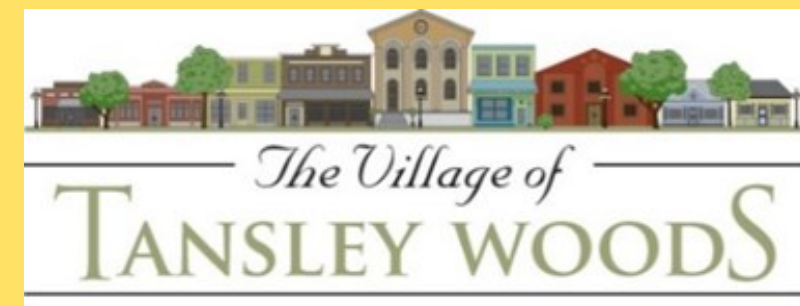




# April 2024

## Emma's West Neighbourhood



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Birthday's</b> Geri 1st Margaret 7th George B 23rd	1 8:00 Breakfast 10:30 Mother Goose (Town Hall) 12:00 Lunch 1:30 Exercise Class 2:15 Brains and Banter 3:30 For the Fun of Fit 5:00 Dinner 6:15 Java Time	2 8:00 Breakfast 12:00 Lunch 2:00 Stepping Out 3:30 Musical Moments 5:00 Dinner 6:00 Brains and Banter 7:00 You and Me	3 8:00 Breakfast 9:45 Java Time 10:30 Art Workshop 12:00 Lunch 1:30 Exercise Class 2:30 In the Kitchen 5:00 Dinner	4 8:00 Breakfast 9:30 Neighbourhood Time 10:30 You and Me 12:00 Lunch 2:15 For the Fun of Fit 3:30 Circle of Friends 5:00 Dinner	5 8:00 Breakfast 10:00 Soothing Sensations 11:00 Circle of Friends 12:00 Lunch 2:00 Stepping Out 3:45 Musical Moments 5:00 Dinner	6 8:00 Breakfast 12:00 Lunch 1:30 Church Service 2:30 For the Fun of Fit 3:30 Chocolate Bingo 5:00 Dinner
7 8:00 Breakfast 12:00 Lunch 2:00 For the Fun of Fit 3:00 Café Time 4:00 Brains and Banter 5:00 Dinner 6:00 You and Me	8 8:00 Breakfast 10:30 Mother Goose (Town Hall) 12:00 Lunch 1:30 Exercise Class 2:00 Circle of Friends 3:30 For the Fun of Fit 5:00 Dinner	9 8:00 Breakfast 10:00 Neighbourhood Time 12:00 Lunch 2:00 Stepping Out 3:30 Musical Moments 5:00 Dinner	10 8:00 Breakfast 9:45 Java Time 10:30 Art Workshop 12:00 Lunch 1:30 Exercise Class 2:30 In the Kitchen 5:00 Dinner	11 8:00 Breakfast 9:30 Neighbourhood Time 10:30 You and Me 12:00 Lunch 2:15 For the Fun of Fit <b>3:00 Live Entertainment</b> 5:00 Dinner	12 8:00 Breakfast 10:00 Soothing Sensations 11:00 Circle of Friends 12:00 Lunch <b>2:30 Tea Party</b> 3:45 Musical Moments 5:00 Dinner	13 8:00 Breakfast 10:00 Brains and Banter 12:00 Lunch 1:30 Church Service 2:30 For the Fun of Fit 3:30 Chocolate Bingo 5:00 Dinner
14 8:00 Breakfast 10:00 Neighbourhood Time 11:15 For the Soul 12:00 Lunch 2:30 For the Fun of Fit 3:30 Stepping Out 5:00 Dinner	15 8:00 Breakfast 10:30 Mother Goose (Town Hall) 12:00 Lunch 1:30 Exercise Class 2:15 Brains and Banter 3:30 For the Fun of Fit 5:00 Dinner 6:15 Java Time	16 8:00 Breakfast 12:00 Lunch 2:00 Stepping Out 3:30 Musical Moments 5:00 Dinner 6:00 Brains and Banter 7:00 You and Me	17 8:00 Breakfast 9:45 Java Time 10:30 Art Workshop 12:00 Lunch 1:30 Exercise Class 3:00 Stepping Out 5:00 Dinner	18 8:00 Breakfast 9:30 Neighbourhood Time 10:30 You and Me 12:00 Lunch 2:15 For the Fun of Fit 3:30 Circle of Friends 5:00 Dinner	19 8:00 Breakfast 10:00 Soothing Sensations 11:00 Circle of Friends 12:00 Lunch <b>2:30 Birthday Party</b> 3:45 Musical Moments 5:00 Dinner	20 8:00 Breakfast 12:00 Lunch 1:30 Church Service 2:30 For the Fun of Fit 3:30 Chocolate Bingo 5:00 Dinner
21 8:00 Breakfast 12:00 Lunch 2:00 For the Fun of Fit 3:00 Café Time 4:00 Brains and Banter 5:00 Dinner 6:00 You and Me	22 <b>Earth Day (Wear Green)!</b> 8:00 Breakfast 10:30 Mother Goose (Town Hall) 12:00 Lunch 1:30 Exercise Class 2:00 Circle of Friends 5:00 Dinner 6:15 For the Fun of Fit	23 8:00 Breakfast 12:00 Lunch 2:00 Stepping Out 3:30 Musical Moments 5:00 Dinner 6:00 Brains and Banter 7:00 You and Me	24 8:00 Breakfast 9:45 Java Time 10:30 Art Workshop 12:00 Lunch 1:30 Exercise Class 2:30 In the Kitchen 5:00 Dinner	25 8:00 Breakfast 9:30 Neighbourhood Time 10:30 You and Me 12:00 Lunch 2:15 For the Fun of Fit 3:30 Stepping Out 5:00 Dinner	26 8:00 Breakfast 10:00 Soothing Sensations 11:00 Circle of Friends 12:00 Lunch 2:30 Picnic on the Patio 4:00 Musical Moments 5:00 Dinner	27 8:00 Breakfast 10:00 Brains and Banter 12:00 Lunch 1:30 Church Service 2:30 For the Fun of Fit 3:30 Chocolate Bingo 5:00 Dinner
28 8:00 Breakfast 10:00 Neighbourhood Time 11:15 For the Soul 12:00 Lunch 2:30 For the Fun of Fit 3:30 Stepping Out 5:00 Dinner	29 8:00 Breakfast 10:30 Mother Goose (Town Hall) 12:00 Lunch 1:30 Exercise Class 2:15 Brains and Banter 3:30 For the Fun of Fit 5:00 Dinner 6:15 Java Time	30 8:00 Breakfast 12:00 Lunch 2:00 Stepping Out 3:30 Musical Moments 5:00 Dinner 6:00 Brains and Banter 7:00 You and Me				