


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Legend CC - Community Centre MS - Main Street CH - Chapel TH - Town Hall FC - Fitness Centre Lib - Library TS - Town Square			1 8:15am Breakfast 12:00pm Lunch 1:30pm Soothing Sensations 2:00pm Movie & Popcorn with Janet: Stella Dallas - TH 2:00pm Tai Chi with Dan - FC 3:00pm Musical Moments 5:00pm Dinner 6:00pm Neighbourhood Time	2 8:15am Breakfast 9:30am Neighbourhood Time 11:00am Fit to Function with Dan - FC 11:00am In the Kitchen 12:00pm Lunch 2:00pm Express Yourself 2:00pm Java Music Club with Janet 3:15pm Residents' Council 3:30pm Stepping Out 5:00pm Dinner	3 8:15am Breakfast 8:30am Men's Breakfast - CC 11:00am Stay Strong - FC 12:00pm Lunch 2:00pm Stepping Out 2:15pm Music Therapy with Jen 5:00pm Dinner	4 8:15am Breakfast 12:00pm Lunch 2:00pm Bowling on Main Street 2:00pm You and I 3:30pm Brains and Banter 5:00pm Dinner 6:00pm Neighbourhood Time
5 Cinco de Mayo 8:15am Breakfast 12:00pm Lunch 2:30pm Cinco de Mayo Entertainment: Mariachi Band - TS 5:00pm Dinner 6:00pm Neighbourhood Time	6 8:15am Breakfast 10:30am Intergenerational Jamboree Music Therapy - FC 12:00pm Lunch 1:00pm Hort Happens with Crystal 2:00pm For the Fun of Fit 2:00pm Bingo - CC 3:30pm Brains and Banter 5:00pm Dinner 6:00pm Neighbourhood Time	7 National Tourism Day 8:15am Breakfast 9:30am Neighbourhood Time 11:00am Stay Strong - FC 11:00am Circle of Friends 12:00pm Lunch 2:00pm In the Kitchen 2:30pm Armchair Travel: Niagara Falls - TH 3:30pm Stepping Out 5:00pm Dinner	8 8:15am Breakfast 12:00pm Lunch 2:00pm Tai Chi with Dan - FC 5:00pm Dinner 6:00pm Neighbourhood Time	9 8:15am Breakfast 9:30am Neighbourhood Time 11:00am Fit to Function with Dan - FC 11:00am In the Kitchen 12:00pm Lunch 2:00pm Express Yourself 2:00pm Java Music Club with Janet 3:30pm Stepping Out 5:00pm Dinner	10 8:15am Breakfast 11:00am Stay Strong - FC 12:00pm Lunch 1:30pm You and I 3:00pm Musical Moments 5:00pm Dinner 6:00pm Neighbourhood Time	11 8:15am Breakfast 12:00pm Lunch 2:00pm Music and Memory 2:00pm Wine & Charcuterie Afternoon - CC 3:30pm Brains and Banter 5:00pm Dinner 6:00pm Neighbourhood Time
12 Mother's Day 8:15am Breakfast 10:00am Church Service with Ankit - CH 12:00pm Lunch 2:00pm Travelling Cart: Mother's Day Carnations 2:30pm Church Service with Janet - CH 3:15pm Fellowship - CC 3:30pm Musical Moments 5:00pm Dinner 	13 8:15am Breakfast 12:00pm Lunch 1:00pm Hort Happens with Crystal 2:00pm For the Fun of Fit 2:00pm Bingo - CC 3:30pm Brains and Banter 5:00pm Dinner 6:00pm Neighbourhood Time	14 8:15am Breakfast 9:30am Neighbourhood Time 10:30am For the Soul with Janet 11:00am Stay Strong - FC 11:00am Circle of Friends 12:00pm Lunch 2:00pm In the Kitchen 3:30pm Stepping Out 5:00pm Dinner	15 8:15am Breakfast 10:30am Roman Catholic Mass - CH 12:00pm Lunch 1:00pm Brantford Casino Outing 2:00pm Soothing Sensations 2:00pm Tai Chi with Dan - FC 3:30pm Musical Moments 5:00pm Dinner	16 8:15am Breakfast 11:00am Fit to Function with Dan - FC 12:00pm Lunch 2:00pm Express Yourself 2:00pm Java Music Club with Janet 3:30pm Stepping Out 5:00pm Dinner	17 8:15am Breakfast 11:00am Stay Strong - FC 12:00pm Lunch 2:00pm Stepping Out 2:15pm Music Therapy with Jen 3:00pm Happy Hour with Jeff Giles - MS 5:00pm Dinner 6:00pm Neighbourhood Time	18 Happy Birthday Ruth! 8:15am Breakfast 12:00pm Lunch 2:00pm Entertainment with Paula French on Stonechurch 3:30pm Brains and Banter 5:00pm Dinner 6:00pm Neighbourhood Time
19 8:15am Breakfast 10:00am Church Service with Ankit - CH 12:00pm Lunch 2:30pm Church Service with Ankit - CH 3:15pm Fellowship - CC 3:30pm In the Kitchen 5:00pm Dinner	20 Victoria Day 8:15am Breakfast 12:00pm Lunch 1:00pm Hort Happens with Crystal 2:00pm For the Fun of Fit 2:00pm Bingo - CC 3:30pm Brains and Banter 5:00pm Dinner 6:00pm Neighbourhood Time	21 World Day for Cultural Diversity Culture Fest 1-3pm on Main Street 8:15am Breakfast 9:30am Neighbourhood Time 10:30am For the Soul with Janet 11:00am Stay Strong - FC 11:00am Circle of Friends 12:00pm Lunch 5:00pm Dinner	22 Happy Birthday Gordon! 8:15am Breakfast 12:00pm Lunch 2:00pm Entertainment with Joyful Brass (Salvation Army Band) - TH 2:00pm Tai Chi with Dan - FC 3:30pm Musical Moments 5:00pm Dinner 6:00pm Neighbourhood Time	23 8:15am Breakfast 9:30am Neighbourhood Time 11:00am Fit to Function with Dan - FC 11:00am In the Kitchen 12:00pm Lunch 2:00pm Express Yourself 2:00pm Java Music Club with Janet 3:30pm Stepping Out 5:00pm Dinner	24 8:15am Breakfast 11:00am Stay Strong - FC 12:00pm Lunch 1:30pm You and I 3:00pm Musical Moments 5:00pm Dinner 6:00pm Neighbourhood Time	25 8:15am Breakfast 9:00am Greeting the Day 10:00am Alzheimer's Walk for Memories at T.B. McQuesten Park 12:00pm Lunch 2:00pm Entertainment with Leslie Taylor on Carrington 3:30pm Brains and Banter 5:00pm Dinner 6:00pm Neighbourhood Time
26 8:15am Breakfast 10:00am Church Service with Ankit - CH 12:00pm Lunch 1:00pm Spring Drive & Ice Cream 2:30pm Church Service with Janet - CH 3:15pm Fellowship - CC 5:00pm Dinner 6:00pm Neighbourhood Time	27 Happy Birthday Anna Marie! 8:15am Breakfast 10:30am Intergenerational Jamboree Music Therapy - FC 12:00pm Lunch 1:00pm Hort Happens with Crystal 2:00pm For the Fun of Fit 2:00pm Bingo - CC 3:30pm Brains and Banter 5:00pm Dinner 6:00pm Neighbourhood Time	28 Happy Birthday Alvin! National Hamburger Day 8:15am Breakfast 9:30am Neighbourhood Time 10:30am For the Soul with Janet 11:00am Stay Strong - FC 11:00am Circle of Friends 12:00pm Lunch 2:00pm Travelling Cart: McDonalds Hamburgers 3:30pm Stepping Out 5:00pm Dinner	29 8:15am Breakfast 12:00pm Lunch 1:30pm Soothing Sensations 2:00pm Tai Chi with Dan - FC 3:00pm Musical Moments 5:00pm Dinner 5:00pm Diner's Club: Fish & Chips in the Ruby - CC	30 National Water a Flower Day 8:15am Breakfast 9:30am Neighbourhood Time 11:00am Fit to Function with Dan - FC 11:00am In the Kitchen 12:00pm Lunch 2:00pm Express Yourself 2:00pm Java Music Club with Janet 2:00pm Floral Arrangement Workshop - CC 3:30pm Stepping Out 5:00pm Dinner	31 8:15am Breakfast 11:00am Stay Strong - FC 12:00pm Lunch 2:00pm Birthday Bash - CC 2:15pm Music Therapy with Jen 3:30pm Musical Moments 5:00pm Dinner 6:00pm Neighbourhood Time	

