC 12:00pm Lunch 2:00pm Knit & Chat - CC 3:00pm Musical Moments 5:00pm Dinner 6:00pm Circle of Friends - CC		