APRIL 2024 ESN

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
POETRY MONTH	 Easter Monday 8:30 Breakfast 10:30 Easter Egg Hunt 12:00 Lunch 2:30 High Tea Social 5:00 Dinner 	2 8:30 Breakfast 10:15 Java Music 11:00 Soothing Sensations 12:00 Lunch 2:30 Musical Moments 5:00 Dinner	3 8:30 Breakfast 10:30 Fun n' Fitness 12:00 Lunch 2:30 You & I 5:00 Dinner	4 8:30 Breakfast 10:30 Friendly Visits 12:00 Lunch 1:30 Dog Visits 2:30 BINGO 5:00 Dinner	5 8:30 Breakfast 10:30 You & I 12:00 Lunch 2:30 Arm Chair Travel 4:00 Stepping Out 5:00 Dinner	6 8:30 Breakfast 10:30 Fun n' Fitness 12:00 Lunch 2:30 Flower Arranging 5:00 Dinner
7 8:30 Breakfast 10:15 Church Service 11:00 For the Soul 12:00 Lunch 2:30 You & I 5:00 Dinner	8 8:30 Breakfast 10:30 Chair Yoga—CQ 12:00 Lunch 2:30 Express Yourself 3:30 You & I 5:00 Dinner	9 8:30 Breakfast 10:30 You & I 11:00 Soothing Sensations 12:00 Lunch 2:30 Fun n' Fitness 5:00 Dinner	10 8:30 Breakfast 10:00 Music with Wendy 12:00 Lunch 2:30 Rick Hansen Student Performance 5:00 Dinner	11Pet Day8:30Breakfast10:30You & I12:00Lunch1:30Dog Visits2:30Brains & Banter5:00Dinner	12 8:30 Breakfast 10:15 You & I 11:00 Musical Moments 12:00 Lunch 2:30 In the Kitchen 5:00 Dinner	13 8:30 Breakfast 10:30 You I 12:00 Lunch 2:30 Bowling in CQ 5:00 Dinner
14 Volunteer Appreciation Week 14-208:30 Breakfast10:30 Church Service11:00 Musical Moments12:00 Lunch2:30 Stepping Out5:00 Dinner	15 8:30 Breakfast 10:15 You & I 11:00 Fun n' Fitness 12:00 Lunch 2:30 BINGO in CQ 5:00 Dinner	16 8:30 Breakfast 10:15 Java Music 11:00 Soothing Sensations 12:00 Lunch 2:30 Brains & Banter 5:00 Dinner	 17 8:30 Breakfast 10:00 Music with Wendy 12:00 Lunch 1:30 Stepping Out 2:30 Express Yourself 5:00 Dinner 6:30 Circle of Friends 	 18 8:30 Breakfast 10:30 Brains & Banter 12:00 Lunch 1:30 Dog Visits 2:30 Entertainment with Gerry Larkin– CQ 5:00 Dinner 	19 8:30 Breakfast 10:30 You & I 12:00 Lunch 2:30 Brains & Banter 5:00 Dinner	20 8:30 Breakfast 10:15 In the Kitchen 11:00 Musical Moments 12:00 Lunch 2:30 Fun n' Fitness 5:00 Dinner
21 8:30 Breakfast 10:15 Church Service 11:00 Stepping Out 12:00 Lunch 2:30 You & I 5:00 Dinner	 22 Earth Day 8:30 Breakfast 10:30 Art Class– AR 12:00 Lunch 2:30 Fun n' Fitness 5:00 Dinner 	23 8:30 Breakfast 10:15 Java Music 11:00 Soothing Sensations 12:00 Lunch 2:30 Birthday Part with Erin Marie– CQ 5:00 Dinner	 24 8:30 Breakfast 10:30 Friendly Visits 12:00 Lunch 1:30 Stepping Out 2:30 Arm Chair Travel 5:00 Dinner 6:30 BINGO (CQ) 	 25 8:30 Breakfast 10:30 In the Kitchen 12:00 Lunch 1:30 Dog Visits 2:30 Resident's Council & Food Committee–CQ 5:00 Dinner 	 26 8:30 Breakfast 10:15 You & I 11:00 Musical Moments 12:00 Lunch 2:30 Hands on Exotics 5:00 Dinner 	27 8:30 Breakfast 10:30 You & I 12:00 Lunch 2:30 Fun n' Fitness 5:00 Dinner
28 8:30 Breakfast 10:30 Church Service 12:00 Lunch 2:30 Flower Arranging 5:00 Dinner	29 8:30 Breakfast 10:30 Chair Yoga– CQ 12:00 Lunch 2:30 Stepping Out 3:00 Brains & Banter 5:00 Dinner	30 8:30 Breakfast 10:15 Java Music 11:00 Soothing Sensations 12:00 Lunch 2:30 In the Kitchen 5:00 Dinner				

ERIN MILLS