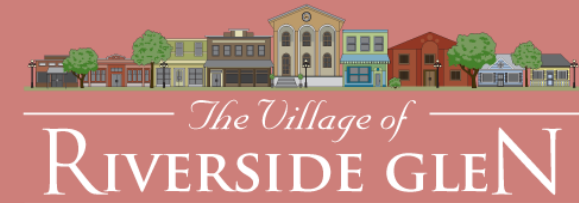




# APRIL 2024

## Nichol Neighbourhood



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> 8:30 Breakfast 10:00 Art with Sonal 12:00 Lunch 2:00 Baking Cookies 5:00 Dinner 6:30 Evening Meditations	<b>2</b> 8:30 Breakfast 10:00 IN2L: Travel 11:00 Move and Groove 12:00 Lunch 2:00 Card Bingo 5:00 Dinner	<b>3</b> 8:30 Breakfast 10:30 Songbird Choir 11:00 Move and Groove 12:00 Lunch 2:30 Stepping Out 5:00 Dinner 6:30 Movies & Munchies	<b>4</b> 8:30 Breakfast 10:00 For the Fun of Fit 12:00 Lunch 1:00 Music with Danielle 2:00 5:00 Dinner	<b>5</b> 8:30 Breakfast 10:30 Hymn Sing 12:00 Lunch 2:00 Plant Club 2:30 Praying the Rosary 5:00 Dinner	<b>6</b> 8:30 Breakfast 12:00 Lunch 2:00 Ladder Ball 3:00 Friendly Visits 5:00 Dinner
<b>7</b> 8:30 Breakfast 10:00 Neighborhood Time 11:00 Church on Erin 12:00 Lunch 2:00 Music and Snack 5:00 Dinner	<b>8</b> 8:30 Breakfast 10:00 Art with Sonal 11:00 Catholic Communion (library) 12:00 Lunch 2:00 Outdoor Leisure 5:00 Dinner	<b>9</b> 8:30 Breakfast 10:00 IN2L: Sing-a-long 11:00 Move and Groove 12:00 Lunch 2:00 Spring Bingo 5:00 Dinner	<b>10</b> 8:30 Breakfast 10:30 Songbird Choir 11:00 Move and Groove 12:00 Lunch 2:30 Stepping Out 5:00 Dinner 6:30 Armchair Travel	<b>11</b> 8:30 Breakfast 10:00 For the Fun of Fit 12:00 Lunch 1:00 Music with Danielle 2:00 Outdoor Leisure 3:00 Hand Massage 5:00 Dinner	<b>12</b> 8:30 Breakfast 10:00 Water Painting 10:30 Hymn Sing 12:00 Lunch 2:00 Plant Club 3:00 Pet Visits 5:00 Dinner	<b>13</b> 8:30 Breakfast 10:00 Neighbourhood Time 11:00 Ball Toss 12:00 Lunch 2:00 Manicures 3:00 Outdoor Leisure 5:00 Dinner
<b>14</b> 8:30 Breakfast 10:00 Neighbourhood Time 11:00 Creative Corner 12:00 Lunch 2:30 Salvation Sounds Church Service (RH) 5:00 Dinner	<b>15</b> 8:30 Breakfast 10:00 Art with Sonal 11:00 Balloon Volleyball 12:00 Lunch 2:00 Spring Floral Art 5:00 Dinner 6:30 Evening Stories 1:1	<b>16</b> 8:30 Breakfast 10:00 IN2L: Pets 11:00 Move and Groove 12:00 Lunch 2:00 Card Bingo 5:00 Dinner	<b>17</b> 8:30 Breakfast 10:30 Songbird Choir 11:00 Move and Groove 12:00 Lunch 2:30 Stepping Out 5:00 Dinner 6:30 Dancing Stars	<b>18</b> 8:30 Breakfast 10:00 For the Fun of Fit 12:00 Lunch 1:00 Music with Danielle 2:00 Dance Party 5:00 Dinner	<b>19</b> 8:30 Breakfast 10:30 Catholic Mass 12:00 Lunch 2:00 Plant Club 3:00 Stepping Out 5:00 Dinner	<b>20</b> 8:30 Breakfast 10:00 Hand Massage 12:00 Lunch 1:00 Dancerise 3:00 Crafty Corner 5:00 Dinner
<b>21</b> 8:30 Breakfast 10:00 Worship Music 11:00 Church on Erin 12:00 Lunch 2:00 For the Fun of Fit 5:00 Dinner	<b>22</b> 8:30 Breakfast 10:00 Art with Sonal 11:00 Catholic Communion 12:00 Lunch 2:00 Outdoor Leisure 5:00 Dinner	<b>23</b> 8:30 Breakfast 10:00 IN2L Sing-a-long 11:00 Move and Groove 12:00 Lunch 2:00 Flower Bingo 5:00 Dinner	<b>24</b> 8:30 Breakfast 10:30 Songbird Choir 11:00 Move and Groove 12:00 Lunch 2:30 Stepping Out 5:00 Dinner 6:30 Budgie Visits	<b>25</b> 8:30 Breakfast 10:00 For the Fun of Fit 12:00 Lunch 1:00 Music with Danielle 2:00 Manicures 5:00 Dinner	<b>26</b> 8:30 Breakfast 10:00 Walk & Talk 10:30 Hymn Sing 12:00 Lunch 2:00 Plant Club 3:00 Bowling fun 5:00 Dinner	<b>27</b> 8:30 Breakfast 10:00 Neighbourhood Time 12:00 Lunch 2:00 Outdoor Leisure 3:00 Short Stories 5:00 Dinner
<b>28</b> 8:30 Breakfast 11:00 Church on Erin 12:00 Lunch 2:00 Stepping Out 5:00 Dinner	<b>29</b> 8:30 Breakfast 10:00 Art with Sonal 12:00 Lunch 2:00 Baking 5:00 Dinner 6:30 Monday Movie Night	<b>30</b> 8:30 Breakfast 10:00 IN2L: Travel 11:00 Move and Groove 12:00 Lunch 2:00 Card Bingo 5:00 Dinner				
				<div style="border: 2px solid red; padding: 10px; width: fit-content; margin: 0 auto;"> <p><b>Neighbourhood Coordinator:</b> Angela Gualtero</p> <p><b>Recreation:</b> Stephanie and Jaspreet</p> </div>		