



February 2024

Matthews Neighbourhood



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Black History Month	Johnston: Jo Matthews: Ma Pollock: Po Hagey: Ha Wright: Wr Downey: Do	Main Street: MS Community Centre: CC Chapel: C Library: L Fitness Centre: FC Courtyard: CY		1 9:30 Church Service (C) 10:30 Sit N Get Fit with PAL 2:00 Green Thumbs 2:30 Neighbourhood Time 6:30 Active Games (CC)	2 10:00 Bingo on Wright 2:00 Active Games 3:30 Active Games (FC) 6:30 Crafting Club (CC)	3 9:00 The Daily Perk 10:30 Express Yourself 2:00 Entertainment with Manvir (Po) 3:30 Neighbourhood Time
4 9:00 Short Stories 10:00 For the Soul 2:00 You & Me 3:30 Neighbourhood Time	5 9:00 Manicures 10:30 Village Townhall (C) 2:00 Resident Bill of Rights and Calendar Planning 3:30 Total Body Fitness (FC) 6:30 Game Show Trivia	6 9:30 Rosary (C) 11:00 The Daily Perk 2:00 Bingo (MS) 3:30 Tai Chi (FC) 6:30 Karaoke (C)	7 9:00 You & Me 10:30 Stepping Out 10:45 Art with Sonal 2:00 Food Committee Meeting (C) 3:30 Express Yourself 3:30 Balance Class (FC) 6:30 Documentary (C)	8 9:30 Church Service (C) 10:30 Sit N Get Fit with PAL 1:00 The Daily Perk 2:00 Green Thumbs 3:00 Brains & Banter 6:30 Active Games (CC)	9 10:00 Bingo 12:15 Diner's Club (MS) 2:00 Neighbourhood Time 3:30 Active Games (FC) 6:30 Crafting Club (CC)	10 Chinese New Year 9:00 The Daily Perk 10:30 Circle of Friends 2:00 Entertainment with the Dynamic Duo (Jo) 3:30 Neighbourhood Time
11 9:00 Short Stories 10:00 For the Soul 2:00 Baking 3:30 Neighbourhood Time	12 2:30 Monday Sundaes 3:30 Valentine's Day Crafts 6:30 Scouts Canada Beaver Group (MS)	13 Shrove Tuesday 9:30 Rosary (C) 12:15 Pancake Lunch 2:00 Bingo (MS) 3:30 Tai Chi (FC) 6:30 Devotions (C)	14 Valentine's Day 10:00 Ash Wednesday Service (C) 10:45 Art with Sonal 2:00 Valentine's Dance (Retirement Town Hall) 3:30 Balance Class (FC) 6:30 Games Night (CC)	15 9:30 Church Service (C) 10:30 Sit N Get Fit with PAL 1-3:30 Outing: Bowling at Bingemans 2:00 Residents' Council (C) 2:00 Green Thumbs 6:30 Active Games (CC)	16 10:00 Bingo on Wright 2:00 Drum Fit 3:30 Active Games (FC) 6:30 Crafting Club (CC)	17 9:00 The Daily Perk 10:30 Circle of Friends 2:00 Baking 3:30 Neighbourhood Time
18 9:00 Short Stories 10:00 For the Soul 2:00 Entertainment with Sheryl Walsh (MS) 3:30 Neighbourhood Time	19 Family Day 9:00 Manicures 10:30 Stepping Out 2:00 Family Day Fun (MS) 6:30 Game Show Trivia (CC)	20 9:30 Rosary (C) 11:00 The Daily Perk 2:00 Bingo (MS) 3:30 Tai Chi (FC) 6:30 Karaoke (C)	21 9:00 You & Me 10:30 Stepping Out 10:45 Art with Sonal 2:00 Welcome TEMS (MS) 3:30 Express Yourself 3:30 Balance Class (FC) 6:30 Games Night (CC)	22 9:30 Church Service (C) 10:30 Sit N Get Fit with PAL 1:00 The Daily Perk 2:00 Green Thumbs 3:00 Brains & Banter 6:30 Active Games (CC)	23 9-11:30 Bus Outing: KW Gaming Centre 2:00 Express Yourself 3:30 Active Games (FC) 6:30 Crafting Club (CC)	24 9:00 The Daily Perk 10:30 Circle of Friends 2:00 Entertainment with Bill Loeb sack (Ma) 3:30 Neighbourhood Time
25 9:00 Short Stories 10:00 For the Soul 2:00 Baking 3:30 Neighbourhood Time	26 2:30 The Daily Perk 3:30 Total Body Fitness (FC) 3:30 Active Games 6:30 Game Show Trivia (CC)	27 9:30 Rosary (C) 11:00 The Daily Perk 2:00 Bingo (MS) 3:30 Tai Chi (FC) 6:30 Devotions (C)	28 10:45 Art with Sonal 1-4 Stand Up Challenge (FC) 6:30 Games Night (CC)	29 10:00 Celebration of Life 10:30 Sit N Get Fit with PAL 2:00 Karaoke & Pub (MS) 2:00 Green Thumbs 6:30 Active Games (CC)		