



# May 2024

## Strasburg Neighbourhood



The Village of  
**WINSTON PARK**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><u>Legend</u>            Strasburg—(SB)            Aberdeen—(AD)            Kingsdale—(KD)            Roseville—(RV)            Sandhills—(SH)</p>	<p>Waldau—(WD)            Haysville—(HV)            Ret. John Sweeney Rm —(JS)            LTC Worship Room— (LTC)            WR)</p>	<p><b><u>VENDORS</u></b>  <b>May 4th 11-3 Library Traditions Alive Connecting with Roots</b>  <b>May 16th 11-3 Library EZ Fit Shoes</b></p>	<p>1            8:30 Breakfast            9:45 Zumba  <b>10:30 RC Communion (RV)</b>            11:00 Hymn Sing            12:00 Lunch            1:30 Horse Racing  <b>3:00 Horticulture Therapy</b>            5:00 Dinner</p>	<p>2            8:30 Breakfast            9:45 Exercise            9:45 Music Therapy            10:30 Chime Choir            12:00 Lunch            2:00 Bingo  <b>2:30 Music &amp; Movement</b>            5:00 Dinner</p>	<p>3            8:30 Breakfast            9:45 Exercise            10:30 Bean Bag Toss            12:00 Lunch            2:15 Word Games            3:00 In/Outdoor Walks            5:00 Dinner</p>	<p>4            8:30 Breakfast            9:45 Exercise            10:30 Bingo  <b>11:00 Rosary (RV)</b>            12:00 Lunch            1:30 Board Games            3:15 Indoor Walks            5:00 Dinner</p>
<p>5            8:30 Breakfast            9:45 Exercise            10:00 TV Church            11:00 Java Music            12:00 Lunch  <b>2:00 Euchre Village Wide (SB)</b>            3:00 Book Club            5:00 Dinner</p>	<p>6            8:30 Breakfast            9:30 Exercises            10:30 In the spirit            12:00 Lunch            1:30 Craft with Marie  <b>3:00 Cultivating Friendships</b>            5:00 Dinner</p>	<p>7 <b>Timbit Day</b>            8:30 Breakfast            10:00 Total Body Fitness            11:00 Church            12:00 Lunch            1:30 Nail Care            2:30 Bible Study            5:00 Dinner            6:00 Short Stories</p>	<p>8            8:30 Breakfast            9:45 Zumba            11:00 Hymn Sing            12:00 Lunch            1:30 Horse Racing  <b>3:00 Horticulture Therapy</b>            5:00 Dinner</p>	<p>9            8:30 Breakfast            9:45 Exercise  <b>11:00 Sing Along</b>            12:00 Lunch            1:30 Bingo            3:30 Tai Chi            5:00 Dinner</p>	<p>10            8:30 Breakfast            9:45 Exercise            10:30 Bowling            12:00 Lunch            2:15 Book Club            3:00 In/Outdoor Walks            5:00 Dinner</p>	<p>11 <b>Mother's Day Lunch</b>            8:30 Breakfast            9:45 Exercise            10:30 Bingo  <b>12:00 Mother's Day Lunch</b>  <b>1:00 Entertainment</b>            3:15 Indoor Walks            5:00 Dinner</p>
<p>12 <b>Mother's Day</b>            8:30 Breakfast            9:45 Exercise            10:00 TV Church            11:00 Java Music  <b>2:30 A Record Day Band (KD)</b>            3:30 You &amp; Me            5:00 Dinner</p>	<p>13            8:30 Breakfast  <b>9:30 Spring Drive</b>            11:15 Let's Chat            12:00 Lunch            1:30 Craft with Marie/ Hand Waxing  <b>3:00 Cultivating Friendships</b>            5:00 Dinner</p>	<p>14            8:30 Breakfast            10:00 Total Body Fitness            11:00 Church  <b>12:00 Pizza Party For Bingo Player Winners</b>            1:30 Nail Care            2:30 Bible Study            5:00 Dinner            6:00 Short Stories</p>	<p>15            8:30 Breakfast            9:45 Zumba            11:00 Hymn Sing            12:00 Lunch            1:30 Horse Racing  <b>2:00 PEG talks</b>  <b>3:00 Horticulture Therapy</b>            5:00 Dinner</p>	<p>16            8:30 Breakfast            9:45 Exercise            9:45 Music Therapy            10:30 Chime Choir            12:00 Lunch            2:30 Bingo            3:30 Tai Chi            5:00 Dinner</p>	<p>17            8:30 Breakfast            9:45 Exercise  <b>10:30 Anglican Service (JS)</b>            10:45 Bean Bag Toss            12:00 Lunch            2:15 Word Games            3:00 In/Outdoor Walks            5:00 Dinner</p>	<p>18            8:30 Breakfast            9:45 Exercise            10:30 Bingo            12:00 Lunch            1:30 Board Games            3:15 Indoor Walks            5:00 Dinner</p>
<p>19            8:30 Breakfast            9:45 Exercise            10:00 TV Church            11:00 Java Music            12:00 Lunch  <b>1:30 Apostolic Hymn Sing</b>            2:30 Book Club            5:00 Dinner</p>	<p>20 <b>Victoria Day</b>            8:30 Breakfast            9:30 Exercises  <b>10:30 Let's Chat</b>  <b>2:00 Royal Tea Social</b>  <b>3:15 Patio Time</b>            5:00 Dinner</p>	<p>21            8:30 Breakfast            10:00 Total Body Fitness            11:00 Church            12:00 Lunch            1:30 Nail Care            2:30 Bible Study  <b>3:30 Resident Meeting</b>            5:00 Dinner            6:00 Short Stories</p>	<p>22            8:30 Breakfast            9:45 Zumba            11:00 Hymn Sing            12:00 Lunch            1:30 Horse Racing  <b>3:00 Horticulture Therapy</b>            5:00 Dinner</p>	<p>23            8:30 Breakfast  <b>9:30 Farmer's Market Outing</b>            9:45 Music Therapy            10:30 Chime Choir            12:00 Lunch            1:30 Bingo            3:30 Tai Chi            5:00 Dinner</p>	<p>24 <b>WEAR BLUE</b>            8:30 Breakfast            9:45 Exercise            10:30 Bowling            12:00 Lunch            1:30 Bingo  <b>2:00 Alzheimer's Walk</b>            5:00 Dinner</p>	<p>25            8:30 Breakfast            9:45 Exercise  <b>10:00 Birthday Singalong (AD)</b>            12:00 Lunch  <b>2:30 Bingo Village Wide (HV)</b>            3:15 Indoor Walks            5:00 Dinner</p>
<p>26            8:30 Breakfast            9:45 Exercise            10:00 TV Church            11:00 Java Music            2:00 Express Yourself            3:30 You &amp; Me            5:00 Dinner</p>	<p>27            8:30 Breakfast            9:30 Exercises  <b>10:30 United/Presbyterian (LTC WR)</b>            10:30 In the spirit            11:15 Book Club            12:00 Lunch            1:30 Craft with Marie / Hand Waxing  <b>3:00 Cultivating Friendships</b>            5:00 Dinner</p>	<p>28            8:30 Breakfast            10:00 Total Body Fitness            11:00 Church            12:00 Lunch  <b>1:45 Food Committee Mtg (KD)</b>            2:30 Bible Study  <b>3:30 Let's Make Dinner</b>            5:00 Dinner            6:00 Short Stories</p>	<p>29            8:30 Breakfast            9:45 Zumba            11:00 Hymn Sing            12:00 Lunch  <b>2:00 Kevin Coates</b>  <b>3:00 Horticulture Therapy</b>            5:00 Dinner</p>	<p>30            8:30 Breakfast            9:45 Exercise            9:45 Music Therapy  <b>10:15 Resident Council</b>            10:30 Chime Choir            12:00 Lunch            1:30 Bingo            3:30 Tai Chi            5:00 Dinner</p>	<p>31            8:30 Breakfast            9:45 Exercise            10:30 Bean Bag Toss            12:00 Lunch            2:15 Word Games            3:00 In/Outdoor Walks            5:00 Dinner</p>	