

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2024

First Floor Neighbourhood

						<p>10:00 Exercise with Jonathan 10:30 Circle of Friends 1:30 You & I</p>		<p>10:30 BINGO 1:30 For the Soul</p> <p>Groundhog Day</p>			
	<p>4:30 Aidan Purnell Performs</p>	<p>10:30 BINGO 1:30 Exercise with Jonathan 1:30 Jeopardy Trivia 2:00 Legion of Mary Visits 2:00 Travelling Tuck Shop</p>		<p>10:30 Morning Movie 1:30 You & I 2:00 Valentine's Cookie Workshop with Tee!</p>		<p>10:00 Exercise with Jonathan 10:30 Neighborhood Time 1:30 Soothing Sensations</p>				<p>10:30 Java Music Club 1:30 Express Yourself – Painting</p> <p>Chinese New Year (Year of the Dragon)</p>	
<p>10:30 Football Toss 1:30 Church Service 1:30 Soothing Sensations</p>		<p>10:30 Greeting the Day 1:30 Tea Party Social 3:30 Brains & Banter</p>		<p>10:30 Bible Study with Connie 1:30 Exercise with Jonathan 2:00 Travelling Tuck Shop 3:00 Resident Council</p>		<p>10:30 Travelling Valentine's Cart 12:00 Lover's Lunch 2:00 Valentine's Day Party with Grace Cowley</p> <p>Valentine's Day</p>		<p>10:00 Exercise with Jonathan 10:30 Circle of Friends 1:00 Musical Moments</p>		<p>10:30 For the Soul 1:30 BINGO</p>	
 <p>BLACK HISTORY MONTH Celebrate Black History Month</p>		<p>Family Day!</p> <p>Presidents' Day</p>		<p>10:30 You & I 1:30 Exercise with Jonathan 1:30 Arm Chair Travel 2:00 Legion of Mary Visits 2:00 Travelling Tuck Shop</p>		<p>10:30 Neighborhood Time 1:30 Soothing Sensations</p>		<p>10:00 Exercise with Jonathan 10:30 For the Fun of Fit 1:30 You & I</p>		<p>1:30 Outing to the Casino</p> <p>10:30 Circle of Friends 1:30 Express Yourself – Painting on Canvas</p>	
<p>10:30 Soothing Sensations 2:00 Blue Eyed Bill Performs</p>		<p>10:30 For the Fun of Fit 1:30 BINGO</p>		<p>10:30 Bible Study with Connie 1:30 Exercise with Jonathan 2:00 Travelling Tuck Shop</p>		<p>10:30 Morning Movie & Hot Chocolate 1:30 Express Yourself – Flower Craft 5:00 Outing to Tracie's Place Karaoke Bar</p>		<p>10:00 Exercise with Jonathan 10:30 Greeting the Day 1:30 In the Kitchen</p>		<p>Month of February Recognizes Heart Health Awareness</p>	

Please note that outings are subject to change due to various reasons; e.g., inclement weather. If any changes are made neighbourhoods will be notified!