

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2024

Third Floor Neighbourhood

				<p>8:00 Breakfast 10:30 Exercise with Jonathan 12:00 Lunch 2:30 Greeting the Day 3:30 Brains and Banter 5:00 Dinner 6:30 In the Kitchen</p>	<p>8:00 Breakfast 12:00 Lunch 3:00 HCC Hair Salon 5:00 Dinner 6:30 Walking BINGO!</p> <p style="text-align: center;">Groundhog Day</p>	
<p>8:00 Breakfast 12:00 Lunch 5:00 Dinner</p>	<p>8:00 Breakfast 12:00 Lunch 2:30 Friendly Visits 4:00 You & I 5:00 Dinner 6:30 Aidan Purnell Performs</p>	<p>8:00 Breakfast 12:00 Lunch 1:30 Exercise with Jonathan 2:00 Legion of Mary Visits 2:00 Travelling Tuck Shop 3:30 For the Fun of Fit 5:00 Dinner 6:30 Scavenger Hunt</p>	<p>Music with Jennifer 8:00 Breakfast 12:00 Lunch 2:00 Valentine's Cookie Workshop with Tee! 4:30 You & I 5:00 Dinner 6:30 Diner's Club</p>	<p>8:00 Breakfast 10:30 Exercise with Jonathan 12:00 Lunch 3:00 Stepping Out 4:30 You & I 5:00 Dinner 6:30 Neighbourhood Time</p>	<p>8:00 Breakfast 12:00 Lunch 5:00 Dinner</p>	<p>8:00 Breakfast 12:00 Lunch 3:00 Java Music Club 5:00 Dinner 6:30 BINGO</p> <p style="text-align: center;">Chinese New Year (Year of the Dragon)</p>
<p>8:00 Breakfast 12:00 Lunch 1:30 Church Service 3:30 Tea and Chat 5:00 Dinner 6:30 Superbowl Sunday (LVIII) Party</p>	<p>8:00 Breakfast 12:00 Lunch 5:00 Dinner</p>	<p>Shrove/Pancake Tuesday 10:30 Bible Study with Connie 12:00 Lunch 1:30 You & I 2:00 Travelling Tuck Shop 2:30 Neighbourhood Time 3:00 Resident Council 5:00 Dinner</p> <p style="text-align: center;">Mardi Gras</p>	<p>8:00 Breakfast 12:00 Lunch 12:00 Lover's Lunch 2:00 Valentine's Day Party with Grace Cowley 3:30 Circle of Friends 5:00 Dinner 6:30 Musical Moments</p> <p style="text-align: center;">Valentine's Day</p>	<p>8:00 Breakfast 10:30 Exercise with Jonathan 12:00 Lunch 3:00 Soothing Sensations 5:00 Dinner 6:30 Paint and Sip Night</p>	<p>8:00 Breakfast 12:00 Lunch 3:15 In the Kitchen 4:30 Brains and Banter 5:00 Dinner 6:30 BINGO</p>	<p>8:00 Breakfast 12:00 Lunch 5:00 Dinner</p>
 <p>Celebrate Black History Month</p>	<p>Family Day! 8:00 Breakfast 12:00 Lunch 2:30 Friendly Visits 3:15 Walk to Delaware Park 5:00 Dinner 6:30 Travelling Treat Cart</p> <p style="text-align: center;">Presidents' Day</p>	<p>8:00 Breakfast 12:00 Lunch 1:30 Exercise with Jonathan 2:00 Legion of Mary Visits 2:00 Travelling Tuck Shop 3:00 Neighbourhood Time 5:00 Dinner 6:30 BINGO</p>	<p>Music with Jennifer 8:00 Breakfast 12:00 Lunch 4:00 News and Views 5:00 Dinner 6:30 You & I</p>	<p>8:00 Breakfast 10:30 Exercise with Jonathan 12:00 Lunch 3:00 HCC Hair Salon 5:00 Dinner 6:30 Horticulture Time</p>	<p>8:00 Breakfast 12:00 Lunch 1:30 Outing to the Casino 5:00 Dinner</p>	<p>8:00 Breakfast 12:00 Lunch 2:30 Greeting the Day 3:00 You & I 5:00 Dinner 6:30 Spa Night</p>
<p>8:00 Breakfast 12:00 Lunch 2:00 Blue Eyed Bill Performs 3:30 You & I 5:00 Dinner 6:30 Walking BINGO!</p>	<p>8:00 Breakfast 12:00 Lunch 5:00 Dinner</p>	<p>8:00 Breakfast 10:30 Bible Study with Connie 12:00 Lunch 1:30 Exercise with Jonathan 2:00 Travelling Tuck Shop 3:00 For the Fun of Fit 5:00 Dinner 6:30 Jeopardy!</p>	<p>Pink Shirt Day! 8:00 Breakfast 12:00 Lunch 2:30 Greeting the Day 4:00 Circle of Friends 5:00 Dinner 5:00 Outing to Tracie's Place Karaoke Bar</p>	<p>8:00 Breakfast 10:30 Exercise with Jonathan 12:00 Lunch 3:30 Pet Therapy Visits 5:00 Dinner 6:30 You & I</p>	<p><i>Month of February</i></p> <p><i>Recognizes Heart Health Awareness</i></p>	

Please note that outings are subject to change due to various reasons; e.g., inclement weather. If any changes are made neighbourhoods will be notified!