



May 2024

Kingsdale Neighbourhood



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Legend</p> <p>Strasburg—(SB) Aberdeen—(AD) Kingsdale—(KD) Roseville—(RV) Sandhills—(SH) Waldau—(WD) Haysville—(HV)</p>	<p>Ret. John Sweeney Rm —(JS) LTC Worship Room—(LTC) WR)</p>		<p>1 8:30 Breakfast 9:45 Music Therapy 10:30 RC Communion (RV) 12:00 Lunch 1:45 Java Music 3:00 Fun and Fitness 5:00 Dinner 6:30 LRC Dice Game</p>	<p>2 8:30 Breakfast 10:00 For the Spirit 12:00 Lunch 2:30 Active Game 3:00 You and Me 5:00 Dinner 6:30 Scrabble</p>	<p>3 8:30 Breakfast 9:45 Exercise 11:00 Brain and Banter 12:00 Lunch 2:00 Board Games 3:00 Church 5:00 Dinner</p>	<p>4 Traditions Alive 11-3 Connecting with Roots 11-3 8:30 Breakfast 9:45 Baking 11:00 Rosary (RV) 11:00 Music with Maddy 12:00 Lunch 2:00 Washer Toss 3:15 Short Stories 5:00 Dinner</p>
<p>5 8:30 Breakfast 10:00 Spiritual Connections 11:00 Music Bingo 12:00 Lunch 2:00 Euchre Club (SB) 3:00 You and Me 5:00 Dinner</p>	<p>6 8:30 Breakfast 10:00 Total Body Fitness 11:00 Mobile Cart 12:00 Lunch 2:00 Bingo 3:30 You and Me 5:00 Dinner</p>	<p>7 Timbit Day 8:30 Breakfast 9:45 Horticulture 11:00 Pampering 12:00 Lunch 2:30 Express Yourself 3:30 Active Game 5:00 Dinner</p>	<p>8 8:30 Breakfast 9:45 Music Therapy 12:00 Lunch 1:30 Paul Horton Entertains (SB) 3:00 Fun and Fitness 5:00 Dinner 6:30 Making Corsages for Mothers</p>	<p>9 8:30 Breakfast 10:00 Active Game 11:00 You and me 12:00 Lunch 2:30 Fairview Band (KD) 5:00 Dinner 6:30 Cards</p>	<p>10 8:30 Breakfast 9:45 Exercise 11:00 Brain and Banter 12:00 Lunch 2:00 Dice Game 3:00 Church 5:00 Dinner</p>	<p>11 8:30 Breakfast 9:30 Baking 12:00 Lunch 2:00 Coffee Social Time 3:00 You and Me 5:00 Dinner</p>
<p>12 Happy Mother's Day! 8:30 Breakfast 10:00 Spiritual Connections 11:00 Sentimental stories 12:00 Lunch 2:30 A Record Band (KD) 5:00 Dinner</p>	<p>13 8:30 Breakfast 10:00 Total Body Fitness 11:00 Mobile Cart 12:00 Lunch 2:00 Bingo 3:30 You and Me 5:00 Dinner</p>	<p>14 8:30 Breakfast 9:45 Horticulture 10:30 Leaving Tracks (AD) 12:00 Lunch 2:30 Story Teller: Tea Legends & Traditions 3:30 Active Game 5:00 Dinner</p>	<p>15 8:30 Breakfast 9:45 Music Therapy 12:00 Lunch 2:00 PEG Talks (SB) 3:00 Fun and Fitness 5:00 Dinner 6:30 Sequence</p>	<p>16 EZ Fit Shoes 11-3 8:30 Breakfast 10:00 Pampering 12:00 Lunch 2:30 Active Game 3:00 You and Me 5:00 Dinner 6:30</p>	<p>17 8:30 Breakfast 9:45 Exercise 10:30 Anglican Service (JS) 12:00 Lunch 2:00 Afternoon Craft 3:00 Church 5:00 Dinner</p>	<p>18 8:30 Breakfast 9:45 Baking Butter Cookies 11:00 Music with Maddy 12:00 Lunch 2:00 Armchair Travels to England 3:00 Outdoor Walks 5:00 Dinner</p>
<p>19 8:30 Breakfast 10:00 Spiritual Connections 11:00 Making Trifle 12:00 Lunch 1:30 Apostolic Hymn Sing (SB) 3:00 Bouncing Balloons 5:00 Dinner</p>	<p>20 Queen Victoria's Birthday 8:30 Breakfast 10:00 Exercise 11:00 Bingo 12:00 Lunch 2:00 Victorian Tea Social 3:30 You and Me 5:00 Dinner</p>	<p>21 8:30 Breakfast 9:45 Horticulture 11:00 Fitness with Anne 12:00 Lunch 2:30 Express Yourself 3:30 Active Game 5:00 Dinner</p>	<p>22 8:30 Breakfast 9:45 Music Therapy 12:00 Lunch 2:30 Recreation Meeting 3:00 Fun and Fitness 5:00 Dinner 6:30 Cards</p>	<p>23 8:30 Breakfast 9:30 For the Spirit 10:30 Nail Care 12:00 Lunch 2:00 Dynamic Duo (HV) 3:30 You and Me 5:00 Dinner 6:30</p>	<p>24 WEAR BLUE 8:30 Breakfast 9:45 Exercise 11:00 Brain and Banter 12:00 Lunch 2:00 Alzheimer's Walk 3:30 Church 5:00 Dinner</p>	<p>25 8:30 Breakfast 9:45 Baking 12:00 Lunch 2:30 Bingo Club (HV) 3:00 You and Me 5:00 Dinner</p>
<p>26 8:30 Breakfast 10:00 Spiritual Connections 11:00 Yahtzee 12:00 Lunch 2:00 Panthers Hockey Team Visit (AB) 3:00 Active Game 5:00 Dinner</p>	<p>27 8:30 Breakfast 10:00 Total Body Fitness 10:30 United Service (LTC WR) 12:00 Lunch 2:30 Bingo 3:30 Outdoor Walks 5:00 Dinner</p>	<p>28 8:30 Breakfast 9:45 Horticulture 11:00 Pampering 12:00 Lunch 1:45 Food Committee Mtg. 3:30 Active Game 5:00 Dinner</p>	<p>29 8:30 Breakfast 9:45 Music Therapy 12:00 Lunch 1:30 Sentimental Journey Game 3:00 Fun and Fitness 3:00 Waterloo Choir (RET) 5:00 Dinner 6:30 Pub Night</p>	<p>30 8:30 Breakfast 9:30 For the Spirit 10:15 Residents Council (JS) 12:00 Lunch 2:00 Active Game 3:30 You and Me 5:00 Dinner</p>	<p>31 8:30 Breakfast 9:45 Exercise 11:00 Brain and Banter 12:00 Lunch 2:00 Afternoon Craft 3:00 Church 5:00 Dinner</p>	